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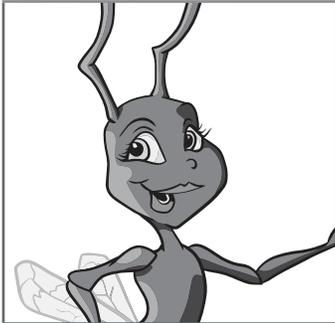


SCOPE AND SEQUENCE

ANIMAL PAL

JEZREEL VALLEY
OPENING AND CLOSING

PROPHET'S PEAK
BIBLE STORY



POWER POINT:
My God is real. That's rock solid!

BIBLE STORY
Facing Challenges
with God

KEY VERSE:
"I am with you, so do not be afraid"



POWER POINT:
My God provides. That's rock solid!

BIBLE STORY
Experiencing God's
Providing in Zarephath

KEY VERSE:
"I am with you, so do not be afraid.
I am your God, so do not be upset."



POWER POINT:
My God is powerful. That's rock solid!

BIBLE STORY
Battles of the Gods

KEY VERSE:
"I am with you, so do not be afraid. I am your God,
so do not be upset. I will make you strong..."



POWER POINT:
My God knows me. That's rock solid!

BIBLE STORY
Elijah Runs Away
from Everyone

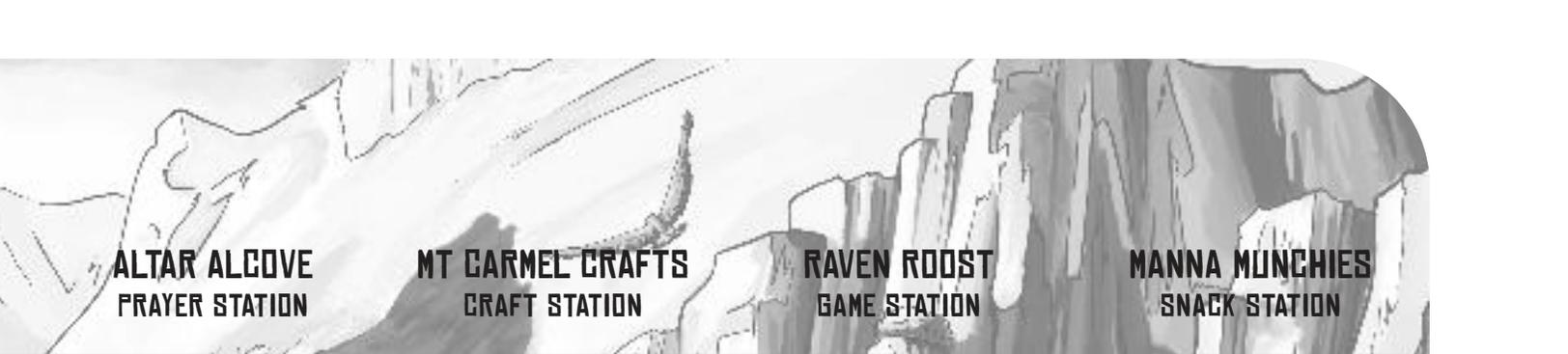
KEY VERSE:
"I am with you, so do not be afraid.
I am your God, so do not be upset.
I will make you strong and I will help you."



POWER POINT:
My God is preparing a place for me. That's rock solid!

BIBLE STORY
Elijah and Elisha
cross the Jordan
River Together

POWER POINT:
"I am with you, so do not be afraid. I am your God,
so do not be upset. I will make you strong and I will
help you. My powerful right hand will keep you safe."
Isaiah 41:30 (EasyEnglish Bible)



ALTAR ALCOVE
PRAYER STATION

MT CARMEL CRAFTS
CRAFT STATION

RAVEN ROOST
GAME STATION

MANNA MUNCHIES
SNACK STATION

AWE
TRAILBLAZING ACTIVITY
Wow, God!

ORIENTEERING ACTIVITY
I am thankful, God

MAIN CRAFT
Hiking Lantern

GRAB + GO
Stained Glass
Window Craft Kit

PRE-GAME
Stop & Listen

MAIN GAME
Over Under Mountain
Hike

DEBRIEF

MOUNTAIN TRAIL MIX



LISTENING
TRAILBLAZING ACTIVITY
I hear you, God!

ORIENTEERING ACTIVITY
I can listen &
talk to God

MAIN CRAFT
Butterfly
Suncatcher

GRAB + GO
Scratch Butterfly
Ornaments

PRE-GAME
Mountain Express

MAIN GAME
Rippling Water Relay

DEBRIEF

BACKPACK PARFAIT



TRUSTING
TRAILBLAZING ACTIVITY
You've got this, God!

ORIENTEERING ACTIVITY
I can trust God to
handle my burdens

MAIN CRAFT
Mountain
Spinner

PRE-GAME
Gather Up

MAIN GAME
Jezreet Tree Relay

DEBRIEF

FROZEN REFRESHER



AFFIRMING
TRAILBLAZING ACTIVITY
You know me, God!

ORIENTEERING ACTIVITY
I am unique

MAIN CRAFT
Clothespin
Paper Puppets

PRE-GAME
Whistle Freeze

MAIN GAME
Beach Ball
Relay Race

DEBRIEF

MOUNTAINTOP DIPPERS



REMEMBRANCE
TRAILBLAZING ACTIVITY
We remember God!

ORIENTEERING ACTIVITY
I will remember
how much God
cares for me

MAIN CRAFT
Pompom
Celebration Popper

GRAB + GO
Picture Frame
Magnets

PRE-GAME
Whistle Scramble

MAIN GAME
Mountain Top
Obstacle Course

DEBRIEF

CAMPFIRE CRACKER



STATION OVERVIEW

Manna Munchies, here at Mountain of Miracles, is a place where joy and friendship can be found while sharing a meal. You will hear all about God and how His love for us is ROCK SOLID! You will make new friends while enjoying tasty treats.

The snack station leader has a big job! They make sure there is enough food for every child, while keeping in mind the possibility of new children joining the program. They are also responsible for providing snacks for the volunteers each day.

LEADER'S TIP

Each snack has been purposely and intentionally chosen...and taste tested! Each snack has a script and detailed shopping list and instructions for the snack station leader to follow. Keep in mind that most themed snacks require some assembly. Your team will enjoy the time spent together preparing the snack. Volunteering at Manna Munchies provides a wonderful opportunity for building community through discussion of how the snack relates to the Bible story and theme of each day.



It is important to remember that children need to stay energized and hydrated. The snack station plays an important role each day so they can make it through all the fun of learning what the Bible teaches! Small cups of water and a snack at Manna Munchies will be just what they need!

The following tips will ensure that your station runs smoothly, and the kids enjoy their time at Manna Munchies:

- Have a sample prepared each day to show the children what their snack will be. Having a copy of the instructions on each table for the crew leader to review can help them better assist the children with their snack preparation.
- Familiarize yourself with the opening and closing remarks for each day's lesson. Practice them until they sound natural and not as if you're reading them for the first time. Make as much eye contact as possible while speaking.

- Memorize the Power Point for each day and be prepared to prompt the kids to respond accordingly to the script. Be intentional!
- Be aware of any children with special needs who may need additional assistance to prepare their snack. Ensure that there is accessibility for a child using a wheelchair to have a place at the table with their crew.

STAFF COSTUME

Mountain of Miracles t-shirts and khaki pants would be appropriate attire for the staff at Manna Munchies.

ALLERGIES AND SPECIAL DIETARY NEEDS: A WORD OF CAUTION

Many kids have allergies or dietary restrictions, such as gluten or dairy intolerance. Do your homework when you are preparing snacks for the kids and volunteers coming to your program. Ask your VBS director for a list of kids with allergies or special dietary needs. Provide an alternative when needed. A great resource is snacksafely.com. The Safe Snack Guide is a catalog of alternative options for commonly available foods. It is a resource that is regularly updated through the year to help families, schools, youth sports leagues, scouting groups, clubs, parties, play dates and other events where snacks may be consumed in the presence of children with food allergies.

CREW LEADER INSTRUCTIONS

Crew leaders should be seated with their crews in order to help with the snack preparations. They should familiarize themselves with the instructions for each day's snack so they can be ready to assist their crews and reinforce the connection with the theme for the day.



TREAT YOUR VOLUNTEERS!

Mountain of Miracles volunteers are dedicated, energetic, and passionate about leading children to Jesus... and deserve a special snack for the debrief meeting. Check Pinterest.com for great ideas that match the theme of the day or let them make the snack the kids made!

On VBS volunteer training day, Manna Munchies will be needed to provide a special treat for the volunteers who will be leading children to discover that God loves them deeper and wider than the ocean. This recipe for Trailblazer Croissants will get your team in a festive mood for the VBS week of mountain treats.

TRAILBLAZER CROISSANTS

SUPPLIES

- Grater
- Spreader/butter knife
- Serving platters
- Mixing bowl and spoon
- Small paper plates (1 per volunteer)

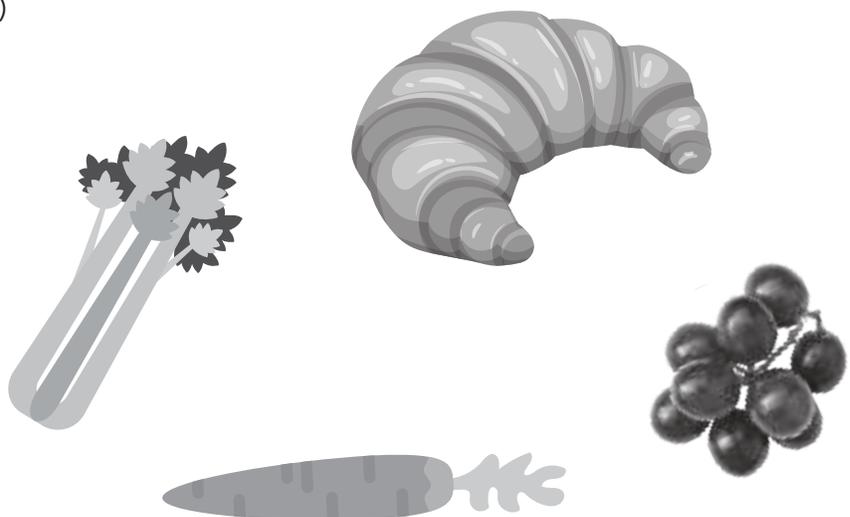
INGREDIENTS

- Croissants
(1 per volunteer, cut in half horizontally)
- Three 12.5 oz (354 g) can of Fri Chik or two 15 oz (425 g) can of Big Franks
(grated or smashed for sandwich filling)
- 1 cup mayonnaise or enough to moisten sandwich filling
- 1 cup shredded cheese
- 1 cup chopped olives
- 1 cup chopped celery
- ½ cup grated carrots
- ½ tsp onion powder
- Cluster of 5 grapes (1 per volunteer)

INSTRUCTIONS

1. Add prepared vegetarian meat substitute, cheese, olives, celery, and onion powder in a large bowl.
2. Add mayonnaise half at a time and stir, adding more as needed until filling is moist and easy to spread.
3. Cut croissants in half and spread about ¼ cup of filling on the bottom half of each croissant. Top each with the top half of croissant.
4. Arrange Trailblazer Croissants on serving platter.
5. Place grape clusters on another serving platter.

NOTE: The filling ingredients are for 20 croissants. And you need one Trailblazer Croissant for each volunteer, so make additional filling, if needed.



DAY 1 MOUNTAIN TRAIL MIX

SUPPLIES

- 8 oz disposable bowls
- Disposable gloves for servers
- Serving tray
- ¼ measuring cup for serving
- Individual serving bowls for each ingredient
- Serving spoons for each ingredient
- Spoons
- 8 oz cups and pitchers of water or small water bottles
- Napkins
- Hand sanitizer
- Hand wipes

TIP

Check with your registration leader for any dietary restrictions or allergies. To be on the safe side, avoid all nuts and substitute gluten-free and vegan ingredients as needed. Be creative with your trail mix.

WELCOME

SAY: Hello hikers! Welcome to Manna Munchies! I am so excited to see you exploring and hiking through Mountain of Miracles. There is so much to discover here! I hope your hiking experience is as fulfilling as it is exciting.

You must be ready for a refreshing treat. Here at Manna Munchies, you will enjoy time with friends, have a yummy bite to eat, and quench your thirst with cool, refreshing water.

On the menu today is one of my favorites... Mountain Trail Mix! But this isn't your average trail mix. Here at Manna Munchies, we take our snacks seriously, using only the finest, hiker-friendly ingredients to ensure we have healthy, delicious snacks.

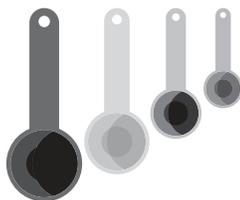
INGREDIENTS

- Rice Chex
- Raisins
- Honeycomb cereal
- Pretzels
- Chocolate pieces
- Mini graham crackers



AHEAD OF TIME

1. Divide ingredients into separate bowls and place on a large tray. This can be done the day before, covering each bowl with plastic wrap. Or you can mix the trail mix ahead of time and serve a ¼ cup portion to each child.
2. Pour water into the 8 oz cups and place on tables before the children arrive.



Our Mountain Trail Mix is a delightful blend that will provide you with the perfect balance of energy and flavor for your journey ahead. So, whether you are a seasoned hiker or just starting your adventure, this snack will help us reflect on God's steadfast love.

Just as you can rely on this trail mix to give you energy for your journey, we can rely on God as we journey through life because He is real and cares for each one of us.

Today's Power Point reminds us that our God, MY God, is real. And that's rock solid! So, let's say it together: My God is real. That's rock solid!

Now this time with the motions:

My God is real. (Place pointer finger up against lips and move it forward.)

That's rock solid! (Fist bump others.)

God is real, and He will never stop loving us! We can sit back and rest knowing He will always be there when we need Him. Isn't that wonderful?

Earlier you heard about Faith the Firefly who is never afraid of the dark because she



has her own nightlight that shines in the dark. God gave Faith the ability to light up. God made her strong. You and I may face some scary things, but God has given each of us faith that helps us overcome whatever challenges come our way. That is amazing! We can have this bright faith inside us because God is real, and strong, and powerful. God is always with us, so we don't have to be afraid.

Today's delicious snack will help us remember that we can have faith, just like Faith the Firefly, because God is real. So, let's get started.

INSTRUCTIONS

1. Instruct the children to clean their hands with hand sanitizer then wave them three times to let them dry.
2. Direct the crew leaders to give each child a spoon and bowl.
3. Have the crew leaders go around with a tray of ingredients and let the children choose which ones they want for their trail mix. Remind them that one spoonful of each ingredient is all they need.
4. Instruct the children that once they have selected their trail mix ingredients, they can use their spoon to give their mix a quick stir, and whisper to their neighbor, "My God is real. That's rock solid!"
5. Say a prayer to thank God for providing the snacks. "Dear God, thank you for all the yummy snacks and nutritious food you provide! Amen."
6. Enjoy.

As you are making your snack think about what you have seen today that lets you know that God is real. Today I saw... *(share something you saw that lets you know that God is real: a mountain, fluffy clouds, crops in the field, a beautiful sunrise or sunset, etc.)* Did you see something today that reminded you that God is real? Share with the group at your table while you enjoy your snack together.

WRAP UP

SAY: Hikers, it is time to clean up your area. Thank you for taking care of your own dishes. Your friends who will be coming to Manna Munchies after you will appreciate a clean and tidy café.

Shh, do you hear that noise? *(cup ears with your hands)* Yes! They are coming! Quick, let's say our Power Point really loud so they can hear us!

My God is real. *(Place pointer finger up against lips and move it forward.)*

That's rock solid! *(Fist bump others.)*

Turn to your neighbor and tell them, "My God is real. That's rock solid!" Enjoy your hike today, and I'll see you tomorrow, my friends! *(Wave goodbye.)*

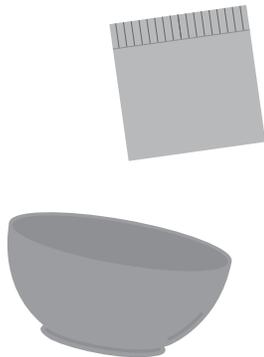
Instruct the kids to follow their crew leader to the next station.



DAY 2 BACKPACK PARFAIT

SUPPLIES

- Serving bowls
- Serving spoons
- Knife
- Paper towels
- 8 oz water bottles or 8 oz clear plastic cups and pitchers of water
- Napkins
- Hand sanitizer
- Hand wipes
- Small paper cups



INGREDIENTS

- 3-4 fruits that are in season such as, raspberries, grapes, blueberries, pineapples, apples, oranges. Cut fruits into small pieces.
- Whipped topping
- Sprinkles
- Animal or graham crackers



AHEAD OF TIME

1. Cut up all the fruit the day before and store in covered bowls in the refrigerator.
2. Pour 1-2 cups of animal or graham crackers into a serving bowl for each table (about 3 tablespoons per serving).
3. Fill small paper cups with water for the children to drink as you describe the snack for the day.
4. Set up the tables ahead of time by placing bowls of crackers, fruits, serving spoons, napkins, hand sanitizer and hand wipes.



WELCOME

SAY: Welcome back to Manna Munchies, hikers! I can't wait to hear about your adventures hiking through the valley and mountains. There are countless wonders to uncover. I hope your journey so far has been thrilling!

You must be ready for a refreshing treat. Here at Manna Munchies, you will enjoy time with friends, have a delicious snack, and quench your thirst with a cup of cool, refreshing water.

We are making Backpack Parfaits today. And as you know, we only use the finest, hiker-friendly ingredients to ensure we have healthy, delicious snacks. Our parfaits will be made of layers of fruits, cream, crackers, and will be topped off with sprinkles.

Fruit parfaits are a tasty way to show how God provides for us. Each layer represents different blessings in our lives. The fresh fruit reminds us of the nutritious food God gives us to stay healthy. The cream is like God's grace, which makes everything richer and more enjoyable. The crackers are a reminder of God's abundance. And the sprinkles are like the special treats and surprises God gives us.

That reminds me of today's Power Point. My God provides. That's rock solid! Let's say it together, and with the motions:

My God provides. (Put both hands up, palms facing you, and bring them down forward to lap/waist level.)

That's rock solid! (Fist bump others.)

God is our provider, and He will never stop providing for us. We can sit back and rest knowing He will always provide, especially when we need Him most. Isn't that wonderful!

Earlier today you heard about Rich the Rock Hyrax. Rich mainly eats plants, leaves, fruits, and barks. But he always enjoys his



meals because he stays healthy and energetic. Just like hyraxes get everything they need from their food, God provides everything we need to be happy and healthy. He takes care of everything we need.

When we trust God, we can be sure He will take care of us because He never fails.

Today's yummy snack can help us remember that we have a God that provides for us. And that's rock solid!

INSTRUCTIONS

1. Instruct the children to clean their hands with hand sanitizer then wave them three times to let them dry.
2. Direct the crew leaders to help the children build their parfaits.
3. Say a prayer to thank God for providing the snacks. "Dear God, thank you for all the yummy snacks and nutritious food You provide! Amen.
4. Enjoy.



As you are making your snack think about what you have seen today that lets you know that God provides. Today I saw... *(share something you saw that lets you know that God provides such as, flowers blooming, fruits growing, a beautiful sunrise or sunset, etc.)* Did you see something today that reminded you that God provides? Share with the group at your table while you enjoy your snack together.



WRAP UP

SAY: Hikers, it is time to clean up your area. Thank you for taking care of your own 'throw away.' Your friends who will be coming to Manna Munchies after you will appreciate a clean and tidy café.

Shh, do you hear that noise? *(Cup ears with your hands.)* Yes! They are coming! Quick, let's say our Power Point really loud so they can hear us!

My God provides. (Put both hands up palms facing you and bring them down forward to lap/waist level.)
That's rock solid! (Fist bump others.)

Turn to your neighbor and tell them "My God is real. That's rock solid!". Enjoy your hike today, and I'll see you tomorrow, my friends! *(Wave goodbye.)*

Instruct the kids to follow their crew leader to the next station.



DAY 3 FROZEN REFRESHER

SUPPLIES

- Bamboo skewers
- 8 oz water bottles or 8 oz clear plastic cups and pitchers of water
- Napkins
- Hand sanitizer
- Hand wipes

INGREDIENTS

- Strawberries
- Kiwis
- Bananas
- White melting chips or wafers

TIP

These little frozen fruit bites are so refreshing! Make enough for all of the children and staff to have two... maybe even three!



AHEAD OF TIME

1. Wash the strawberries and kiwis thoroughly.
2. Leave the strawberries whole. Slice the kiwis and bananas into ½ inches (1.27 cm) pieces.
3. Insert a skewer into each slice of fruit. Lay the skewered fruit on a tray.
4. Place the tray in the freezer overnight to freeze the fruit.
5. Melt the white melting chips or wafers according to the package instructions.
6. Dip each frozen fruit skewer into the melted white chocolate, coating them evenly.
7. Place the coated fruit skewers back on the tray and return to the freezer for a few minutes to set.
8. Before serving, set a water bottle and napkin at each place setting.
9. Serve the frozen fruit bites immediately after removing them from the freezer.

WELCOME

SAY: Welcome back to Manna Munchies. I hope your adventures at Mountain of Miracles have been wonderful. I can't wait to hear all about your hikes through the valley and mountains.

You are going to love today's snack! On the menu are refreshing, super cool, delicious... and yummy frozen fruit bites. I can't wait for you to try them. These frozen refreshers are a great way to see God's power at work! Each of us, just like the fruits we will enjoy today, are unique and special.

When we freeze the fruits, the cold keeps them fresh and tasty by using the natural laws God created. This reminds us that God is in control of everything.

Turning fruits into delicious frozen treats is like how God changes us with His love and power. Just as the fruits become a nice cool snack, God transforms us and fills our hearts with joy.

These frozen bites also help cool us down when it's hot outside. God allows us to use the laws of nature to refresh and take care of ourselves.

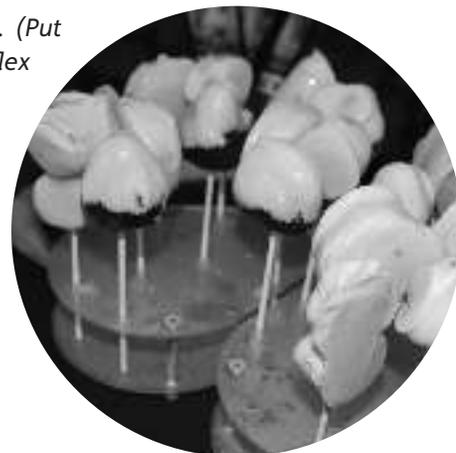
When we enjoy our frozen fruit bites, let's remember that God's power is in the fruits, the freezing process, and that His love is powerful enough to transform us, if we allow Him to.

That reminds me of today's Power Point. My God is powerful. That's rock solid! Let's say it together with the motions:

My God is powerful. (*Put both arms up and flex muscles.*)

That's rock solid! (*Fist bump others.*)

God is powerful, and he will never stop providing and protecting us. We can sit back and rest knowing that He is



powerful and will take care of us especially when we need him most. Isn't that wonderful!

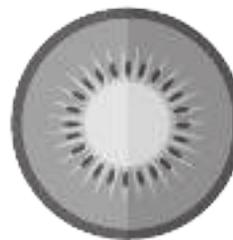
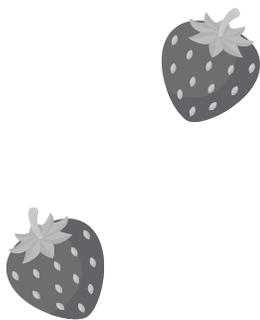
Earlier today we heard about Lance the Asiatic Lion. Lance is one of the most powerful animals around. As he grew from a small cub to a big lion, he became strong and powerful. So powerful that his roars can be heard up to 5 miles away. The Bible says that God is like a lion. He is so powerful that he can make you brave and strong too. All we have to do is trust in God's power.

Today's snack will help us remember that our God is powerful and that's rock solid!

INSTRUCTIONS

1. Instruct the children to clean their hands with hand sanitizer then wave them three times to let them dry.
2. Direct the crew leaders to arrange a variety of fruit bites on a tray.
3. Have the station volunteers and crew leaders serve the kids their choice of fruit bites.
4. Say a prayer to thank God for the snacks: "Dear God, thank you for these super cool refreshingly frozen bites! Amen."
5. Enjoy!

As you enjoy your frozen refreshers, remember how much God loves you and how powerful He is. Each bite is a little reminder of His love and power. Let this tasty treat make you think about how He cares for you every day. Also remember that in addition to God being powerful, He sends His angels to protect us as well. Did you see something today that reminded you of God's power? Share with the group at your table while you enjoy your frozen refresher.



WRAP UP

SAY: Wow! I think this was the best snack ever! It was so refreshing! Which one did you choose? *(Pause and let the kids respond.)* Well hikers, it is time to clean up your area. Be sure to put your trash in the trash can *(show trash can)*, and that your area and hands are clean. *(Have crew leaders give another squirt of hand sanitizer to each child.)*

What a fantastic group you were! Thank you for coming to Manna Munchies! I hope you enjoyed your snack and have enough power for the rest of the day.

Let's say our Power Point really loud!

My God is powerful. (Put both arms up and flex muscles.)

That's rock solid! (Fist bump others.)

Wow! God really loves you and loves hearing you say that! Have fun hiking through Mountain of Miracles and remember to stay hydrated. I will see you tomorrow, my friends!

Instruct the kids to follow their crew leader to the next station.

DAY 4 MOUNTAIN TOP DIPPERS

SUPPLIES

- Small plates
- 8 oz water bottles or 8 oz clear plastic cups and pitchers of water
- Napkins
- Hand sanitizer
- Hand wipes

INGREDIENTS

- Assorted fresh vegetables such as:
 - Baby carrots
 - Cherry tomatoes
 - Celery
 - Cucumbers
 - Bell peppers
- Ranch dressing
- Cheddar cheese block cut into ½" cubes
- 5 oz clear plastic dessert cups

TIP

Choose kid-friendly vegetables that can be arranged like tall, towering peaks of a mountain top. Be creative! You can cut cheese into cubes, slice it down the middle and arrange it on the edge of the cups.

AHEAD OF TIME

1. Wash, peel, and slice the vegetables. Cut them slightly taller than the height of the serving cups.
2. Place the prepared vegetables on a paper towel and allow them to dry completely. This prevents excess moisture from diluting the Ranch dip.
3. Pour 4-6 tablespoons of Ranch dressing into the bottom of each serving cup and arrange the vegetables upright to look like mountain tops.
4. Garnish with cheese cubes.
5. Before serving, set a water bottle and napkin at each place setting.

WELCOME

SAY: Welcome back to Manna Munchies. I can't believe this is day 4 of our adventures here at Mountain of Miracles! I'm sure you have been having a wonderful time hiking through our valley and mountains.

Today we are going to have delicious Mountaintop Dippers as our snack. And I know you will enjoy them. What I like about our dippers is that they are made of ingredients we know and enjoy.

We selected the freshest baby carrots, the sweetest cherry tomatoes, the crispest celery, and the most refreshing cucumbers and vibrant bell peppers. We hand-picked all of the ingredients for our mountaintop dippers.

Just like we know every ingredient in our dippers, God knows everything about us. He knows our favorite games, our favorite foods, our happiest moments, and even our worries. And God carefully made us with unique dreams, talents, and personalities. So, we can thank God because we are "fearfully and wonderfully made". And God's works are marvelous, and He knows each one of us, and that is rock solid!

That reminds me of today's Power Point. My God knows me. That's rock solid! Let's say it together, this time with the motions.

My God knows me. (Touch both pointer fingers to temples, either side of forehead.)

That's rock solid! (Fist bump others.)

God knows each one of us, and He loves everything that makes us unique and special. We can sit back and rest knowing that His love for each one of us is so powerful and He will take care of us especially when we need him most. Isn't that wonderful.

Earlier today we heard about Nervy the Nubian Ibex and all of the things that make her nervous, especially when she's away from her herd. You and I might be scared sometimes or stressed or concerned like Nervy. But God knows us. God knows what we are worried about or upset about, and God is there to help us. God wants to bear our burdens so we can leap confidently like Nervy.



Today's snack will help us remember that our God knows us and that's rock solid!

INSTRUCTIONS

1. Take the Mountaintop Dippers out of the refrigerator.
2. Direct the crew leaders to arrange the vegan options on a separate tray.
3. Instruct the children to clean their hands with hand sanitizer then wave them three times to let them dry.
4. Have the station volunteers and crew leaders hand out the dippers (vegetarian and/or vegan option).
5. Say a prayer to thank God for the snacks" "Dear God, thank you for this wonderful snack that reminds us that You know each one of us! Amen."
6. Enjoy!

As you enjoy your Mountaintop Dippers, remember how much God loves you and how special you are to Him. Always remember that God knows us personally and cherishes each one of us.

Did you experience something today that reminded you that God knows you and that you are special to Him? Share it with your group at the table while you enjoy your snack.

WRAP UP

SAY: Hikers wasn't that a delicious snack! *(Pause and let the kids respond.)* Well, it is time to clean up your area. Be sure to put your trash in the trash can *(show the trash can)*, and that your area and hands are clean. *(Have crew leaders give a squirt of hand sanitizer to each child.)*

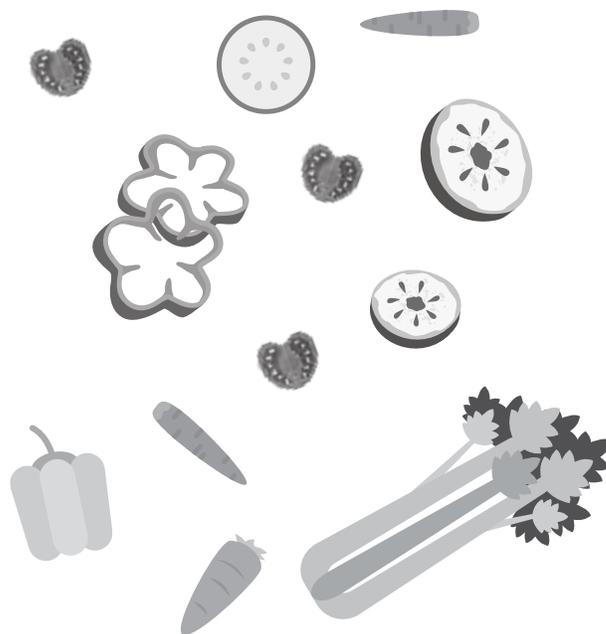
Let's whisper today's Power Point this time around. You think you can whisper it? Let's try.



*My God knows me. (Touch both pointer fingers to temples, either side of forehead.)
That's rock solid! (Fist bump others.)*

Once your area is clean turn to your neighbor and say, "My God knows me"! Wonderful. Thank you for coming to Manna Munchies, enjoy your hike, and I'll see you tomorrow, my friends!

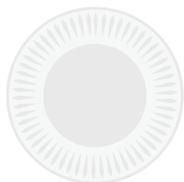
Instruct the kids to follow their crew leader to the next station.



DAY 5 CAMPFIRE CRACKERS

SUPPLIES

- Small plates
- 8 oz water bottles or 8 oz clear plastic cups and pitchers of water
- Napkins
- Mini tulip cookie cutter (purchase on Amazon.com)
- Hand sanitizer
- Hand wipes



INGREDIENTS

- 1-2 whole wheat cracker (round or square) per child
- 4 red grapes, sliced
- 3-4 pretzel sticks, halved
- Strawberry cream cheese
- 1 slice low fat cheddar cheese cut into 3 or more flame/tulip shapes per child

AHEAD OF TIME

1. Wash and cut grapes in half.
2. Cut cheese in flame/tulip shape (see photo). Cut enough so that each child has 3-4 flames per cracker.
3. Spread a good amount of strawberry cream cheese on each cracker just before serving. (If you spread the cream cheese ahead of time the cracker may become soggy.)
4. Break pretzel sticks in half to look like little logs.
5. Set a water bottle and napkin at each place setting

WELCOME

SAY: Welcome back hikers! It has been so nice hanging out with you this week. What a wonderful week it has been. What was your favorite spot here at Mountain of Miracles? *(Pause for the children to shout out their answers.)* Whoa! Those are really beautiful locations.

For our snack today, we are making campfire crackers. We are making our snack with crackers, cheese, grapes, cream cheese, and pretzels. As you carefully assemble your snack, remember that God is carefully preparing a special place for us in heaven, full of love and happiness.

All of the ingredients in our snacks have different flavors and textures. This variety makes our snack delicious and exciting! In the same way, heaven is a place of joy, filled with all kinds of wonderful things.

The place God is making for us in heaven will be a place of eternal happiness. Heaven will be a place where we are together with God and friends and family, in a big, loving community.

That reminds me of today's Power Point. My God is preparing a place for me. That's rock solid!

Let's say it together, and don't forget the motions:

My God is preparing a place *(shape hands in the shape of the roof of a house)* for me.

That's rock solid! *(Fist bump others.)*

Earlier today we heard about Glorie the Golden Eagle. She also reminds us that God cares for us and is preparing a place for us, just like how she cares for her babies and prepares a comfortable, and safe home for them to grow healthy and strong.

We are now going to make our snacks. Man-na Munchie servers are going to come around with hand sanitizer and you guys know what to do. That's right, you are going to rub the sanitizer into



your hands and shake them 3 times to dry. Next, they are going to come around with a plate of ingredients. But don't eat them yet! You have to follow my instructions in order to make your snack look like a campfire.

INSTRUCTIONS

1. Arrange the cut grapes around the rim of the cream cheese spread cracker.
2. Select the tulip spike cut cheese for the fire flame.
3. Break the pretzel sticks in half and put it on the grapes.
4. Add the cheese flames in or around the pretzels sticks, using them to balance and support the standing cheese.
5. Let's say a prayer to thank God for the snacks:
"Dear God, thank you for this wonderful snack that reminds us that You are preparing a special place for us! Amen."
6. And now my favorite step! Eat!

(Give the children time to eat their snack.) You did a really good job! And! They really looked like campfires! Bravo!
(Clap for the children.)

Don't forget to drink your water! Staying hydrated here in the mountains is super important!

WRAP UP

SAY: Well hikers, it is time to clean up your area. Be sure to put your trash in the trash can *(show trash can)*, and that your area and hands are clean. *(Have crew leaders give another squirt of hand sanitizer to each child)*.

Once your area is cleaned, let's say our Power Point together one more time:

My God is preparing a place *(shape hands in the shape of the roof of a house)* for me.
That's rock solid! *(Fist bump others.)*

Goodbye, hikers! Have a great last day here at Mountain of Miracles. I will miss seeing you here at Manna Munchies. *(Wave goodbye.)*

Instruct the kids to follow their crew leader to the next station.

