

TABLE OF CONTENTS

INTRODUCTION	4
Lil' Hikers.....	4
Decorating	4
Staffing	5
Wardrobe	7
Daily Schedule	7
Butterfly Basecamp Programming	7
Programing Supplies Needed for the Week.....	9

DAY ONE.....	14
Welcome.....	14
Bible Story: God's Messengers.....	16
Butterfly Centers	18
Game: Faith's Obstacle Course	20
Snack: Mountain Trail Mix.....	21
Craft: Painted Firefly Lanterns	22
Closing.....	24

DAY TWO	25
Welcome.....	25
Bible Story: Never Ending Bread.....	27
Butterfly Centers	29
Game: Flight of the Butterfly.....	31
Snack: Backpack Parfait	32
Craft: Mosaic Butterflies.....	34
Closing.....	35

DAY THREE	37
Welcome.....	37
Bible Story: Battle of the Gods	38
Butterfly Centers	41
Game: Waterfall Relay	42
Snack: Frozen Refresher	44
Craft: Mountain Spinner.....	45
Closing.....	46

DAY FOUR.....	48
Welcome.....	48
Bible Story: Elijah RUNS Away	50
Butterfly Centers	52
Game: Big Feelings Red Light Green Light.....	54
Snack: Mountain Pinwheels	55
Craft: Basecamp Picture Frames	57
Closing.....	58

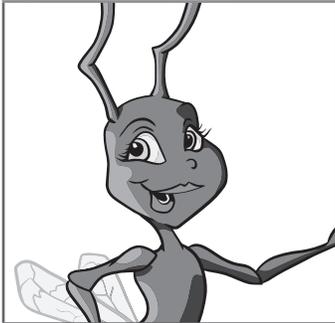
DAY FIVE.....	60
Message of the Day.....	60
Welcome.....	60
Bible Story: Elijah, Elisha and the Swirling Wind.....	62
Butterfly Centers	65
Game: Mountain of Miracles Adventure.....	66
Snack: Campfire Crackers.....	68
Craft: Pompom Popper	69
Closing.....	71

SCOPE AND SEQUENCE

ANIMAL PAL

JEZREEL VALLEY
OPENING AND CLOSING

PROPHET'S PEAK
BIBLE STORY



POWER POINT:
My God is real. That's rock solid!

BIBLE STORY
Facing Challenges
with God

KEY VERSE:
"I am with you, so do not be afraid"



POWER POINT:
My God provides. That's rock solid!

BIBLE STORY
Experiencing God's
Providing in Zarephath

KEY VERSE:
"I am with you, so do not be afraid.
I am your God, so do not be upset."



POWER POINT:
My God is powerful. That's rock solid!

BIBLE STORY
Battles of the Gods

KEY VERSE:
"I am with you, so do not be afraid. I am your God,
so do not be upset. I will make you strong..."



POWER POINT:
My God knows me. That's rock solid!

BIBLE STORY
Elijah Runs Away
from Everyone

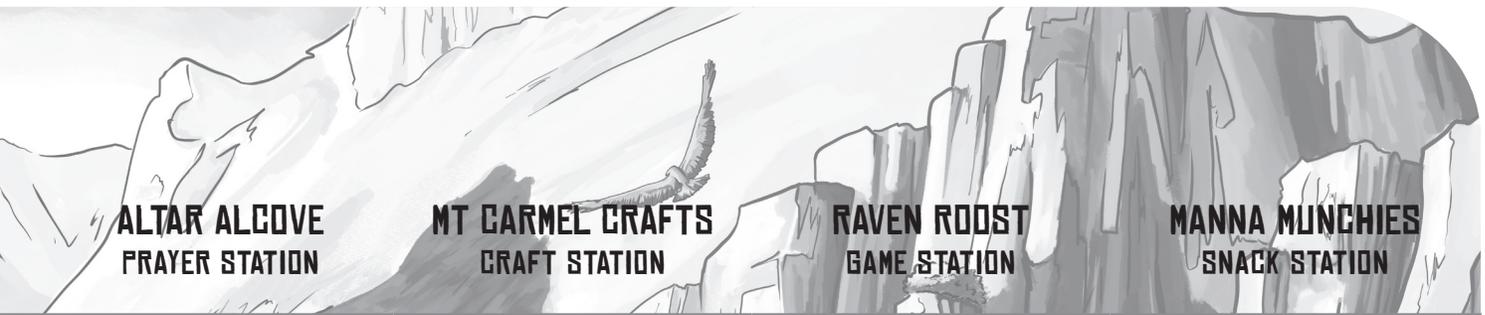
KEY VERSE:
"I am with you, so do not be afraid.
I am your God, so do not be upset.
I will make you strong and I will help you."



POWER POINT:
My God is preparing a place for me. That's rock solid!

BIBLE STORY
Elijah and Elisha
cross the Jordan
River Together

POWER POINT:
"I am with you, so do not be afraid. I am your God,
so do not be upset. I will make you strong and I will
help you. My powerful right hand will keep you safe."
Isaiah 41:30 (EasyEnglish Bible)



ALTAR ALCOVE
PRAYER STATION

MT CARMEL CRAFTS
CRAFT STATION

RAVEN ROOST
GAME STATION

MANNA MUNCHIES
SNACK STATION

AWE
TRAILBLAZING ACTIVITY
Wow, God!

ORIENTEERING ACTIVITY
I am thankful, God

MAIN CRAFT
Hiking Lantern

GRAB + GO
Stained Glass
Window Craft Kit

PRE-GAME
Stop & Listen

MAIN GAME
Over Under Mountain
Hike

DEBRIEF



LISTENING
TRAILBLAZING ACTIVITY
I hear you, God!

ORIENTEERING ACTIVITY
I can listen &
talk to God

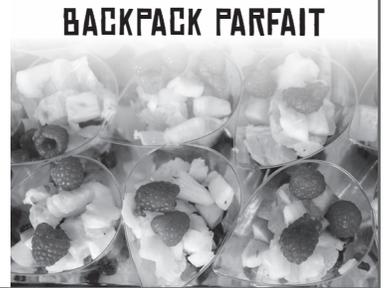
MAIN CRAFT
Butterfly
Suncatcher

GRAB + GO
Scratch Butterfly
Ornaments

PRE-GAME
Mountain Express

MAIN GAME
Rippling Water Relay

DEBRIEF



TRUSTING
TRAILBLAZING ACTIVITY
You've got this, God!

ORIENTEERING ACTIVITY
I can trust God to
handle my burdens

MAIN CRAFT
Mountain
Spinner

PRE-GAME
Gather Up

MAIN GAME
Jezreet Tree Relay

DEBRIEF



AFFIRMING
TRAILBLAZING ACTIVITY
You know me, God!

ORIENTEERING ACTIVITY
I am unique

MAIN CRAFT
Clothespin
Paper Puppets

PRE-GAME
Whistle Freeze

MAIN GAME
Beach Ball
Relay Race

DEBRIEF



REMEMBRANCE
TRAILBLAZING ACTIVITY
We remember God!

ORIENTEERING ACTIVITY
I will remember
how much God
cares for me

MAIN CRAFT
Pompom
Celebration Popper

GRAB + GO
Picture Frame
Magnets

PRE-GAME
Whistle Scramble

MAIN GAME
Mountain Top
Obstacle Course

DEBRIEF



INTRODUCTION

Welcome to Butterfly Basecamp preschool program! Thank you for agreeing to lead these Lil' Hikers in discovering that God is rock solid. During their time at Butterfly Basecamp, they will learn that God is with them and will provide for them. They will see that God is powerful and knows each one of them and that He is preparing a place for them to come and live with Him.

In your hands is a guide to help you plan and lead out in the great adventure of directing the preschool program for Mountain of Miracles VBS. At the Butterfly Basecamp young children, ages 3-5, will experience Bible stories, snacks, games, and hands-on activities designed specifically for their age group.

LIL' HIKERS

For these little ones to get the most out of the hands-on learning activities planned for each day it can be helpful to group them into smaller groups with an adult and/or teen leader assigned for every group of 5 kids. To help the children easily identify their place and leaders, assign each crew a color and a name. Coordinated colored circle tablecloths and colored walking ropes can be helpful for young children to quickly recognize where they need to be for group times and transitions. All preschool crews will rotate together. If you have more than 30 Lil' Hikers, you may want to consider splitting into two rotations. See included rotation schedule.

PRESCHOOL CREW NAME OPTIONS

(Species of butterflies that can be found in Israel)

- Yellow Butterflies
- Red Butterflies
- Blue Butterflies
- Orange Butterflies
- Green Butterflies

DECORATING

WELCOME/BIBLE STORY DECORATING SUPPLIES

- Blue fabric to make a small stream like the Brook Cherith
- Rocks
- Faux Evergreen Trees
- Backdrop: Camping themed with mountains and trees. Should be large enough to fill the space in front of where you will meet each day for the Welcome, Bible Story time and the closing program.



- Alternative option: create a three-dimensional space using sky blue fabric secured to the wall, clouds from quilt batting, a small kid-friendly two-person tent and other camping gear, faux evergreen trees, and faux campfire
- Camping gear: Backpack, bedrolls/sleeping bags, faux campfire, walking stick, cookware, small logs for a campfire and a thick one for sitting on, camp chairs
- Stuffed Animals/Puppets: Butterfly, firefly, raven, mountain lion, bear cub, eagle, mountain sheep/goats (Amazon, Folkmanis, Wild Republic)
- Blue paper
- Command strips to hold paper
- Contact paper
- Blue painters' tape

BUTTERFLY CENTERS DECORATING ITEMS

CATERPILLAR CAMPSITE

A tent, bedrolls (rolled up blankets) and camp chairs, child-sized table and chairs or picnic table, small logs to build a pretend campfire, camping cookware and dishes, basket for books, rug or picnic blanket, magnifying glasses, plastic butterflies, binoculars, preschool friendly picture books of animals and butterflies, stuffed animals such as bears, mountain lions, mountain sheep, etc. that would live in the mountains. A backpack with young child appropriate hiking supplies such as a compass, headlamp, bandana, sunglasses.

CHRYSLIS WONDERS

Table and table covering, craft supply containers, drying/pickup area color coded for each Lil' Hiker crew. (Additional supplies outlined in programming supplies list.)

BUTTERFLY DISCOVER

Low table and table covering or an area of the floor that can be covered with an easy cleanable surface such as a plastic table covering, painter's plastic, or tarp. (Additional supplies outlined in the programming supplies list.)

DECORATING INSTRUCTIONS:

MAIN MEETING AREA — WELCOME/BIBLE STORY

The Butterfly Basecamp is a special area where the preschool age Lil' Hikers can gather. A basecamp is an area at the base of a mountain where supplies and shelter are kept for mountain hikers to rest on their way climbing up the mountain. Here at Butterfly Basecamp the Lil' Hikers will also have an opportunity to learn about the wonders God created that are living in the mountain regions of Israel. The daily Animal Characters are all species that

can be found in this area. Incorporate stuffed animals, or puppets of these characters (or close approximations) into your decoration. Keep them partially hidden so the children can help you find them during the programming. With over 110 known species of butterflies living in this region of the world it is also known as the land of butterflies. Butterflies will be an important part of your décor.

Be intentional in creating a welcoming and engaging environment for the Lil' Hikers; a sensory rich experience where they can see it, touch it, hear it, and even taste and smell it. Keep in mind whether you want the Lil' Hikers exploring the staging area or not. It is always a good idea to decorate with sturdy pre-school friendly props. Your Lil' Hikers will enjoy exploring using their imaginations!

The focal point for Butterfly Basecamp should be a camping mountain scene backdrop. This can be extended to create dimension by using a tan colored fabric painters drop cloth to mimic soil and then by adding rocks made from brown or gray Kraft paper crumpled to create a rocky mountain scene. You will want to add a small stream with water colored fabric and rocks, flowers, and tall grasses along the edges. Additional details can be added around the rocks like flowers and tall grasses using faux greenery. Bring in some additional dimension and interest to your décor using a couple of faux evergreen trees. Add butterflies to your décor by having them alight on flowers, rocks, branches, and even fluttering in the air by hanging with fishing line from the ceiling.

Create an easily accessible sticky wall for the Welcome activity where the Lil' Hikers place their daily butterflies. This can be done by extending the backdrop with blue paper and securing it with Command strips. The size of your sticky wall will depend on the number of preschoolers anticipated. To make the sticky wall, cut a 3-foot length of contact paper, leave the backing on for now. Cut painter's tape in lengths to secure contact paper to the blue paper. Position the top of the contact paper at about 5 feet from the floor. While holding the contact paper in place, peel down about one inch of the backing, fold it over and then secure in place using painter's tape across the top of the exposed contact surface. Continue to pull the backing off the contact paper and secure in place along the edges and bottom. Create a flower garden area at the base of the butterfly sticky wall, being sure it isn't too big that it blocks access to the wall.

BUTTERFLY CENTERS DÉCOR

This area should be large enough for the number of children expected to move about freely between each of the three centers. Allow enough space at each center for multiple children to gather. There should be a

well-defined entrance and boundaries for the Butterfly Center.

For the Caterpillar Campsite create a camp with the items listed above. This should be an area where the Lil' Hikers can easily get into the tent, sit on the camp stools and engage in pretend play. You will also need a table covered with either heavy Kraft paper or plastic table covering for the Chrysalis Wonders table activities and an area for the Butterfly Discovery Center with sensory bins which can be placed either on low tables or on plastic table coverings on the floor.

STAFFING

You will need several staff members to help make Butterfly Basecamp a safe, and successful learning environment for preschoolers. Parents, grandparents, and teen volunteers are all great resources for staffing the preschool area. As this program is designed to occur sequentially rather than with multiple rotations some staff can flex to other stations to help or lead.

BUTTERFLY BASECAMP DIRECTOR

The director will be responsible for being thoroughly knowledgeable of all aspects of the program as well as to cast a vision to the staff of what will be happening each day and the goal of each Butterfly Basecamp station. This will mean it is critical to have read the through the manual completely.

TIP: The director should not be assigned to a station in order to be free to engage wherever needed throughout the program.

The director will have a variety of responsibilities both in preparation for VBS and during programming. These include assigning children to a crew, welcoming the children at the entrance of the Butterfly Basecamp as they arrive and giving each child a butterfly to put on the butterfly wall each day, and managing the rotations to each station at Butterfly Basecamp. They will step in as needed or to cover a position for short periods of time. They will handle questions and logistics and be prepared to problem solve and communicate changes needed resulting from the unexpected. It will be important for the leader to have a an attention getting device to signal transitions. The Butterfly Basecamp Director will also need to be sure that station leaders have the necessary supplies and understand their roles and responsibilities.

During the pre-VBS meeting with all Mountain of Miracles staff the Butterfly Basecamp Director will need to plan to have time to meet with just the Butterfly Basecamp Preschool staff. This will include all station leaders and assistants, and crew leaders. At this meeting the

director will share the goal of each station as well as staff member responsibilities and expectations. Be sure to clearly communicate to the staff expectations and age-appropriate strategies for engaging with the Lil' Hikers throughout the program. This is also a time that schedules, including pre/post meeting times for each day, are provided.

It is advised that there be an assistant to the director. Find someone (either adult or responsible youth) who can take direction well, step in and help out at any station as needed, and help the director gather, organize, and distribute supplies.

WELCOME AND CLOSING PROGRAM LEADER

This person will be responsible for leading out in the Welcome program at the beginning and then in the Closing time at the end of each day in the Butterfly Basecamp. This leader will need to be willing to take the time to become proficient with the script and activities for the Welcome and Closing times in order to create an engaging learning opportunity for the preschool age group. An assistant will be needed for some day's activities. The assistant could also be assigned to assist at another station if it won't interfere with their ability to be present during the opening and closing times.

CREW LEADERS

This can be a great role for teen volunteers. There will need to be at least 1-2 staff members per group of 5 kids that will form a crew. Crew leaders will help their groups safely transition between each activity center and to/from Jezreel's Wellspring for the opening and closing programs. It is important that they are intentionally engaged in helping children to successfully and safely participate with all of the activities for each day and willingly take direction from the Butterfly Basecamp Director and station leaders. They will need to attend the pre-VBS training where they will be given instructions and tools for successfully working with the preschool age group.

GAME LEADER

An older teen or adult who is willing to lead out in the games. They may help the leader gather game supplies before the start of VBS. Instructions should be given to the crew leaders prior to each day's programming so they will understand the game instructions in order to help the Lil' Hikers successfully participate. During VBS the Game Leader will also be responsible for game set-up and clean-up each day. An assistant will be needed to help during the games and with set-up and clean-up each day.

CRAFT LEADER

An older teen or adult who is willing to lead the craft activities along with an assistant. They may help the leader gather craft supplies before the start of VBS. Remember craft supplies should be as preschooler friendly as possible and that close supervision will be needed during the craft time to ensure safety of these younger children. A sample craft should be made ahead of time to ensure a good understanding of the step-by-step craft directions and to show the Lil' Hikers what they will be creating that day. During VBS the craft leader and assistant will also be responsible for craft set-up and clean-up each day. They will need to be willing to take the time to practice and learn the script in order to provide an intentional and engaging experience for the Lil' Hikers.

BIBLE STORY LEADER

An older teen or adult who is willing to tell the Bible story in an animated and engaging style to preschoolers. This will include leading out in the hands-on learning activities for each Bible story. They will be responsible for ensuring that they have the supplies needed for each day's Bible learning activities. They will need to be willing to take the time to practice and learn the script and the daily Bible Story activity for each day to be able to provide a fun and intentional learning experience for the Lil' Hikers.

It will also be the Bible Story leader's responsibility to ensure that items used in the Bible story activity are transitioned to the Butterfly Centers when indicated. They will then assist at the Butterfly Centers to help engage the Lil' Hikers in the activities as directed by the Butterfly Center Leader.

BUTTERFLY CENTERS LEADER

An older teen or adult who will prepare the activities each day and facilitate participation and guidelines for each of the following three stations: Caterpillar Camp, Chrysalis Wonders Table, and Butterfly Discovery Center. An assistant for this station will be necessary. Responsibilities should be assigned between the leader and assistant to either lead out at the Chrysalis Wonders Table or to monitor the Butterfly Discovery Center and Caterpillar Camp for safety and appropriate engagement with the day's activities. The leader and their assistant will be responsible for ensuring that each station has the supplies needed for each day's activities before the start of VBS. They will also be responsible for both set-up and clean-up as well as any preparation that needs to be done ahead of time. They will need to be willing to take the time to practice the Chrysalis Wonders Table activities and the Butterfly Discovery sensory activities to be able to give simple instructions and provide an engaging experience for the Lil' Hikers.

TIP: Crew Leader engagement is critical at this station. It is important that prior to each day's programming there is communication with crew leaders about what the activities will be in the centers, and any new items that will be added to the Caterpillar Campsite. Suggestions should be given on how to playfully engage with the Lil' Hikers through "I wonder" questions and using their imaginations and creativity.

SNACK LEADER

See the snack section of the programming guide for options on how to best provide the Lil' Hikers with their snack each day.

If you choose to have snacks provided by Butterfly Basecamp's own volunteers, they will need to be responsible for each day's snack preparation and clean-up, including sanitizing the tables, after each snack. Coordinating with the Elementary level Manna Munchies snack leaders will be helpful. They will need to be willing to take the time to practice and learn the script for each day and to prepare a sample snack as a visual in order to provide an intentional and engaging experience for the Lil' Hikers.

WARDROBE

Mountain of Miracles t-shirts (available from Advent-Source.org) and khaki pants outfit can be accessorized with hiking gear such as a pair of binoculars, backpack, walking stick. You will definitely need some comfy shoes to keep up with the Lil' Hikers as they explore Butterfly Basecamp!

DAILY SCHEDULE

Jezreel's Wellspring for Opening	15-20 Minutes
Travel to Butterfly Basecamp	3-5 Minutes
Welcome	10-15 Minutes
Prophet's Peak	15-20 Minutes
Travel to Butterfly Centers	3 Minutes
Butterfly Centers	20 Minutes
Travel to Games	3 Minutes
Raven's Roost	25 Minutes
Travel to Snack	3 Minutes
Manna Munchies	15 Minutes
Travel to Craft	3 minutes
Mt. Carmel Crafts	20 Minutes
Travel to Closing	3 Minutes
Closing Circle	10 Minutes
Travel to Jezreel's Wellspring	3-5 Minutes
Jezreel's Wellspring for Closing	15 Minutes

BUTTERFLY BASECAMP PROGRAMMING

You will have approximately 140 minutes of programming time with the preschoolers between each day's opening and closing programs. To keep transitions to a minimum for this age group, plan for most of the activities and learning centers to take place in one room/area, while games and snacks can be done outside. Traveling ropes, in matching crew colors, for each Lil' Hiker to hold on to can help ensure every child stays with their crew and safely arrives at their next station.

OPENING PROGRAM: JEZREEL'S WELLSPRING

The day will start with all age groups gathered at Jezreel's Wellspring for the opening program. There they will meet the Tour Guide who remembers a time when there was no rain to make the crops grow. The Tour Guide makes friends with all the Lil' Hikers and their older counterparts, the Mountaineers, who have come to hike the mountains in this region of Israel.

The Lil' Hikers have stopped at Jezreel's Wellspring to learn about the expedition of the day. Each day at Jezreel's Wellspring the Tour Guide will welcome the Lil' Hikers (preschoolers) and the Mountaineers (elementary age). The Cave Singers will lead them in learning the theme song and the original songs written for Mountain of Miracles. The Tour Guide will introduce them to the Daily Character, an animal living in the mountains around Jezreel Valley that helps to reinforce the daily Power Point. They will also meet Rainy, the raven, who will deliver the Daily Promise, the day's Bible verse. Before leaving Jezreel's Wellspring the Lil' Hikers will check in with a famous explorer and his team to hear about their expedition and the challenges they are facing.

OPENING: WELCOME TO BUTTERFLY BASECAMP

This is a time for the preschoolers to get to know each other and their crew leaders better. It is a brief introduction of the day's topic and Power Point. They will have an opportunity to learn more about the wildlife that live in the mountains of Israel. They will experience something new each day in these few minutes that will help set the stage for the rest of the day at Butterfly Basecamp.

It may work best for your preschool team to not join the older crews at Jezreel's Wellspring for the opening and closing. The opening welcome time can be made longer by adding songs either with your own song leaders or by using the Mountain of Miracles VBS music format that works best for your team. You will also want to have Rainy the Raven visit Butterfly Basecamp or have a black raven puppet as "Rainy" delivering the Daily Promise and Power Point each day. You may also choose to do this for only the first day to allow Lil' Hikers to get comfortable, learn routines, and get to know their crews and leaders better.

PROPHET'S PEAK BIBLE STORIES

This should be done in the same space as the Welcome time to minimize transitions for the Lil' Hikers and décor set ups. Bible story time should be interactive and dynamic. Remember that the attention span for preschoolers is shorter than for elementary-age children. They will be able to attend to a 20-minute story time if they are engaged through a variety of methods. Some ways to keep a preschooler's focus include movement, higher-level thinking type questions ("I wonder..."), hands-on experiences, movement and visuals. It is also easier to keep a preschooler's focus on the story if the story is being told rather than read. The story and activities should be practiced so that they can be told rather than read. Some of the Bible stories will involve a demonstration. Gathering the supplies needed and practicing these ahead of time will help ensure an intentional and engaging experience for the Lil' Hikers and that your storytelling time runs smoothly.

BUTTERFLY CENTERS

The Butterfly Centers is made up of three stations that utilize a multi-sensory approach for learning the theme from each day's Bible story and Power Point. Some of these stations will require preparation ahead of time, so be sure your station leader has an opportunity to look over each day's activities far enough in advance. It will be key to involve the crew leaders in engaging with each Lil' Hiker to facilitate discovery and learning at each center.

In the **CATERPILLAR CAMP**, children will have the opportunity to engage in pretend play at a camp site with a tent, bedrolls, small table and camp chairs, small logs to build a pretend fire, and camp cookware, and dishes. They will be able to cozy up with a picture book, and more closely examine butterflies and other animal life in the mountains of Israel. The items used in the Camp may also be used during the Bible story and will need to be added following the story time.

The **BUTTERFLY DISCOVERY STATION** is an area with sensory bins. Different types of sensory experiences will be offered each day which will reinforce the day's lessons. The bins can be made using either 28 Qt. plastic storage bin or Tuff Trays (Amazon). These should be placed either on a low table or on the floor. Having a vinyl tablecloth underneath will make clean-up easier. Preschoolers should be gently reminded that colored discs, bubbles, water beads, and pompoms need to stay in the plastic bins. Invite them to help clean up if they spill out of the bins. It is helpful to cover the bins until the Butterfly Center is open.

The **CHRYSALIS WONDERS TABLE** is an area where creativity and science combine into colorful learning and exploration to reinforce that day's themes.

Preschoolers should be free to explore and go to each activity on their own will. They do not have to stay with their crews but should understand the boundaries of the area designated for the Butterfly Research Centers.

RAVEN'S ROOST GAMES

The games provided in your preschool manual have been designed to reinforce the Biblical theme of the Power Point of each day. Be sure to allow time to do the intro and the debrief of each game to help tie it into the theme for the day.

The games have been created with a preschooler in mind, with less complex rules and sequences. These games are designed to be cooperative and not competitive. Focus on teamwork and good sportsmanship rather than who won or lost.

There may be some children who don't want to join in. This is okay. Plan ahead for this by having a helping role or an area where they can safely watch. Make it easy for them to join in later if they choose to.

You will need an area of about 50' x 50' to play the preschool games.

MANNA MUNCHIES SNACKS

Snack time can be done in a variety of ways. Choose what works best for your team, the number of children expected, and for your allotted space.

SNACK PREP OPTIONS

1. Coordinate with the snack leaders of the elementary level program to prepare the snack for the preschoolers. Have 1-2 designated volunteer(s) who will pick up the snack each day from the Manna Munchies station and bring it to the preschool designated snack area.
2. Recruit leaders who specifically volunteer to prepare and serve snacks for Butterfly Basecamp.

SNACK SERVING OPTIONS

1. Serve snacks in a specially designated area within Butterfly Basecamp. Seat children at a low table or on a picnic blanket.
2. Serve snack outside immediately following the game time. Place picnic blankets or plastic tablecloths on the ground for children to sit on or have them sit at a child-sized picnic table while they enjoy their snack time.

SNACK TIME TIPS

The Butterfly Basecamp snacks, while similar to the older age group snacks, are specially designed with the preschooler in mind. Minimize choking hazards by providing easy to chew foods, small bite-sized items, preschool friendly seating and close supervision during snack time.

If there is extra time after a Lil' Hiker crew has finished their snack this would be a good time to use the restroom and wash hands. Extra time could also be used to practice their crew chant and motions.

ALLERGIES

Your snack leader will want to check with the registration staff to determine if any children have a food allergy. Place a sticker on the child's name tag identifying a food allergy (can use different colors or symbols to represent types of allergies.) Be sure to read through each snack recipe, to identify potential allergy issues. Some items may have a substitute or can be left out completely. Be sure food prep and serving surfaces are wiped thoroughly to prevent accidental contact with an allergen.

You can use gluten-free graham crackers, pretzels, and animal crackers in the snack recipes. Many grocery, health, and online stores carry gluten-free options.

Be vigilant regarding nut allergies. If a child has nut allergies, do not serve any nuts. Simply coming in contact with nuts and their oils can trigger anaphylactic shock in some children. Sunflower seed butter is a great peanut butter substitute.

MT. CARMEL CRAFTS

A table(s) should be designated for craft so that the craft leader is able to set up each child's craft work area ahead of time. The crafts are similar to the elementary age group but are designed with the preschool age child in mind as their dexterity is still developing, and their attention spans are shorter at this age.

Cover the tables either with easy to clean plastic table coverings or with heavy Kraft paper (brown or white) that you can purchase in a roll and is easily changeable as needed. Extra volunteers can be a huge help in this area as some activities will require adult assistance. A sample craft should be made ahead of time to provide an example of what their one-of-a-kind creation will look like and to ensure that the directions are fully understood.

BUTTERFLY BASECAMP CLOSING CIRCLE

This will happen in the same space as the Welcome and Bible story. This area is a good anchor for the Lil' Hikers to know where their place is when gathering together. Closing circle is a time to debrief on the day's themes, sing a couple of familiar songs paired with an activity and

pray together. This may be a time to invite Lil' Hikers to share prayer requests or to pray together in their crews.

TIP: This would be a great time to invite parents to join their Lil' Hikers to learn about the day's themes and activities as well as to aid in timely pick-up following the closing program from Jezreel's Wellspring.

It may work best for your preschoolers to not join the elementary age groups at Jezreel's Wellspring. The Butterfly Basecamp Closing Circle can be expanded with additional songs and activities including the daily breadcrumb discussion.

CLOSING PROGRAM: JEZREEL'S WELLSPRING

During the closing program, the Tour Guide will review what was learned and share a photo slideshow for each day. Each closing will also include a discussion question time within each crew at the conclusion for the skit, mission project, and a final song to sing with the Cave Singers before closing with prayer.

During the Crew Times children are asked to first discuss a question related to the day's Power Point. These questions may need to be rephrased into preschool friendly terms for the Lil' Hiker's discussion. Many of the Lil' Hikers will not yet be able to write words well enough to write the phrase on a breadcrumb, as the elementary groups will be instructed to do. Instead, they can place a theme related sticker onto their breadcrumb and then place their breadcrumbs on the trail map.

Theme related stickers may be purchased at Amazon. Suggested stickers:

DAILY BREADCRUMB

Day 1: God is Real: Butterfly sticker

Day 2: God Provides—Backpack sticker

Day 3: God is Powerful—Flexed Muscles emoji sticker

Day 4: God Knows Me—Binoculars sticker

Day 5: Thank you, God—Praying hands emoji

PROGRAMMING SUPPLIES NEEDED FOR THE WEEK

The list below can be used as a check list to aid in the gathering of supplies for the week. Suggestions are given for items and where to purchase. If possible, borrowing or using already existing items is a great way to save on the budget. Some items will be used on multiple days as well as in multiple areas. See each day's activities for details.

GENERAL PROGRAMMING

- Rain Stick
- Stickers for closing at Jezreel's Wellspring (Butterfly, Backpack, Flexed Muscles, Binoculars, Praying Hands)
- Crew Circles—round colored tablecloths, one color for each crew.
- Walking ropes—colored ropes that match each group's color to help manage transitions

WELCOME

- Shoebox size containers: 1/crew for items the crew leaders will give out at during the program.
- Bible
- Rain Stick
- Music Player and Mountain of Miracles Music
- Kaleidoscope (Amazon)
- Butterfly Puppet
- Butterflies—3D wall décor butterflies (1/child for each day of VBS) (Amazon)
- Basket to hold butterflies.
- Firefly Puppet (Folkmanis.com)
- Rock Hyrax Stuffed Animal—A prairie dog is similar enough.
- Mountain Lion Stuffed Animal
- Mountain Goat Stuffed Animal
- Eagle Stuffed Animal/Puppet
- Wants/Needs Items: Fresh fruit/vegetables, candy, several toys, mittens, fold-up tent (shelter),
- electronic or tech item, Heart (love), Stuffed animal (comfort/friend), etc.
- Butterfly Growth Cycle Model (Amazon)
- Optional: Butterfly Garden Growing Kit (will need to start a couple of weeks before VBS)
- Rocket Balloons with pump
- String/Fishing Line
- Painter's Tape
- Straw
- Yellow Paper Plates, 8 or more
- Permanent Marker
- Craft Sticks—colors: yellow, blue, red, green, pink, grey, purple, orange.
- White Sheet
- Gold, translucent shimmery fabric cut to a long strip about 2 feet wide and 12 feet long.
- Silver Glitter
- Treasure chest full of jewels
- Fruit examples: apple, peach, orange, strawberry, etc.
- Toilet Paper—a couple of rolls per crew
- Rhythm Scarves—colorful

BIBLE STORY

- Bible
- Rain Stick

- A low stool or pillow for you to sit on to comfortably be at the same level with the Lil' Hikers.
- Story Bag—Closeable bag that will hide story objects for each day
- Story Bag Objects:
 - Crown
 - Happy Face/Sad Face drawn on 4-6" circle
 - Paper Scroll tied with string for a message
 - Squirt Bottle—empty
 - Bread (Days 2, 4)
 - Water Bottles, 3 (Days 2, 3, 4)
 - Sandals (Days 2, 4)
 - Drinking Cup
 - Flat Bread
 - Award Medal on a ribbon
 - Stones, 2 (Days 3, 4)
 - Safety Lighter
 - Cloud—made from felt or cotton
 - Angry Face drawn on 4-6" circle
 - Heart Shape cut from red paper
 - Blanket, small
 - Fan—portable
 - Toy Tractor with a plow
 - Party Hat
 - Party Blower
 - Light Coat
 - Toy Chariot and horses
- 5 sets of real and unreal items (Ex: Real flowers/plastic flowers, picture of a real bear or a
- Realistic plastic bear/unrealistic looking teddy bear, real fruit/plastic fruit, picture of a real house/toy castle. The more real/unrealistic the better.)
- A box or bag for various items to be hidden
- Black raven puppet (Amazon, Folkmanis)
- 2 identical jars with lids with 1 cup of whole wheat flour in each.
- 2 identical containers with lids with 2 tablespoons of oil in each.
- Another container with ½ cup of water
- Mixing bowl
- Rolling pin and mat to roll on.
- Paper towels and hand wipes
- Cardboard box—Small moving box size
- Dark colored cloth—same width and depth as box
- Breadbasket and cloth to cover.
- Elijah Bread: Whole Wheat Flour, Oil, Water (See recipe Day #2)
- Wooden blocks or rocks
- Glass bowls, 2
- Tea light candles, 2
- Safety lighter
- Pitcher of water (Days 3,5)

- 2-liter Soda Bottles, 2 with labels removed
- Long-handled spoon
- Red Food Coloring
- Tornado Tube (Amazon)
- Bouncy Ball, small enough to fit into the top of the soda bottle.
- Duct Tape
- Towel

BUTTERFLY CENTERS

CATERFILLAR CAMP

- Camping gear
- Magnifying glasses (Amazon)
- Plastic butterflies (Amazon, or butterfly tube from craft store)
- Kaleidoscopes (Amazon)
- Binoculars (Oriental Trading Co. or Amazon)
- Picture books of mountain animals and butterflies
- Basket
- Blanket
- Backpack of hiking gear
- Butterfly Cycle Model (Amazon)
- Emotions/Feelings books–Preschool level
- Rhythm Scarves–variety of colors in a basket

BUTTERFLY DISCOVERY CENTER

- Plastic Table Covering
- Plastic Bins–approximately 24" x 18" x 6" (about 28 qt.) 2-3 bins
- Garbage Can
- Painter's Tape
- Clear Tubes–3" x 8", 2 tubes per plastic bin (Days 1, 5)
- Clear Packing Tape
- Metal Ringed Chips–multicolored
- Magnetic Wands
- Small Basket to hold magnetic wands/tweezers.
- Chenille Stems–cut into 3" pieces
- Paper Clips
- Bowls, small (2 per bin)
- Water Bottles, small and empty but unused. (1/child)
- Craft Knife
- Socks–new, inexpensive (1/bottle)
- Rubber Bands (2/bottle)
- Water–saved from water bottles.
- Baby Soap–tear free
- Permanent Marker–for assistant to write names on bubble bottles.
- Blue Water Beads (2-3 Tbsp/bin)
- Cotton Balls
- Sunshine Squirters (Oriental Trading Co.)
- Small Strainers or plastic containers with small holes

- Water
- Paper towels
- Pompoms–variety sizes and colors: Yellow, Blue, Red, Green, Pink, Grey, Purple, Orange (Days 4, 5)
- Emoji Stickers–Happy, Sad, Angry, Calm, Silly, Worried, Tired, Brave
- Colored Dot Stickers–Yellow, Blue, Red, Green, Pink, Grey, Purple, Orange
- Plastic Carafes–35 ounces (Party City)
- Jumbo Tweezers (or mini tongs)
- Small Room fans–with ability to blow air up and are child safe
- Clear Packing Tape
- Container to hold pompoms.
- Power Strip

CHRYSLIS WONDERS TABLE

- Plastic Table Covering
- Paper Towels
- Hand Wipes
- Small Bowls (Days 1, 2, 3, 5)
- Baking Soda (Days 1, 3)
- Turmeric
- Water (Needed every day)
- Rubbing Alcohol
- Sponge Paint Brushes
- Cotton Swabs
- Watercolor Paper
- Hairdryer
- Flour
- Salt
- Vegetable or Canola Oil
- Cream of Tartar
- Kool Aid Packets–variety of colors
- Plastic Baggies, zip sealable
- Spoons, small mixing
- Mixing Bowl
- Mixing Spoon
- Measuring Cups, and Spoons
- Hot Water Kettle, electric
- Liquid Measuring Cup, ¼ cup
- Playdough Cutters, Rolling Pins–a variety of shapes and tools.
- Permanent Marker
- Spoons for stirring
- Mason Jars, Clear plastic pint sized. (Days 3, 4)
- Vinegar, white
- Instant Rice (Regular rice won't work)
- Liquid Food Coloring, blue and a variety of other colors
- Tablespoon Measuring Spoons
- ¼ Cup Scoop
- Cups, small for vinegar
- Eyedroppers–preschooler friendly (Amazon)

- Emoji Stickers–Happy, Sad, Angry, Calm, Silly, Worried, Tired, Brave (same as Butterfly Discovery)
- Colored Dot Stickers–Yellow, Blue, Red, Green, Pink, Grey, Purple, Orange
- Cardstock paper–white
- Oil
- Small plastic cups and stir sticks
- Effervescent Antacid Tablets
- Regular Sized Clothespins (1/child)
- Green Paint
- Pompoms–small and green
- Craft Glue
- Cotton Swabs
- Small Paper Cups
- Chenille Stems–light green
- Markers (Not permanent)
- White Coffee Filters
- Jelly Jars–4-ounce size

RAVEN'S ROOST GAMES

- Whistle
- 50-foot Ropes, 3
(Warm-up circle, starting and finishing lines)
- Pool Noodles–12 (Days 1, 5)
- Wooden Dowels or Tent Stakes–24
- Bright Yellow Ping Pong Balls (2/child)
- Bucket, 2 (Days 1, 5)
- Sports Cones–12, variety of colors (blue, red, orange, yellow, green, purple) (Days 2, 5)
- Circle Stickers–6 different colors to match cones. (1 of each color/child)
- Flowers–Tall faux flowers in 6 different colors to match stickers and cones. (Days 2, 5)
- Device with a speaker to play Mountain of Miracles theme song.
- 5-Gallon Bucket, 1/team of 2 crews–filled with water
- Plastic Pool, small
- Cups, plastic party cups, 2/team of two crews
- Pool Noodle, 1 jumbo size
- Nail
- Towels, 1 or 2–in case a child gets too wet.
- Paper Plates, 4–yellow 6-8"
- Red Cardstock
- Craft Sticks, 5
- Permanent Marker
- Glue
- Scissors
- Hula Hoops, 3
- Bean Bags–6
- Wooden Dowels or Tent Stakes–20

MANNA MUNCHIES SNACKS

SUPPLIES

- Plastic Table Coverings or Blankets/Beach Towels if eating outside
- Napkins
- Hand sanitizer
- Hand wipes
- Small water cups
- Serving trays (1/group)
- Small paper bowls
- Spoons for serving ingredients
- ¼ cup scoop for Chex cereal
- 9oz clear cups (Days 2, 3)
- Plastic spoons for eating
- Serving bowls with lids for fruit
- Small tongs (one per group)
- Cookie Sheets
- Wax or parchment paper (Days 3, 4)
- Knives–cutting and spreading
- Mixing Bowl
- Paper Plates

INGREDIENTS

- Raisins
- Greek yogurt cranberry bites
- Chocolate Chips
- Dried apricots–diced
- Chex cereal variety–rice, wheat
- Fish cracker pretzels
- 3-4 types of fruit (raspberries, grapes, blueberries, pineapple, kiwi, apples, oranges)
- Spray whipping cream (one per group)
- Annie's Organic Bunny Grahams (5/child)
- Sprinkles
- Applesauce pouches (no sugar added) in a variety of flavors: Apple, Strawberry, Mango, Banana
- Flour tortillas, 9-inch burrito size (3/recipe)
- Cream Cheese, softened (8oz/recipe)
- Apples, finely diced (1 apple/recipe)
- Dried Cranberries (1 cup/recipe)
- Plant-based Turkey slices (optional)
- Monterey Jack Cheese, thinly sliced (optional)
- Whole Wheat cracker, round or square (2/child)
- Red Grapes, washed and cut (4/cracker)
- Pretzel Sticks, halved (4 halves/cracker)
- Sliced Cheddar Cheese (2, 1-inch slices/cracker)

MT. CARMEL CRAFTS

- Plastic Table Covering or Kraft Paper to cover each table
- Plates, small
- Bowls, small
- Permanent Marker for writing names on crafts
- Wet Wipes
- Plastic Jars, with lids

- Chenille Stems
- Beads (15-20/child)
- Round paint brushes: Pompoms and clothespins (5/child) or round foam brushes.
- Tempera Paint, washable in a variety of colors
- LED Tea Lights
- Nail (Days 2, 3)
- Air Dry Clay
- Bags–sandwich size sealable (Days 2, 5)
- Variety of mosaic tiles, buttons, and craft gems
- Small rolling pins
- 3" Heart Shaped Cookie Cutters
- Compass to demonstrate
- White Cake Board Rounds–6-inch, 2/child
- Washable Markers (Days 3, 5)
- Stickers (Days 3, 5)
- Hammer
- String–28-inches for each spinner
- Craft Sticks–jumbo size in a variety of colors (10/child)
- Clothespins–small
- Glue Dots or craft glue (Tacky Glue)
- Foam brushes and small containers for glue will be needed if using craft glue.
- Foam Stickers–Camping themed and butterflies (Amazon)
- Magnet–adhesive roll
- Picture of each child or crew–printed to be 3" x 5"
- Pompoms–in variety of sizes and colors (20/child)
- Craft Tubes–approx. 1.5" x 4" white tubes, 1/child
- Washi Tape (Optional or stickers)
- 12" Balloon 1/child
- Duct Tape–variety of colors
- Hula Hoops, 3 or more

CLOSING

- Device to play music
- Rhythm Scarves–variety of colors (enough for at least 1/child)
- Bubble Machine and Bubble Solution
- Rhythm Instruments

DAY ONE

MESSAGE FOR THE DAY

Lil' Hikers will learn that God is always with them.

POWER POINT

"My God is Real..." (Index finger to lips then move it forward)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others)

BIBLE VERSE

"I am with you do not be afraid." Isaiah 41:10
I am—Point to the sky with both pointer fingers.
With you—Cross arms over your chest.
Do not be afraid—Move your pointer side to side.
Isaiah 41:10—Hold hands as if opening a book.

DAILY CHARACTER

Faith the Firefly

WELCOME

POWER POINT

"My God is Real..." (Index finger to lips then move it forward)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others)

DAILY CHARACTER

Faith the Firefly

SUPPLIES

- Bible
- Rain Stick (Amazon)
- Kaleidoscope (Amazon)
- Butterfly Puppet
- Butterflies—3D wall décor butterflies (1/child for each day of VBS) (Amazon)
- Basket to hold butterflies.
- Firefly Puppet (Folkmanis.com)
- Music Player and Mountain of Miracles Music

AHEAD OF TIME

- Give each crew leader a basket of butterflies, one for each Lil' Hiker in their group.
- Turn on Mountain of Miracles music to play while Lil' Hikers come in and find their places to sit.

DO: Have Mountain of Miracles music playing as the Lil' Hikers come in from the opening program at Jezreel's Wellspring. Warmly greet each Lil' Hiker by name and a butterfly fist bump. (Using hand with Bella the Butterfly,

gently fist bump, then pull back and wiggle fingers like a fluttering butterfly.) Invite them to find the colored circle on the floor that matches their crew color. Once Lil' Hikers are all seated turn off the music.

SAY: Hello Lil' Hikers! Welcome to Butterfly Basecamp! I am so excited to see you! And you! And you! (Point to each crew, and say, "And you!" to each crew.) My name is _____ and I will be leading you here at Butterfly Basecamp on Mount Hermon.

Butterfly Basecamp is where hikers pause to breathe fresh mountain air. (deep breath in and out) Mmm... Take a deep breath...and let it out. Can you smell how clean and clear the air is here in the mountains? Breathe in again...and out. (Another deep breath) I just love the smell of trees and flowers in the mountains! Hikers stop here at our basecamp to rest up before finishing their climb to the highest mountain top. Here at Butterfly Basecamp, you will hear some amazing stories from this incredible book, the Bible. (Hold up Bible) The Bible is filled with amazing stories of the one real God—the One who loves you. We can know it is true!

You will also research and learn about the wonderful world God created, play games together, and make beautiful works of art. There will, of course, be a snack to give you energy to keep on climbing higher and higher up the mountain.

Hey! Do you know everyone in your crew yet? What is your crew leader's name? Turn your bodies toward your crew leader to make a circle and let's get to know each other.

DO: Crew leader's will introduce themselves and then each Lil' Hiker can say their name.

SAY: Did you meet everyone in your crew? Now hide your name tag. Crew leaders let's see how many names you can remember. (Pause for crew leaders to say names.) Did they remember all of your names? Let's make it even harder for them. Crew leaders, close your eyes. Lil' Hikers quickly and quietly switch places in your circle. Remember don't let your crew leader see your name tag! (Pause while they move to a new spot in their circle.) Okay, is everyone set? Crew leaders, open your eyes. Let's see if you can still remember all your Lil' Hikers! (Pause while crew leaders remember each name.)

That was great! I can't wait to get to know each one of you this week!

Did you see all the butterflies we have here! (Hold butterfly puppet) Butterfly Basecamp here on Mount Hermon is known throughout the world as *the* place to watch butterflies, like our friend here, Bella the Butterfly. Her name means beautiful—and she sure is! Look at her delicate wings that shimmer with color (name butterfly wing colors). There are over 100 different types of butterflies that live here. Oh! It is such an amazing sight to see billions of butterflies flying through the meadows. Let's pretend our hands are butterflies and flutter and fly them above your head! (Cross thumbs and spread out your fingers to look like wings.) Flutter and fly little butterflies! Butterflies love the warm air and fluttering from one colorful flower to the next pretty flower. Flutter and fly little butterflies! (Flutter and fly Bella the Butterfly among the Lil' Hikers.)

WOW! You look like a kaleidoscope of butterflies! A kaleidoscope is what we call a group of butterflies. Have you ever looked inside a kaleidoscope? (Hold up kaleidoscope and look into it.) Such pretty colors and patterns I can see. Just like a meadow full of butterflies! You can look through this one later at our Caterpillar Campsite.

(Turn the rain stick back and forth a couple of times.) Isn't that a wonderful sound! (Turn back and forth again.) Just like the rain falling on the rocks here in the mountains. Rain is very important here at Butterfly Basecamp. Without rain there would be no pretty flowers, or streams of water, or gardens growing yummy food.

Sadly though, Butterfly wings don't fly well if they get wet. If it starts to rain, the butterflies hurry and settle under leaves or find other safe places where they can keep dry. When I shake my rain stick, can you pretend to be a butterfly hiding under a leaf. Curl up really small and hold your hands over your head so you stay dry. (Shake rain stick while Lil' Hikers hide. Shake for 5 seconds.) Whew! It stopped raining! I am so glad the butterflies always come back out after the rain stops.

Some butterflies have tiny little ears on their wings. Where are your ears? (Pause and point to ears) Butterflies always pay careful attention to hear, see, and feel when the rain begins. Here at Butterfly Basecamp, it is important to listen. You will need to listen for the sound of my rain stick. Can you do that? (Pause) YES! Give your neighbors a high five and say, "Rock Solid!" When it is time to have listening ears and quiet mouths I will play my rain stick and say, "Rain, rain, falling down, listening ears and quiet mouths." (Turn rain stick back and forth.) "Rain, rain falling down, listening ears and quiet mouths." Good Job! You are ready to listen! Stand up with me and we will practice good listening like the butterflies. When I say, "Flutter!" use your arms like the wings of a butterfly to flutter about until you hear my rain stick, then hurry

and sit down to hide from the rain. Be listening carefully so you don't get rained on!

DO: Say, "Flutter!" and have Lil' Hikers flutter about for 20 seconds. Count down from 5 then turn the rain stick back and forth and say, "Rain, rain, falling down, listening ears and quiet mouths." Praise them for good listening. Repeat and encourage them to try and respond even quicker.

SAY: That was awesome listening! With such great listeners we are going to have a fun week together! In just a little bit we are going to make our own butterfly garden where butterflies can flutter. There is so much we will discover this week about these incredible little creatures that God made for us!

We have some other important mountain skills you are going to want to know how to do. Ones you will definitely need here in the mountains. Our first skill is for climbing the great big rocks. It's called Rock Scaling. Stand up again with me. (Stand) Make sure everyone has enough room. Look carefully where you are standing—that is your very own special spot.

DO: Demonstrate the following—Reach forward and across your body with one hand. (Show your left hand, they will mirror your movements with their right hand.) Just like you're reaching to climb up a big rock. While reaching with one hand step up with your other leg (opposite arm and leg), pull back and switch arm and leg.

SAY: Let's go! (Begin rock scaling motions) You've got this! Keep climbing! Way to go! (After 15 seconds turn rain stick back and forth and say, "Rain, rain, falling down, listening ears and quiet mouths."—all should get still and quiet.) Whew! Did you make it to the top of the rock! That was great! And You were ready to listen so quickly! Excellent rock scaling!

Let's use your imaginations again. From high up here on the rock we just climbed can you see in your thinking place (point to your temple) the rocky field all around us. (Hand above eyes as if looking into distance and wave hand around in a wide circle.) This is going to take some big steps, so you don't stumble over all these rocks on our path. You are going to need to use your hands to help too. Every time you step up use the other hand and touch your knee. (Demonstrate marching with opposite hand reaching across to knee "Cross Crawls") You've got this! Let's go!

(After about 15 seconds turn rain stick back and forth and say, "Rain, rain, falling down, listening ears and quiet mouths."— all should get still and quiet.) WHOA! That

was awesome! We made it through the rocky field! Such great listening too!

Amazing! You are definitely ready for hiking here in the mountains Lil' Hikers! And what excellent listening skills you have too! So important out here in the mountains!

With such great listening and hiking skills, I can see that you are ready to help take our butterflies to the butterfly garden wall. Your crew leaders have a butterfly for each of you. When you get your butterfly, flutter it over here to the sticky wall and gently help your butterfly find a place right here by the flowers. (Demonstrate flying a butterfly over to the sticky wall and gently making it stick in place.) Once your butterfly has their place please hurry back to your special spot on your color circle with your crew leader.

DO: Give a couple of minutes for crew leaders to give out butterflies and for Lil' Hikers to put them on the sticky wall. Stand near the sticky wall to help when needed and to encourage Lil' Hikers to return to their seats when finished. Turn rain stick back and forth and say, "Rain, rain, falling down, listening ears and quiet mouths." when everyone has put their butterfly on the wall.

SAY: WOW! Look how pretty all the butterflies are! Tomorrow when you come to Butterfly Basecamp you will be given another beautiful butterfly to add to our butterfly garden wall. I can't wait to see the butterfly garden full of butterflies! God sure made lots of cool colors and patterns! (Point to butterfly garden)

When I see all the amazing things God made here in the mountains, I remember that He is ALWAYS with me! He is always with you too! Hey! That reminds me of our other friend, Faith the Firefly. Have you seen her around? (Look all around) Can you see her from where you are sitting? (Keep looking high and low around décor.) Where? Point to where she is, please. OH! There she is! I should have known she would be hiding there. SHHH...I think she is sleeping. She is usually only awake at nighttime. Do you know what she does at night? (Pause) That's right, she glows! (Make firefly glow) Just like a flashlight in the dark. Faith can help us remember that God is always with us. That He is the one real GOD!

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: WOW! That is so cool! ROCK SOLID! Fist bumps all around in your crews. (Give some Lil' Hikers fist bumps as well.) I am so glad you are each here at Butterfly Basecamp. It is time for our Bible storyteller to come and tell

you a story. Remember to listen carefully. You are going to hear a story about something God did that seems impossible, but we know it really happened because the Bible is true and real—just like God!

BIBLE STORY: GOD'S MESSENGERS

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

BIBLE VERSE

"I am with you do not be afraid." Isaiah 41:10

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer side to side.

Isaiah 41:10—Hold hands as if opening a book.

DAILY CHARACTER

Faith the Firefly

SUPPLIES

- 5 sets of real and unreal items (see "Ahead of Time" instructions.)
- A box with a lid where real/fake items can be hidden.
- Black raven puppet (Amazon, Folkmanis)
- Bible
- A low stool or pillow for you to sit on to comfortably be at the same level with the Lil' Hikers.
- Story Bag Objects: Crown, happy/sad face drawn on cardstock, a message written on paper and rolled up like a scroll tied with string, squirt bottle (empty), bread

AHEAD OF TIME

- Gather items that are real and fake, 5 pairs. Place items in a box with a lid where they can't be seen. Examples: Real flowers and plastic flowers, picture of a real bear or a realistic plastic bear and unrealistic looking teddy bear. Real fruit and plastic fruit. Picture of a real house, and a toy castle. The more real and unrealistic the better.
- Raven puppet should be partially hidden within the décor where the Lil' Hikers can still see it from where they will be sitting.
- Place story objects in a bag and put with raven puppet.
- Practice story with the story bag objects and the Bible verse with motions until able to do it without reading it.

Tips: For larger preschool groups you may want to have multiple sets of the same type of items available to be compared at the same time with their crew leaders.

STORY

SAY: Hi! My name is _____. (Pause) Did you hear that? (*Turn and look behind you and make a caw, caw sound like a raven*) There it was again. It sounds like a bird...a really, loud bird. Do you see it? (*Pause for kids to point to where the raven puppet is.*) Where? Oh! (*Point*) It's a raven! Thank you for helping me find it. Did you know, God made ravens very smart? This one must have known he has a special part in our story today. Look what Raven was keeping for us—my story bag! (*Bring story bag and raven to sit beside you while telling the story.*)

This week you will be getting to know one of my favorite Bible friends, Elijah. We can read about him in the first book of Kings in the Bible. (Hold out Bible opened to the story.) The Bible is filled with amazing stories of the one real God—the One who loves you. We can know it is true!

The Bible tells us Elijah was a special kind of friend to God called a prophet. God would speak to Elijah and give him messages to share with God's people of Israel. Sometimes God would even give Elijah messages for people who were NOT God's friends! Oh no! (Clap hands to face in an expression of surprise.)

(Hold story bag.) I wonder what is in our story bag today... (Open story bag and rummage around a bit then bring out the crown.) Ah! What is this? (Pause) That's right, a crown! God gave Elijah a very important message for King Ahab and Queen Jezebel. The King and Queen didn't want to be friends with God. They didn't want the people to believe God was real. Oh no! (Instruct Lil' Hikers to clap their hands to their face with you in an expression of surprise.)

The King and Queen even told terrible lies to the people about God. They wanted the people to worship different gods, like one called Baal. Baal was a fake god! He couldn't hear the people. He didn't love them. He couldn't help them. It was all a great big lie! Oh no! (Clap hands to face in an expression of surprise.)

The people listened to King Ahab and Queen Jezebel. Soon they forgot about the real God. The one who created the world and everything in it—the water, plants, trees, sky, sun, moon, stars, animals and YOU! (Point to Lil' Hikers) The people stopped singing songs to the God who loved them. They didn't pray anymore to the true God who could hear them and wanted to help them. The people prayed to the fake god, Baal. Oh no! (Clap their hands to face with you in an expression of surprise.)

Do you think the fake god Baal would hear their prayers? NO! They were just made of wood or metal. They didn't have real ears to hear or eyes to see the people. Sometimes it can be hard to know what is real and what is fake. I wonder if you know the difference...

REAL/FAKE OBJECT LESSON

DO: Bring out box of real/fake items. Pull out each set of real and fake items one at a time. Ask which one is real and which one is fake. Once the Lil' Hikers have decided if something is fake or real put the real items to one side and the fake items to the other side of where you are sitting. Repeat for all 5 sets of real and fake items.

SAY: You do know what is real...that's Rock Solid! Could the fake god Baal hear the people praying? (Pause) NO! Could the fake gods love them? (Pause) NO! But we can know that GOD does hear us. We can believe that He loves us very much! I am so glad our God is real, aren't you?!

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY/DO: (Pick up story bag.) I wonder what else is in our story bag. (Peek inside and pull out happy/sad face and show Lil' Hikers.) Can you make a happy face with me? (Show smile face and smile big) How about a sad face? (Show sad face and make exaggerated frown) Knowing God is real makes me happy. (Show happy face and smile big)

The people forgot how much the real God loved them. They did not do what the real God asked them to do. They were not kind or helpful. Oh no! (Clap their hands to face with you in an expression of surprise.) This made God's friend Elijah sad. (Show sad face, frown) God was sad too. He wanted His people to be loving and kind. He wanted them to remember He loved them very much.

King Ahab and Queen Jezebel had tricked the people. This made the king and queen very happy. (Happy face, smile) Oh no! (Clap their hands to face with you in an expression of surprise.) This was not good. (Sad face, frown)

What would Elijah do? What would God do? (Pick up story bag) Hmmm? Let's see what else is in our story bag. (Peek inside and pull-out message scroll and open it.) It's a message! God had a special message for Elijah to give to King Ahab. God knew His friend, the prophet Elijah, could help. He would remind the people of the one real God. This was going to be a really big job for Elijah! The king was not going to like this message from

God. But Elijah wouldn't be alone, God would be with him! Say with me, "Yay! God!" (Repeat with Lil' Hikers)

Elijah hurried to do as God asked. He bravely walked up to the castle and asked to see the king. (Pick up story bag) Hmm... Let's see what the message was for King Ahab. (Rummage in bag to find empty squirt bottle) A squirt bottle? With a squirt bottle I can spray water over you like it is raining. Raise your hand if you want me to spray you. (Squirt towards those that raise their hand) Huh, (shake bottle) nothing comes out. Did you feel any rain? (Look for water in the squirt bottle, tipping it upside down, squirt towards your hand, etc.) It's empty! Oh! I know what God's message was! Elijah told King Ahab that because they had tricked the people there would be no more rain!

No rain!! Oh no! With no rain the rivers would go away. The ground would get dry and hard, and food would not grow. What would the people do if there was no more food and water? Oh no! (Clap their hands to face with you in an expression of surprise.)

Do you think Elijah's message made King Ahab happy? NO! Ahab was very angry at Elijah!

God told Elijah to run quick and hide from King Ahab! Elijah ran! (Move your arms like you are running.) He ran and ran! He ran so fast all the way to a little stream of water called the Brook Cherith. Elijah would hide here far away from King Ahab. God promised to take care of Elijah and He did! Say with me, "Yay! God!" (Repeat with Lil' Hikers)

Elijah had cool water to drink from the little stream but where would he get food? Elijah wasn't worried...God would take care of him!

(Pick up story bag) There is one more thing in our story bag. Let's see if it will tell us how God would take care of Elijah. (Peer in story bag and find bread) It's bread. Hmm...How would God get Elijah bread? (Tap forehead) OH! I know! God would use ravens, just like our raven friend here at Butterfly Basecamp. (Pick up raven puppet) Ravens would carry food to Elijah. (Put bread in the raven's mouth and fly) Isn't that amazing! God wasn't like the fake god, Baal, He was real! He could even do impossible things—a miracle! Say with me, "Yay! God!" (Repeat with Lil' Hikers)

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

God sent the ravens with food two times (hold up two fingers) every day, in the morning and at night. God was with His friend Elijah. He was a real God then and still is today! Let's do our special Bible verse together and then we will pray to the very real God in Heaven.

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer side to side.

Isaiah 41:10—Hold hands as if opening a book.

PRAY

Dear God,

Thank you for being a real God that loves us. Thank you for taking care of your friend Elijah! We want to be your friend too!

We love you!

Amen

SAY: I am so excited to share more Bible stories with you this week. Thank you for being good listeners. It is time for us to discover something amazing at the Butterfly Centers.

Instruct groups to follow their leaders to the next station.

BUTTERFLY CENTERS: [3 AREAS]

STATION SUPPLIES

CATERPILLAR CAMP

- Camping gear
- Magnifying glasses (Amazon)
- Plastic butterflies (Amazon, or butterfly tube from craft store)
- Kaleidoscopes (Amazon)
- Binoculars (Oriental Trading Co. or Amazon)
- Picture books of mountain animals and butterflies in a basket
- Blanket spread out on the floor by tent.
- Small Logs to make a pretend fire.
- Real/Fake items from Bible story activity
- Backpack of hiking gear

BUTTERFLY DISCOVERY STATION:

AMAZING MAGNETISM SENSORY BIN

- Plastic Table Covering
- Plastic Bins—approximately 24" x 18" x 6" (about 28qt)
- Clear Tubes—3" x 8", 2 tubes per plastic bin
- Clear Packing Tape
- Metal Ringed Chips—multicolored
- Magnetic Wands
- Small Basket to hold magnetic wands.
- Chenille Stems—cut into 3" pieces

- Paper Clips

CHRYsalis WONDERS TABLE:

INVISIBLE INK MESSAGES

- Plastic Table Covering
- Small Bowls
- Baking Soda
- Turmeric
- Water
- Rubbing Alcohol
- Sponge Paint Brushes
- Cotton Swabs
- Watercolor Paper
- Hand held fan
- Prepare Ahead of Time:

CATERPILLAR CAMP

- Add real/fake items used during the Bible Story. Arrange for someone to bring these items during the transition time between these two stations.

BUTTERFLY DISCOVERY STATION

- Secure plastic tubes to the bottom of the plastic bins using clear packing tape. Cut up chenille stems into 3-inch pieces. Place metal ringed colored discs, chenille stems, and paper clips into plastic bins. Have a small basket to contain magnetic wands.
- Magnetism Sensory Box Instructions: Lil' Hikers can explore magnetism—a real thing that can't be seen but we can see what it does. The metal objects can be dropped into the clear plastic tubes and then using the magnetic wand Lil' Hikers can make the items rise and fall inside the tube.

CHRYsalis WONDERS TABLE

- Cover the table with a plastic table covering.
- Prepare invisible ink solution: Mix together ½ cup of water with 1 tsp of baking soda in a small bowl to make the invisible ink. You will need one for every two stations.
- In an 8oz container with a lid prepare revealing solution: Mix together ½ cup of rubbing alcohol and 1 tsp of turmeric. Store in a closed container to prevent evaporation and spilling until ready.
- Set up several workstations with watercolor paper, cotton swabs and invisible ink solution.
- Have a blow-drying station set up for children to bring their messages to for quicker drying.

INVISIBLE INK INSTRUCTIONS:

1. Lil' Hikers use a cotton swab to draw a "message" (patterns, letters...) on the watercolor paper with invisible ink solution.

2. Assist Lil' Hikers to blow on or use a fan to speed up the drying process for their invisible message. Children may go to another activity and return to reveal their messages later if needed.
3. After invisible ink has dried, have the Lil' Hikers dip the sponge paint brush into the turmeric and rubbing alcohol solution and paint all over the watercolor paper.
*Closely supervise to prevent spilling of revealing solution.
4. The "message" will begin to show immediately and will darken as it dries to a deep purple writing and yellow background.
5. Set aside to dry.

*Alternative: Can use grape juice to reveal the invisible ink but the effect will not be as vivid.

DO: IMPORTANT TIP* Greet Lil' Hikers before they come into the Butterfly Centers area and go over instructions for the day.

Meet the Lil' Hikers at the entrance to the Butterfly Centers to invite them to explore and learn with you. Explain the boundaries of the station and what they will be able to do at each center. Let them know they are welcome to visit each of the areas during their time at the Butterfly Centers

SAY: Hello Lil' Hikers! I am so glad you are here to make new and wonderful discoveries. Here at the Butterfly Centers, you will find three amazing areas where you can learn that God is Real.

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

That was totally awesome!

SAY: Over in the Caterpillar Camp you will be able to pretend you are a Lepidopterist. A what?! A leh...puh...daap...tr...uhst. Say that with me?

leh...puh...daap...tr... uhst!

That is someone who studies and learns all about butterflies. This week you will be learning about the butterflies that live in the mountains above Jezreel Valley. In the Caterpillar Camp you can use a magnifying lens to closely look at butterflies and you can pretend to prepare for your next expedition up the mountain.

Here at the Butterfly Discovery Station, you will see the wonders of magnetism—a real thing, made by a real God, to move things in a really cool way!

Over here at the Chrysalis Wonders Table you will discover that even when you can't see something, like invisible ink, doesn't mean it isn't there. We can't see God right now, but we know He is always with us. God is real!

When I call your butterfly crew name you can come in and go to any area you choose. Do: Invite the Lil' Hikers to choose the station they want to go to. Encourage crew leaders to spread out to engage with the Lil' Hikers in each area. They can do this by asking "I wonder" questions and asking Lil' Hikers to share what they are discovering.

DO: After 15 minutes give a 5-minute warning for the Butterfly Centers closing.

Instruct groups to follow their leaders to the next station.

GAME: FAITH'S OBSTACLE COURSE

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Faith the Firefly

SUPPLIES

- Whistle
- Pool Noodles—12
- Wooden Dowels or Tent Stakes—24
- Bright Yellow Ping Pong Balls (2/child)
- Bucket, 2
- 50-foot Ropes, 2

AHEAD OF TIME

- Lay 50-foot rope in a circle to establish an area for the warm-up activity and for the wrap-up debrief at the end.
- Lay the second 50-foot rope in a line to create a starting line for the main game.
- Place a bucket of bright yellow ping pong balls at the starting line.
- Create an over/under course using pool noodles:
 - The beginning should be about 5-feet from the starting line rope.
 - Create "over" obstacle by pushing dowels/tent stakes into the ground 3 feet apart. Bend the pool noodle and put each end over the dowel/tent stake.
 - Create "under" obstacle by pushing dowels/tent stakes into the ground 2 feet apart. Bend the pool noodle and put each end over the dowel/tent stake.

- There should be about 3 feet between each over/under obstacle.
- They can be arranged in any order—for example: over, over, under, under or every other one.
- Place an empty bucket about 5 feet from the last over/under obstacle.

TIPS: If your group is larger than 15 kids (3 crews) you will want to create two courses and divide them into two teams. The distance between the dowels/tent stakes are approximate as pool noodle lengths can vary. Adjust as necessary to be sure preschool age children can easily step over and crawl under the pool noodles.

WELCOME

SAY: Hello Lil' Hikers! Welcome to Raven's Roost Games! I am so excited about the games we will play together here at Mountain of Miracles. Come stand here with me around our opening circle. (*Move to rope circle*) Find a spot right along the inside of the rope to make a circle. (*Pause for them to find their place.*) Nicely done!

WARM-UP ACTIVITY

That was such fantastic listening! Thank you for making a circle at the rope. I think you are ready for some more amazing listening skills! Listen carefully as I tell you about what you will be doing:

1. I will count to 3, and then you will turn to your right (*raise your left hand because you are facing them as a mirror, and say, "the hand on this side of your body."*). Are you ready, 1...2...3...turn! You should now be looking at the back of your neighbor. If not that's okay, just turn around super-fast. Great job!
2. Okay, now the next part of our warm-up will need even better listening ears. When I blow my whistle one time (*one whistle blow*) you will start walking around the circle. If I blow my whistle two times (*two blows*), you will stop. If I blow my whistle three times (*three blows*), that means turn around—but don't start walking. (*Repeat and practice a couple of times with the Lil' Hikers: 1 whistle—walk, 2 whistles—stop, 3 whistles—turn around.*) That was great listening! You are ready!
3. Blow whistle 1, 2, or 3 times repeating until they are approximately back where they started. (*About 2-3 minutes*)

SAY: That was amazing! With such great listeners I just know we are going to have a blast together here at Raven's Roost Games!

Today you met our friend Faith the Firefly. Faith learned that no matter what challenges she faced, God was with her. Sometimes she might have to fly over an obstacle or under one, but God was always there. He is real. Just like our Power Point!

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: That was great! Isn't that amazing that God can help us, just like He helped Faith. He is with us always!

For our game you will each take a little firefly (*show yellow ping pong ball*) through the obstacle course. Some obstacles will be down low, and you will need to fly your firefly over them. Some will be high, and you will need to fly low and crawl under them. (*Have an assistant demonstrate while going over the instructions once they are at the starting line.*)

GAME INSTRUCTIONS

1. Have Lil' Hikers line up at the starting line next to the bucket.
2. Lil' Hikers, when it is your turn, you will take one yellow ping pong ball. This is your firefly.
3. Hold onto your firefly as you go through over and under the challenges, by crawling under the taller ones and jumping over the shorter pool noodles.
4. When you get your firefly to the other end "fly it into the bucket sitting at the finish point.
5. Hurry and race back (point to return area that is clear of obstacles) to the starting line. If we have time you will get to help more fireflies.
6. The goal is to get all of the fireflies in your bucket to the finish line.

WRAP UP

(Use a whistle to call children to line up around the rope circle 3-4 minutes before the end of the rotation time.)

Say: WOW! Your fireflies had some pretty tough obstacles today! Did you think it was easier to go over or under the obstacles? If you think it was easier going over the obstacles, raise your hand. Hold them up until I give each of you a high-five. (*Give raised hands a high five.*) If you think it was easier going under the obstacles, raise your fist. Hold it out until I come and give each of you a fist bump. (*Give fist bumps.*)

You know... (Tap forehead) I think it is so cool that some of you thought over was easier and some of you thought under was easier. Isn't it awesome that God made each of us different! He loves each one of you! Our God is real! Let's say our Power Point one more time.

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: Thank you for coming today! I am already thinking about how much fun we will have tomorrow! It's time for you to go and have a refreshing drink of water and a snack. Follow your crew leaders to the Manna Munchies snack area. See you again soon!

SNACK: MOUNTAIN TRAIL MIX

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Faith the Firefly

SUPPLIES

- Small paper bowls
- Spoons for serving ingredients
- ¼ cup scoop for Chex cereal
- Small water cups
- Serving trays (1/group)
- Napkins
- Hand sanitizer
- Hand wipes
- Ingredients:
 - Raisins
 - Greek yogurt cranberry bites
 - Chocolate Chips
 - Dried apricots—diced
 - Chex cereal variety—rice, wheat
 - Fish cracker pretzels

TIPS: Check with your registration leader for allergies. Check ingredients before serving children with allergies. To be on the safe side always avoid nuts, both for allergies and choking hazard with this age group. Have vegan and gluten free options available and set aside as needed. Rice Chex is gluten free, but Wheat Chex is not. Be creative with your trail mix!

AHEAD OF TIME

- Fill small paper cups with water for the children to drink as you describe the snack for the day.
- Pour 2 cups of each kind of Chex cereal (total of 4 cups of cereal) into a large serving bowl for each table. Add a ¼ cup scoop for serving.
- In small bowls pour remaining ingredients for each table to have a bowl of each. Add spoons for serving each item. Place all ingredients and serving utensils on serving trays to be set on the picnic blanket or table when snack is served.

- Ahead of time prepare a sample of snack mix to show children.
- Set each group's area with hand sanitizer, hand wipes and napkins. At each place set a small bowl for their snack, and a cup of water.

WELCOME

SAY: Welcome Lil' Hikers to Manna Munchies! Have you been out climbing mountains today? It takes a lot of energy to climb a mountain! I bet you are all hungry for a snack. Our snack today is a favorite of mountain hikers...Mountain Trail Mix! You will want to be sure to drink plenty of water on your adventure today. Go ahead and have a nice cool drink of water. You might have gotten a little dirty in the mountains today so clean your hands with the wipes and hand sanitizer.

All of our trail mix ingredients today are real—really crunchy, really sweet, and of course really yummy! You know that makes me think of our power point today. What else do we know is real...GOD!

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Wow! That's amazing! Truly amazing! Because I know God is real then His promise to always be with me is real. That is rock solid! Say with me, "Yea! God!"

Let's pray to the one real God and thank Him for our really yummy snack.

PRAY

Dear God, thank you, for all the yummy food you have made for me. We love you! Amen.

SAY: Each group will be given a tray full of really crunchy, sweet, and yummy Mountain Trail Mix ingredients. Can you show me one finger (*hold up one finger*). Awesome! One is a great number for our snack today! You can each have one (*hold up one finger*) scoop of cereal and one (*hold up one finger*) spoonful of each ingredient.

It's a good thing you all washed your hands because once you have your Mountain Trail Mix ingredients you will use your hands to mix it up and then you get to eat it—with your fingers!

SNACK INSTRUCTIONS

- Deliver trays of prepared trail mix ingredients to each group.
- Instruct Lil' Hikers to take one scoop of cereal and one spoonful of each ingredient they want and put it into their bowl.
- Mix it all up and enjoy!

WRAP UP

SAY: Lil' Hikers it's time to help clean up! Be sure to throw away your trash here (show trash can), and then wipe your hands and area clean. (Have crew leaders give each child a wipe.) Thank you for helping to clean up! Let's say our Power Point one more time before you go.

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Wow! God really loves you and He loves hearing you say that! You are each AMAZING! I will see you tomorrow, Lil' Hikers! (*Wave goodbye*)

Instruct groups to follow their leaders to the next station.

CRAFT: PAINTED FIREFLY LANTERNS

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Faith the Firefly

SUPPLIES

- Plastic Jars, with lids
- Chenille Stems
- Beads (15-20/child)
- Round paint brushes: Pompoms and clothespins (5/child) or round foam brushes.
- Tempera Paint, washable in a variety of colors
- Plates, small (1/child)
- Bowls, small
- LED Tea Lights
- Nail
- Marker for writing names on crafts.

AHEAD OF TIME

- Using the nail poke a hole on opposite sides of the upper part of each jar.
- Make paint brushes: Use clothespins and pinch a pompom in each. Or you can also purchase round foam paint brushes. (Amazon)
- Squeeze out a small amount of 5 colors of washable paint onto a paper plate/child. Prepare plates with paint ahead of time but don't put them on the craft tables until it is time to paint the lanterns.

- Pour out beads into several bowls and place onto craft tables where Lil' Hikers can reach them.
- Thread one end of the chenille stem into nail hole on jar and bend to secure inside.
- At each craft space place 5 clothespin-pompom paint brushes, a plastic jar, a tea light, and a chenille stem.
- Make an example lantern. See directions below.
- Place hand wipes within easy access to clean up paint that Lil' Hikers will likely get on themselves.

TIPS: It will be easier if the beads are put on the handle and the handle is secured before painting the lanterns. Encourage Lil' Hikers to dab paint on to make circles on their lanterns rather than spreading it around. Put small amounts of paint on each plate to help keep Lil' Hikers from overpainting their lanterns. It can be helpful to use the same color of pompoms as the paint to help Lil' Hikers keep paint colors from overmixing.

FIREFLY LANTERN DIRECTIONS

1. Use a nail to poke a hole on opposite sides of the plastic jar.
2. Thread one end of a chenille stem through one hole. Bend the chenille stem inside the jar to hold the handle in place.
3. Thread 15-20 beads through the free end of the chenille stem.
4. Secure the end of the chenille stem through the second hole of the plastic jar by bending it inside the jar.
5. Use either a round sponge paint brush or make round paintbrushes using pompoms partially pinched onto a clothespin.
6. Dip round paintbrush into washable tempera paint and dab onto plastic jar to make colorful circles. Repeat with 3-4 different colors.
7. Turn on LED tea lights and set onto the bottom of the plastic jar.

WELCOME

SAY: Hello Lil' Hikers! My name is _____. I am so glad you are here at Mt. Carmel Crafts! I am excited to get to know each one of you this week at Mountain of Miracles!

Today you are going to make a one-of-a-kind Firefly Lantern. Do you remember how God made Faith the Firefly in such a special way? *(Pause)* That's right she glows! God helps us to know and believe that He is real just like Faith does. We can know that even when things might seem dark and scary God is with us—we can glow like Faith and show others the way in the dark when we believe God is real.

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Wow! That was awesome!

Today you are going to make a lantern that can glow in the dark just like Faith the Firefly. (Show example) I can't wait to see how beautiful you make your lanterns using beads and paint! They will definitely be one-of-a-kind creations! I am going to give you directions, so be sure your listening ears are ready. Your crew leaders and the Mt. Carmel Crafts assistants (*introduce craft station staff*) are here to help you. While you are working on your lanterns your crew leader or one of our amazing craft assistants will come and help you put your name on the bottom.

INSTRUCTIONS

1. Decorate the handle of your lantern using the beads on your table. Each bead has a little hole in the middle that will fit right over the end of the handle on your lantern. Thread lots of beads until it is almost completely covered to the other end. (*Demonstrate putting several beads on an unfinished lantern.*)
2. After you have all the beads on your handle raise your hand to let our helpers know you are ready for help. They will help you push it through the other side of the jar to make a handle. Helpers you will need to bend the handle inside the jar so it stays in place. .
3. Now it is time to decorate your lantern and make it glow with pretty colors.
4. You will be painting circles on your lantern, just like I did with this one. (*Show finished lantern.*) It glows so pretty with just a little bit of paint. Put just a little paint on the end of your paint brush and then dab it gently on the side of your lantern. Make lots of circles with different colors but don't paint too much or the light will have a harder time to shine through.
5. When your lantern is all decorated it will be time to put the little light inside and watch it glow. Turn the light on and put it inside your lantern.

Give a 5-minute warning to finish up crafts and another warning at 2-3 minutes left to allow for clean-up time.

6. Your lanterns are so bright and colorful! Bring them here to our drying station to finish drying until your day here at Mountain of Miracles is done. Be sure you remember to come and pick it up before you head home today!

WRAP UP

Thank you for coming to Mt. Carmel Craft today! You made such beautiful glowing lanterns. Just like Faith the Firefly, you can know God is real.

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

You have got this! That's awesome!

GOODBYE

Have a great rest of your day here at Mountain of Miracles! I can't wait to see you next time! Good-bye Lil' Hikers!

Instruct groups to follow their leaders to the next station.

CLOSING

MESSAGE OF THE DAY

Lil' Hikers will learn that God is always with them.

POWER POINT

"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Faith the Firefly

SUPPLIES

- Device to play music.
- Rhythm Scarves—variety of colors (at least 1/child)

AHEAD OF TIME

Invite parents to participate with their Lil' Hiker in the Butterfly Basecamp closing activities and join them at Jezreel's Wellspring Closing.

DO

1. Invite Lil' Hikers to sit with their parent/caregiver with their crews on the color circles.
2. Say Power Point
"My God is Real..." (Place pointer finger against lips and move it forward.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

3. Ask Lil' Hikers to share together in their crews, 2 things: Something real and something fake and their favorite activity of the day. Give 3 minutes then shake rain stick and say, "Rain, rain, falling down, listening ears and quiet mouths."
4. Practice Climbing Skills from Welcome
 - Rock Scaling—Reach forward and across your body with this hand. (Show your left hand, they will mirror your movements with the right.) Just like you're reaching to climb up a big rock. While reaching with this hand step up with your other leg (opposite arm and leg), pull back and switch arm and leg.
 - Crossing a Rocky Field—Every time you step up use the other hand and touch your knee. (Demonstrate marching with opposite hand reaching across to knee "Cross Crawls")
5. Music Activities
 - Flutter like butterflies with rhythm scarves.
"Flutter, Flutter, Butterfly (Janet Sage, Little Sabbath Songs for Cradle Roll, #21)
Flutter, flutter, flutter by
Butterfly, Butterfly
Jesus makes you flutter by,
Pretty butterfly!
 - Demonstrate motions first to review with the Lil' Hikers and then sing 2 times with the motions.
"Solid Rock" (Mountain of Miracles theme song)
6. Say Memory Verse Together
 - I am—Point to the sky with both pointer fingers.
 - With you—Cross arms over your chest.
 - Do not be afraid—Move your pointer side to side.
 - Isaiah 41:10—*Hold hands as if opening a book.*
7. Thank Lil' Hikers for coming to Butterfly Basecamp Today. Give them a brief idea about the fun for tomorrow.
8. Ask for prayer requests. Lead in a simple prayer acknowledging these requests.
9. Dismiss Lil' Hikers and their parent/caregivers to go with their crews to Jezreel's Wellspring for more fun!

DAY TWO

MESSAGE OF THE DAY

Lil' Hikers will learn that God is the provider.

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

BIBLE VERSE

"I am with you, do not be afraid. I am your God so do not be upset." Isaiah 41:10

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer finger side to side.

I am—Point to the sky with both pointer fingers.

Your—Point outward.

God—Start with flat hand, pointer finger at mouth.

Then move your hand in an arc outward, first up then down.

So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—Hold hands as if opening a book.

BIBLE PAL

Rich the Rock Hyrax

WELCOME

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

BIBLE PAL

Rich the Rock Hyrax

SUPPLIES

- Butterflies—3D wall décor butterflies (1/child for each day of VBS)
- Rock Hyrax Stuffed Animal—A prairie dog is similar enough.
- Music Player and Mountain of Miracles Music
- Wants/Needs Bag of Items: Fresh fruit/vegetables, candy, several toys, mittens, fold-up tent (shelter), electronic/tech item, Heart (love), Stuffed animal (comfort/friend), etc....
- Butterfly Growth Cycle Model (Amazon)
- Optional: Butterfly Garden Growing Kit

AHEAD OF TIME

- Assign a volunteer to be at the butterfly garden wall to help Lil' Hikers place their butterflies and then encourage them to find a spot sitting with their crews.
- Turn on Mountain of Miracles music to play while Lil' Hikers come in, put their butterfly on the butterfly garden wall and find their places to sit.
- Optional: Start a butterfly growing kit the week or so before. Follow directions. Caterpillars will need to be ordered separately and ahead of time. Aim timing so the butterflies may be emerging by the end of the week.

DO: Have the Mountain of Miracles theme song playing as the Lil' Hikers come in from the opening program at Jezreel's Wellspring. Hold Bella the Butterfly and warmly greet each Lil' Hiker by name and a butterfly fist bump. (Using hand with Bella the Butterfly, gently fist bump, then pull back and wiggle fingers like a fluttering butterfly.) Invite them to take one butterfly from the basket and add it to the butterfly garden wall before sitting in their spot on the colored circle that matches their crew color. Once the Lil' Hikers are all seated turn off the music.

SAY: Hello Lil' Hikers! Welcome to Butterfly Basecamp! I am so excited to see each one of you again today! My name is _____, your leader here at Butterfly Basecamp at Mountain of Miracles.

Did you have fun at Jezreel's Wellspring? (Pause) Me too! It was so awesome to hear all of you singing our Mountain of Miracles theme song and laughing at Rainy the Raven's silliness. Do you remember what kind of animal Rich, our animal character for today, is? (Pause for answers) A rock hyrax! You know I think I saw him, or maybe it was one of his family members, around here. Rich has a big family! Can you use your eyes right there from your seats to help me find the rock hyrax? (Look under leaves, in the stream, in the tree, etc.) You see him? Where? Please point me in the right direction. OH! There he is! (Pick up the rock hyrax) Of course he was hanging out here by the rocks! Thank you for helping me.

Butterfly Basecamp is an excellent place for our friend Rich the Hyrax to live. We have lots of rocks and great places for him and his big family to hide. Rich reminds us that God provides everything we need. He knows that God is his provider. Just like our Power Point!

POWER POINT

*"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)*

That was awesome! Whoa! Does that mean that God will give you that (name of latest block building set or video game) your friends have? I have really been wanting one of those clever robots that will clean my floor or maybe one of those new fancy cars that can practically drive themselves. Will God give me one of those? (Pause) Hmmm (Tap forehead) Maybe that isn't what that means.

You know, sometimes there are things I really want just because they are super cool, but God (point up) knows what I really need the most. I may not always understand why I don't get something I think I need but that doesn't mean God isn't ALWAYS with me. He knows what I need—and I believe He will ALWAYS provide exactly that! Sometimes He sends someone to give me a hug (hug yourself and instruct Lil' Hikers to hug themselves) just when I need it. Or He sends a gentle reminder (lean forward and talk softly) like a whisper reminding me that He is always with me—we will hear more about that tomorrow in our Bible story.

So, what is the difference between what I want and what I need? Will you help me tell the difference? (Bring out wants/needs bag)

DO: Go through each item in the bag and have Lil' Hikers help you identify which are needs and which represent wants. Place in two separate piles.

SAY: Wow! That helps a lot! You know I think God likes to give us special surprises too! Things we weren't expecting or even need—like when the sun comes out on a rainy day, and we see a rainbow. Oh My! (Say with breathless joy.) Or when we are hiking through the trees and suddenly there is a meadow with hundreds of butterflies fluttering about from flower to flower. (Use your hands as pretend butterflies and flutter high and low.) Butterflies are one of those special gifts from God. You know He provides just what they need too! Before I tell you more about that I think it is time to take a flutter break. Do you remember how to flutter like a butterfly? (Flutter arms like wings) When I say, "Flutter!" Stand up and flutter about like a butterfly until you hear my rain stick, then hurry and sit down to hide from the rain. Remember to listen carefully so you don't get rained on!

DO: Say, "Flutter!" and have Lil' Hikers flutter about for 20 seconds. Count down from 5 then turn rain stick back and forth and say, "Rain, rain, falling down, listening ears and quiet mouths."

SAY: Wonderful! What an amazing kaleidoscope of butterflies you are. And such great listeners too! Thank you for stopping your wings and landing right away in your spot.

I have something totally amazing to tell you...(lean in and whisper) God provides for you, (point at Lil' Hikers) and God provides for butterflies!

You see, (bring out butterfly cycle set) a butterfly isn't always what we see here fluttering about with pretty wings. They start as a little tiny egg that a butterfly lays on a leaf. Do you know what hatches out of the egg? A CATERPILLAR! Just like this one. (Show caterpillar model) When that egg hatches and the caterpillars crawl out, they are really, really hungry! But God provides! All the food the caterpillar needs is right there—the leaf! The caterpillar will eat, and eat, and eat!

A couple of weeks later the caterpillar finds a place to hang out and starts to form what is called a chrysalis. Say that with me, "kri-suh-luhs". Nice job! This is what the chrysalis will look like. (Hold up chrysalis model) The caterpillar starts to spin a silky web all around themselves as they hang upside down. (If you have the butterfly garden kit started with a chrysalis formed bring out for Lil' Hikers to see) The caterpillar will stay in the chrysalis for about two weeks. They are undergoing a super BIG change—from a caterpillar to a...butterfly!

The whole time they are in the chrysalis God is providing everything the caterpillar needs. The caterpillar ate a super big meal of leaves and now he relies on God to take care of him inside of the chrysalis. God made the caterpillar know just how and where to make the chrysalis to help it stay safe from creatures that might think it would be a tasty snack. There is a lot happening inside the chrysalis as the caterpillar is becoming a butterfly. When the time is right the chrysalis will open up and out will come a...butterfly! (Hold up butterfly model) WHOA! When the caterpillar went into the chrysalis it didn't have wings, did it? (Pause) NO! It didn't! But the caterpillar completely changed and now it has beautiful wings and can fly. AMAZING! God provided all along for the butterfly to become what it is now.

God provides just what you need as you grow to be exactly as He designed you to be! WOW! God is amazing!

We have just enough time left to practice another mountain climbing skill. First let's stand up and warm your muscles up a bit. Reach way up high with me...clear up on your tippy toes. Now bring your hands clear down to the ground. Wiggle your fingers in the dirt with me. Let's do that again. Way up high! (Reach up) Way down low (Touch the ground) Wiggle your fingers like caterpillars in the flower garden.

Okay, I think you are ready. Today we are going to practice what is called “repelling”, going down a rock wall using ropes. Stand with your feet apart (shoulder width apart) and bend a little bit at your knees your hands are out holding onto our pretend rope (Hands one past the other in front of the body). Looks great! Now we are ready, carefully start walking backward. One foot at a time down the side of the rock. You’ve got this! Awesome! I think you are ready to do little hops backwards down the rope now. 3...2...1...jump backwards! WEEEE! Again! WEEEE! One more time. WEEEE! That was great! (Turn rain stick back and forth and say, “Rain, rain, falling down, listening ears and quiet mouths.”)

You are learning so much! It makes me happy to spend time with you here at Butterfly Basecamp today! It is now time for our Bible storyteller to come and tell you another amazing story about our Bible friend Prophet Elijah. Remember to listen carefully, God is going to do something totally impossible that only He can do! He will provide for Elijah because He is always with Him!

BIBLE STORY: NEVER ENDING BREAD

POWER POINT

“My God Provides...” (Start with palms facing you then bring them down and forward to waist level.)

Point to kids and wait for response: “That’s Rock Solid!” (Fist bump others.)

BIBLE VERSE

“I am with you, do not be afraid. I am your God so do not be upset.” Isaiah 41:10

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer finger side to side.

I am—Point to the sky with both pointer fingers.

Your—Point outward.

God—Start with flat hand, pointer finger at mouth.

Then move your hand in an arc outward, first up then down.

So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—Hold hands as if opening a book.

DAILY CHARACTER

Rich the Rock Hyrax

SUPPLIES

- 2 identical jars with lids with 1 cup of whole wheat flour in each.
- 2 identical containers with lids with 2 tablespoons of oil in each.
- Another container with ½ cup of water
- Mixing bowl

- Rolling pin and mat to roll on.
- Paper towels and hand wipes
- Cardboard box—Small moving box size
- Dark colored cloth—same width and depth as box
- Breadbasket and cloth to cover.
- Bread—following recipe below. Enough to give each child a small piece.
- Story bag and items: Water bottle, sandals, cup, piece of flat bread
- A low stool or pillow for you to sit on to comfortably be at the same level with the Lil’ Hikers.
- Bible

AHEAD OF TIME

- Widow’s Bread: Make enough of the bread to give each child a taste. One recipe: Mix 1 cup of whole wheat flour, 2 Tablespoons of oil and a ½ cup of water together in the bowl. Knead for 5 minutes. Roll out to 1/8 inch thick. Bake in a 350-degree oven for 20 minutes. Cut up and put in a basket covered with a cloth.
- Turn the box on its side so the flaps are on the sides rather than the top and bottom of the box. Cut off one set of lid flaps, leaving one set that hangs like cupboard doors. Hang the cloth so about 2/3 of the inside box is in front of the cloth leaving just enough room behind the cloth for the two extra jars.
- Set a jar of flour and a jar of oil in front of the cloth and one of each jar behind the cloth. Assign an assistant to bring you the supplies at the point in the story when needed. They should practice carrying the box level, so the oil and flour don’t slide and discreetly switch the empty and full jars.
- Place story bag objects in the story bag and hide in décor so it is only partially hidden.
- Practice story with the story bag objects and the Bible verse with motions until able to do it without reading it.

STORY

SAY: Hello Lil’ Hikers! So good to see you today! Yesterday we learned about God’s special friend, the prophet Elijah. He was hiding by the Brook Cherith after giving King Ahab a message from God. What was God’s message to King Ahab? (Pause) No rain! King Ahab was angry! But God cared for Elijah. Elijah had water to drink and food to eat. Do you remember how God sent Elijah food every morning and night? (Pause) That’s right, Ravens! Say with me, “Yay! God!”

Elijah’s story can be found in the Bible. (Hold out Bible opened to the story.) The Bible is my favorite book! It is

filled with amazing stories of the one real God—the One who loves you. We can know it is true!

Did anyone see my story bag around here? (Look high and low in décor waiting to see if Lil' Hikers will see it.) AW! There it is! Thank you for your help! (Sit down with story bag and peek inside.) Oh! I can see this is going to be another really good story! Let's see what's first. (Reach into bag and take out water bottle) Water! (Take a drink) Mmm... fresh cool water! God had brought Elijah to a good place to hide with clean water to drink and ravens that brought him food every day. There was no rain, but God was providing for Elijah.

Elijah liked to sit by the little stream of water and listen to it burble and ripple. He could hear the frogs ribbit, ribbit as they sat on a log. Day after day the little stream grew smaller and smaller, becoming just a tiny trickle. The frogs finally had to move on to look for water somewhere else. The brook Cherith was only a puddle, just big enough for a bird to take a bath in. Every day the ground grew harder as the water dried up. There had been no rain for days and days! What would God do when there was no more water for Elijah to drink?

Elijah woke up early one morning. Whew, it was so hot! He looked all around. Where was his breakfast? He listened carefully. There was no "caw, caw" of the ravens. Elijah went to get a drink at the stream but there was no more water, not a drop!

Do you think Elijah was worried? No! Not at all! Why not? (Pause) He knew God would take care of Him! If the real God could do something that seemed impossible—a miracle, like sending ravens with food for Elijah, do you think God had another incredible plan for Elijah? He sure did! Elijah knew that God was rock solid. God would provide for him.

POWER POINT

*"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)*

SAY: (Bring out story bag) Let's see how God was going to provide for Elijah! ((Pull out sandals) Sandals! It was time for Elijah to put on his walking sandals and move on to a new place. God told Elijah to go to a little village, a town called Zarephath. There he would find a woman and her son. God told Elijah that the woman would take care of him, just like the ravens had.

Elijah tightened the straps on his sandals and began the long, long walk down the dusty road. Pretend with me that we are walking along with Elijah. Stand up. Stay in your own spot while you move your legs like you're

walking. (Dramatically move your arms back and forth as you demonstrate walking in place.)

Elijah walked and walked. It was very hot, (wipe brow) but Elijah kept walking. (Walk in place) Elijah was getting hungry, (rub tummy) but there was no grain in the fields, only dry and crunchy stalks. He was thirsty (touch throat) but where there had been streams of water was now only hard dirt. Elijah walked and walked. (Walk in place)

Elijah climbed up one more hill. (Trudge slowly as if climbing a hill) There it is! (Point off to the distance) Elijah had made it to the little village of Zarephath! His tummy was rumbling, and he was so thirsty. Where would he find the woman and her son? Right there by the city gate! The woman was exactly where God told Elijah he would find her! "Yay! God!"

Are your feet tired from walking? Whew! Me too! (Plop down as if exhausted and motion for the Lil' Hikers to plop down with you.) Sit with me and we can see what's next from our story bag. (Look in bag and bring out cup) A cup! Elijah was thirsty! A cup of fresh water would taste so good! The Bible tells us that Elijah asked the woman for a cup of water. She kindly brought him some water to drink.

(Look in story bag and bring out a piece of flat bread) Elijah was hungry too. He had missed breakfast with the ravens that morning, so he asked the woman for some bread to eat. She sadly shook her head. (Shake head side to side with sad face) She had only enough flour and oil to make one small loaf for her and her son to eat then there would be no more.

What would God do to provide them with food? Elijah knew God had a plan! He told the woman not to worry. He knew God was rock solid! He would provide!

NEVER-ENDING FLOUR AND OIL

DO: Have your assistant carefully bring you the "cupboard" with the flour, and oil jars, with two in front of the cloth and two hidden behind the cloth inside the cupboard. They will also need to bring you the water and mixing bowl. Tell the rest of the story demonstrating each step below.

SAY/DO

- The woman opened her cupboard and got out the last of her flour and put it into a bowl.
- Then she took the last of her oil from the cupboard and poured it over the bread.
- She took a little water (*1/2 cup from pitcher*) and added that too.
- She mixed and mixed and mixed. (*Knead dough*)
- What would she feed her son after she finished making Elijah's bread?

- Is there any flour left? She looked at her empty container of flour. (Shake head) No flour left. (*Put the jar back into the cupboard.*)
- Was there any oil? No... She sadly looked at the empty jar. No more oil. (*Put the jar back into the cupboard.*)
- She rolled the dough out (*you won't have time to knead it fully for 5 minutes, but it will still roll out okay*).
- Now it would go in the oven over the fire. (*Give bread to assistant*)
- Would you like to try some of the widow's bread like Elijah did? (*Give each Lil' Hiker a small piece of bread made ahead of time. While they eat your assistant should discreetly switch places of the full jars and empty jars in the cupboard.*)
- After Elijah had eaten his bread. He told the woman to make more bread for her and her son. But how would she do that?
- (Lean in and talk in loud whisper) Are you ready to hear the most amazing part of this story? (*Pause*) The very real God up in Heaven did exactly what He told Elijah He would do.
- The woman opened her cupboard again. WHOA! Look! The jars are full! (*Show jars*)
- The woman had exactly what she needed to make bread for her and her son to eat. God did provide!
- Every time the woman went to make bread the flour jar and the oil jar were full again! How could that be? (*Pause*) Because the one real God can do impossible things! Miracles!

SAY: The jars would never be empty until God made it rain again! God took care of her just as she was taking care of Elijah. God provided for Elijah and the woman, and He provides exactly what we need too.

POWER POINT

"My God Provides..." (*Start with palms facing you then bring them down and forward to waist level.*)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

God is always with us! He will take care of you. Just like our special verse from the Bible says. Say it with me and then we will pray to the amazing God who provides.

I am—*Point to the sky with both pointer fingers.*

With you—*Cross arms over your chest.*

Do not be afraid—*Move your pointer finger side to side.*

I am—*Point to the sky with both pointer fingers.*

Your—*Point outward.*

God—*Start with flat hand, pointer finger at mouth. Then move your hand in an arc outward, first up then down.*

So do not be upset—*Move your pointer finger side to side.*

Isaiah 41:10—*Hold hands as if opening a book.*

PRAY

Dear God,

Thank you for providing exactly what we need.
 Please Help us to remember you are always with us.

We love you!

Amen

SAY: Come again tomorrow, my Lil' Hiker friends! You will hear more of Elijah's story and learn of more impossible things that the real God in heaven did. Thank you for being good listeners. It is time to discover something new at the Butterfly Centers. Bye Lil' Hikers! Have fun!

Instruct groups to follow their leaders to the next station.

BUTTERFLY CENTERS: [3 AREAS]

STATION SUPPLIES

CATERPILLAR CAMP

- Camping gear
- Magnifying glasses
- Plastic butterflies
- Binoculars
- Picture books of mountain animals and butterflies in a basket
- Blanket spread out on the floor by tent.
- Real/Fake items from Day 1 Bible story activity
- Backpack of hiking gear
- Kaleidoscopes
- Butterfly Cycle Model from Welcome

BUTTERFLY DISCOVERY STATION: ENDLESS BUBBLES

- Plastic Table Covering
- Plastic Bins—approximately 24" x 18" x 6" (about 28qt)
- Bowls, small (2 per bin)
- Water Bottles, small and empty but unused. (1/child)
- Craft Knife
- Socks—new, inexpensive (1/bottle)
- Rubber Bands (2/bottle)
- Water—saved from water bottles.
- Baby Soap—tear free
- Garbage Can
- Plastic Table Covering
- Painter's Tape
- Permanent Marker—for assistant to write names on bottle.

CHRYSALIS WONDERS TABLE: HOMEMADE PLAYDOUGH

- Plastic Table Covering
- Flour
- Salt
- Vegetable or Canola Oil
- Cream of Tartar
- Kool Aid Packets—variety of colors
- Plastic Baggies, zip sealable
- Bowls, small
- Spoons, small mixing
- Mixing Bowl
- Mixing Spoon
- Measuring Cups, and Spoons
- Hot Water Kettle, electric
- Liquid Measuring Cup, ¼ cup
- Playdough Cutters, Rolling Pins—a variety of shapes and tools.
- Permanent Marker

PREPARE AHEAD OF TIME

CATERPILLAR CAMP

- Clean and reorganize campsite.
- Add Butterfly Cycle Model after Welcome.

BUTTERFLY DISCOVERY STATION: ENDLESS BUBBLES

- Using the craft knife, cut off the bottom of each water bottle.
- Cut the toe end off of the socks, leaving the end about 4" long.
- Pull sock toe over the cut end of the water bottle and secure sock in place with two rubber bands.
- Put a few drops of tear free baby soap into each small bowl then add water to dilute. Place 2 bowls of soapy water in each bin.
- Cover the work surface with plastic table covering—this would work well on the floor using painter's tape to secure in place.
- Lay out bubble blowing bottles between the bins.

ENDLESS BUBBLES INSTRUCTIONS

- Lil' Hikers will dip the sock end of the bubble blower into the bowl of soap.
- Then put mouth over the other end and blow, and blow, and blow! Remind them to keep their bubble blowers over the bin. If plastic bins become too full of bubbles scoop some out and put in nearby garbage or sink if available.
- Once they are done blowing the bubbles have the assistant put their name on it using the permanent marker and then set aside to take home at the end of the day. Remind Lil' Hikers to use their own bubble blower and not share germs.

CHRYSALIS WONDERS TABLE: HOMEMADE PLAYDOUGH

- Increase dry ingredients of the recipe below to allow each child to make one or two balls of dough. In a large bowl mix together dry ingredients, except for the Kool-Aid. Divide dry ingredients into approximately ¾ cup portions and place into zip sealable baggies. Should be done a day or two ahead of time.
- Cover table with plastic table covering. Spread out playdough tools at the center of the table. Place small bowls and spoons for mixing at each workspace.
- Plug electric hot water kettle in and heat water to about 110 degrees. (It will begin to cool off. Need it to be about bath water temp [90-100 degrees] before using.)
- Place cooking oil (not olive oil), ½ Tbsp measuring spoon, ¼ liquid measuring cup, plastic baggies of dry ingredients and Kool-Aid packets where assistants can easily access when a Lil' Hiker is ready to whip up their own personal batch of playdough.

PLAYDOUGH RECIPE [MAKES ONE BALL OF DOUGH]

- ½ cup flour
- ⅛ cup of salt
- ½ tablespoon cream of tartar
- 1 packet of Kool-Aid
- ¼ cup of hot water
- ½ tablespoon of cooking oil (not olive oil)

HOMEMADE PLAYDOUGH INSTRUCTIONS

1. Lil' Hikers will pour baggie of dry ingredients into their small mixing bowl. Keep the baggie for later. Then they will add their choice of scent/ color of Kool-Aid to the bowl and stir it gently to mix well.
2. Once mixed an assistant will pour ¼ cup of hot water (bath temp), and ½ Tablespoon oil into center of dry ingredients.
3. Lil' Hiker will gently stir until it begins to form a dough. Then they can mix it with their hands.
4. After all the dry ingredients are incorporated into the ball of dough, they can take it out of the bowl and knead it on the table. The more they knead it the softer it will get.
5. It is ready to roll out, and cut into shapes, etc.
6. When they are done playing with their playdough put it into the baggie their dry ingredients came in and seal it. Write their name on the baggie and place it where they can pick it up when the day is finished.

DO: Meet the Lil' Hikers at the entrance to the Butterfly Centers to invite them to explore and learn with you. Explain the boundaries of the station and what they will

be able to do at each center. Let them know they are welcome to visit each of the areas during their time at the Butterfly Centers.

SAY: Hello Lil' Hikers! Are you ready to be butterfly scientists...leh...puh...daap...tr...uhsts? Are you learning to say that really fun word? Let's say it together—leh...puh...daap...tr...uhsts.

I am so glad you are here! Today at the Caterpillar Camp take your time to really study the butterflies with magnifying glasses. Will you see spots, or stripes? What colors will you see? How many legs, antennas, and wings does each butterfly have? With the cooking pots you can pretend to make up some camp bread like the Widow of Zarephath and so much more!

Over at the Butterfly Discovery Station you will make lots and lots of bubbles...bubbles that never seem to run out. Please remember the bubbles stay in the bins. See how high, or long of a bubble you can make. The more you blow the longer the bubble will get! Maybe your bubbles will keep going and going and going—just like God provided the flour and oil for Elijah, the Widow and her son.

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Isn't that amazing!

SAY: I am so excited! (Clap your hands.) We have one more station I think you are going to really have fun at today, the Chrysalis Wonders Table. You will make dough...a bit like the Widow of Zarephath, but this dough you can play with—so don't eat it. (*Make a yuck face*) OH! Let me tell you though there are lots of different colors and it will smell sooo good!

When I call your butterfly crew name you can come in and go to any area you choose.

DO: Invite the Lil' Hikers to choose the station they want to go to. Encourage crew leaders to spread out to engage with the Lil' Hikers at each area. They can do this by asking "I wonder" questions and asking Lil' Hikers to share what they are discovering.

AFTER 15 minutes give a 5-minute warning for the Butterfly Centers closing.

Instruct groups to follow their leaders to the next station.

GAME: FLIGHT OF THE BUTTERFLY

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Rich the Rock Hyrax

SUPPLIES

- Whistle
- Sports Cones—6 different colors if possible (blue, red, orange, yellow, green, purple)
- Circle Stickers—6 different colors to match cones. (1 of each color/child)
- Flowers—Tall faux flowers in 6 different colors to match stickers and cones.
- Device with a speaker to play Mountain of Miracles theme song.
- 50-foot rope

AHEAD OF TIME

- Lay 50-foot rope in a semi-circle to establish an area for the warm-up activity and for the wrap-up debrief at the end.
- Practice with assistant warm-up activity so they can demonstrate.
- Set colored cones in a large circle about 40-feet across the center.
- Place a tall faux flower in the top hole of each cone that matches the color of the cone.
- Arrange for game assistants and crew leaders to stand at each cone with a sheet of colored stickers.

WELCOME

SAY: Hello Lil' Hikers! It is so good to see you here today at Raven's Roost Games! Come join me here at our rope. (*Move to the rope semi-circle.*) Let's see if you can find your place along the rope by the time I get to 12? (*Count to 12 adjusting speed until all are settled along the rope circle.*) Wow! Thank you! You all found a spot so fast! I think tomorrow will be even faster!

You will notice our rope doesn't make a full circle today. That's because you will need to spread out from one end of our rope to the other. (*Help children spread out.*) Can you stretch your arms out wide and not touch your neighbor? Nice job!

WARM-UP ACTIVITY

Yesterday for our warm-up activity you showed me what great listeners you are. Did you all bring your listening ears today? (Pause) YES! Then you are ready for our

warm-up game. Listen carefully as I tell you about what we are going to do.

1. I have six different colors here. Can you help me make sure I know which is which? (*Hold up each color and say its name. Then repeat faster.*)
2. In just a minute I will assign each of you a color. Don't forget your color! You are going to need to remember it.
3. When I hold up a color, I will call out its name and a motion for that color group to do. SO be listening and watching for your color!
4. My assistant will demonstrate with me. Assistant _____ your color is yellow. Are you ready _____? Yellow! (*Hold up yellow card*) Jump three times like a kangaroo! That was great!
5. Assign each Lil' Hiker a color.
6. Play warm-up activity. Hold up color, say its name and a motion. Motion suggestions: Hop like a frog 2 times, jump like a kangaroo 3 times, twirl around like a butterfly 3 times, walk backward 3 steps, give another player a high five, gallop like a horse until I say stop, hop like a bunny 3 times, stand on one foot like a flamingo, leap like a mountain goat from rock to rock 3 times. (*Do warm-up activity for 3-4 minutes, repeating each color twice if able.*)

SAY: Wow! You really know your colors! For our game today that is going to really come in handy.

Here at Butterfly Basecamp, we have been learning about how amazing God made butterflies. You just showed me that you know six different colors. Butterflies can see even more colors than you and I can! They can see what's called ultraviolet light which helps them see the best flowers to eat nectar from. God provided them with just what they need! Hey, that's like our Power Point says!

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.) Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Wow! What an amazing God! He provides for the butterflies...and for you and me!

For our game today you will be pretending to be like the butterflies and fly to brightly colored flowers. You are going to need those listening ears too! Let me tell you about our Flight of the Butterfly game. (*Invite Lil' Hikers to join you at the game area and pick a cone to stand beside while you go over the following instructions.*)

GAME INSTRUCTIONS

1. Have kids pick a colored cone to stand by to begin. No sticker is given yet.
2. I will stand here in the middle of the garden to play the Mountain of Miracles theme song.
3. When you hear the music, all of you, butterflies, will fly around the circle from flower to flower.
4. When you hear the music stop, all the butterflies must quickly get to the closest flower to land.
5. I have some amazing butterfly helpers who will place a colored circle sticker on your hand to show you have gathered food from that flower.
6. Be listening! When the music starts again you will fly around the circle from flower to flower again until it stops again.
7. After you have all 6 colors, come, and rest your butterfly wings here in the center of our garden with me. You can cheer for all the other butterflies while we wait for them to get all the colors too.

Repeat until all butterflies have landed on each color and gathered all 6 colors.

If time this game can be repeated. Have butterflies fly back to the wrap up circle to close.

WRAP UP

(Use a whistle to call children to line up around the rope circle 3-4 minutes before the end of the rotation time.)

SAY: I see lots of different colors! Thank you for being such wonderful butterflies! You helped make my garden so beautiful! God provides so many things for us—even pretty flowers and butterflies! Let's say our Power Point together one more time.

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.) Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: Thank you for coming today! It was so fun to see you! It's time for you to go and have a refreshing drink of water and a butterfly snack. (Clap hands with joy.) Follow your crew leaders to the Manna Munchies snack area. See you again soon!

SNACK: BACKPACK PARFAIT

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.) Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Rich the Rock Hyrax

SUPPLIES

- 9oz clear cups
- Plastic spoons
- Small bowl (2/group for sprinkles and bunny grahams)
- Serving bowls with lids for fruit
- Knife
- Serving spoon
- Small tongs (one per group)
- Small water cups
- Serving trays (1/group)
- Napkins
- Hand sanitizer
- Hand wipes

INGREDIENTS

- 3-4 types of fruit (raspberries, grapes, blueberries, pineapple, kiwi, apples, oranges)
- Spray whipping cream (one per group)
- Annie's Organic Bunny Grahams (5/child)
- Sprinkles

TIP: Choose 3 different fruit colors to make the parfait layers in the clear cups look extra luscious!

AHEAD OF TIME

- Dice up all of the fruit the night before into Lil' Hiker small bite size pieces.
- Place each kind of fruit into a separate bowl, cover, and place in the refrigerator.
- The day of prepare 8oz cups with a layer of each fruit spooned into place for the parfaits. One per Lil' Hiker.
- Ahead of time prepare a sample of snack mix to show children.
- Prepare a serving tray for each group with 8oz clear cup with fruit layers, can of spray whipping cream, bowl with bunny grahams (5/child) and little serving tongs, and small bowl with sprinkles and little serving spoon.
- Set each group's area with hand sanitizer, hand wipes and napkins. Set a water cup and plastic spoon at each place.

WELCOME

SAY: Hello! Hello! Welcome back to Manna Munchies Lil' Hikers! Have you been having another day of fun mountain adventures? I love hiking in the mountains! You know when you go for a hike in the mountains you must take a backpack filled with all the important things—like water, a snack, band-aids in case you stumble and scrape your hands, and directions for where the trail is. Go ahead and drink your water. I am sure you are super thirsty from your hike.

Today's snack is a refreshing cup of fruit and mountain cream—a backpack parfait filled with layers of yumminess! (*Hold up snack sample*) As I look at each layer of my backpack parfait, I am reminded that God loves me and provides for me! In the very beginning, when God created the world, He created food for us to eat. Did He make it all taste the same? NO! He made 1000's of different types—some crunchy and some squishy, some sweet and some so sour your face puckers (pucker like you just tasted a lemon). Each one of the layers of fruit in our backpack parfait is different, but oh boy, they all combine to make something super-duper yummy! God provides in such amazing ways—just what we need!

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.) Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: Wow! You all sounded great! Let's pray and thank God for this tasty snack He has provided.

PRAY

Dear God

Thank you, for all the yummy different kinds of food you provide! We love you God!

Amen

SNACK INSTRUCTIONS

We are going to bring each of you a cup with layers of fruit already in it. Your crew leader will have the yummy toppings for you to add. There's A swirl of snowy mountain cream, 2 (*hold up two fingers*) shakes of colorful sprinkles and 5 (*hold up 5 fingers*) bunny grahams. How many bunnies, 5. Can you show me with your fingers how many shakes of sprinkles? (*Hold up 2 fingers*) That's right two. How many bunnies? Five! (*Hold up 5 fingers.*) Nice! You have got it!

Once you have your Backpack parfait look at all the beautiful layers of colors. Remember God loves you so much He has provided each one just for you! He is an amazing God!

WRAP UP

SAY: It's time to help clean up! Be sure to throw away your trash here (show trash can), and then wipe your hands and area clean. (Have crew leaders give each child a wipe and lead out in a clean up song while Lil' Hikers clean up

Hey, I have an idea! Let's say "Thank you" to the chef! Ready? We are going to say, "Thank you Manna Munchies Chef" Here we go, "Thank YOU, Manna Munchies Chef!"

It's so fun being thankful for something someone does for us! God is our provider!

Let's say our PowerPoint really loud to thank Him!

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: Wow! God loves you and loves hearing you say that!

I will see you tomorrow, Lil' Hikers! (Wave goodbye) Enjoy the rest of your hike today!

Instruct groups to follow their leaders to the next station.

CRAFT: MOSAIC BUTTERFLIES

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Rich the Rock Hyrax

SUPPLIES

- Air Dry Clay *Crayola Model Magic® Air Dry Clay works best as it is pre-school age friendly.
- Bags—sandwich size sealable
- Variety of mosaic tiles, buttons, and large craft gems *Large preschool appropriately sized decorating items.
- Small rolling pins
- 4" Butterfly Shaped Cookie Cutters
- Tacky Glue or Mod Podge
- Sponge paint brush
- Paper plates (one per child)
- Markers, for writing child's name on the plates
- Wet Wipes

AHEAD OF TIME

- Portion out the Model Magic Air Dry clay for each child and put it into a sealed sandwich bag. Will need enough to make a 4" butterfly ½" thick.
- Set each workspace with a paper plate.
- Set out rolling pins on each table to share—about 1 for every two children.

- Scatter a variety of mosaic items on each table for children to choose from.
- Set up a space for finished clay projects to dry.
- Have wipes in an easily accessible place to clean hands when finished.
- Make one to show as an example.

TIPS: Write a note with drying instructions for parents. Print out these instructions and attach them to each plate to go home with Lil' Hikers. Fieldtest tip: Once the children are finished decorating their clay butterfly use a sponge paint brush and coat with a thin layer of Tacky Glue or Mod Podge as an extra measure to keep the decorations in place.

MOSAIC BUTTERFLY DIRECTIONS:

1. Roll Model Magic Air Dry Clay into a ball.
2. Place clay ball on a small paper plate.
3. Use a small rolling pin and flatten the clay until ½" thickness.
4. Press butterfly cookie cutter into flattened clay and then peel off the extra clay around the outside of the cookie cutter. Pull cookie cutter off to leave the butterfly shaped piece of clay.
5. Decorate butterfly using large buttons, mosaic tiles, and gems.
6. Use a sponge paint brush and apply a thin coat of Tacky Glue or Mod Podge to cover the top of the butterfly.
7. Set aside to dry.
8. Drying Instructions: Butterfly will be dry to the touch within 24 hours but can take up to 72 hours to be completely dry. To help your child's butterfly dry thoroughly it should be turned over once or twice a day.

WELCOME:

SAY: Hello! Welcome back Lil' Hikers! Have you been having fun exploring here at Mountain of Miracles? It is such a beautiful place here in the mountains, and Butterfly Basecamp is amazing. There are so many different butterflies that live here. 142 different kinds live here near Mt. Carmel. That is a lot of different colors, shapes and sizes of butterflies!

Do you know what butterflies use for food? (Pause) Flowers! They eat the nectar from all the pretty bright flowers here in the mountains. God made so many different flowers for us to enjoy and to feed the butterflies. God provides food for them just like he provides for what we need too. Hey, that's like our Power Point!

POWER POINT

"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: Isn't God amazing! Wow! I can rest easy and enjoy watching the butterflies because I know God is with me always and provides for me just like He does for the butterflies.

Today, you will make your very own, one-of-a-kind, beautiful butterfly mosaic. I have some instructions you need to hear first. Clap, Clap with me to let me know your ears are ready to listen. *(Clap two times)*

INSTRUCTIONS

1. Our Mt. Carmel Craft assistants and your crew leaders will come around and help each of you write your name on the plate with a marker,
2. While you are waiting for your name go ahead and take the clay out of the zip baggie and roll it into a ball. It feels nice and soft and squishy. Roll your clay round and round either on the table or in the flat place between your hands. . Roll and roll it until it is a nice smooth ball of clay. *(Demonstrate how to roll the clay.)*
3. Put your clay ball onto the paper plate and gently pat it down with your hand. . Flatten your ball of clay just a little bit.
4. You and your neighbor will need to take turns using the rolling pins. Take the rolling pin and roll it over your clay until it is two fingers thick. You can check if it's thin enough by holding your first two fingers together next to it or asking a helper.
5. Next press a butterfly cookie cutter into clay. Press all the way through to the plate.
6. Now remove any extra clay from the outside edges of the cookie cutter. Carefully remove clay from the cookie cutter. *(Children may need additional help with this.)*
7. Now the super fun part—decorating your butterfly! There are lots of pretty mosaic items on your table. Choose 4 (hold up 4 fingers) Gently press each of your decorations into the clay.
8. Your butterflies will need some time to get hard and dry. You can bring your plate over here to our drying station. Remember to come pick them up before you go home.

*After the Lil' Hikers are finished decorating their butterflies use a sponge paint brush to apply a thin coat of Tacky Glue or Mod Podge to secure the decorations into place.

*Children will take their butterflies home to finish drying. Instruct them to carefully turn it over that night to make sure it dries completely on both sides.

*If there is time and materials Lil' Hikers could make a second mosaic.

Give a 5-minute warning to finish up crafts and another warning at 2-3 minutes left to allow for clean-up time.

WRAP UP

Thank you for coming to Mt. Carmel Crafts today! I loved seeing so many different shapes and colors of your butterflies. They were beautiful! Remember that God provides for you just like He provides for the butterflies. Let's say our Power Point once more before you go.

POWER POINT

*"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)*

GOODBYE

Good-bye Lil' Hikers! I look forward to seeing you next time! Don't forget to come back to get your butterflies before you go home today. Remember to turn your butterfly over to finish drying tonight.

Instruct groups to follow their leaders to the next station.

GRAB AND GO OPTION

Orientaltrading.com
Foam Butterfly Mosaic Kit, makes 24.



CLOSING

MESSAGE OF THE DAY

Lil' Hikers will learn that God is the provider.

POWER POINT

*"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)*

DAILY CHARACTER

Rich the Hyrax

SUPPLIES

- Device to play music.
- Bubble Machine and Bubble Solution
- Rhythm Scarves (Optional)

AHEAD OF TIME

Invite parents to participate with their Lil' Hiker in the Butterfly Basecamp closing activities and join them at Jezreel's Wellspring Closing.

Do

1. Invite Lil' Hikers to sit with their parent/caregiver with their crews on the color circles.
2. Say Power Point:
"My God Provides..." (Start with palms facing you then bring them down and forward to waist level.) Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)
3. Ask Lil' Hikers to share together in their crews 2 things: Favorite activity of the day and something God has provided for them. Give 3 minutes then shake rain stick and say, "Rain, rain, falling down, listening ears and quiet mouths."
4. Practice Climbing Skill from Welcome:
 - Repelling—Stand with your feet apart (shoulder width apart) and bend a little bit at your knees your hands are out holding onto our pretend rope (Place hands one past the other in front of the body). Looks great! Now we are ready, carefully start walking backward. One foot at a time down the side of the rock.
5. Music Activities
 - Bubble machine—bubble play.
*Remind Lil' Hikers of how God provided flour and oil for Elijah and the widow and her son. The oil and flour never ran out, they went on, and on, and on...just like the bubbles will while you sing.
"Bubbles" (Janet Sage, Little Songs for Living with Jesus, #68)
Bubbles, bubbles,
I like to play with bubbles.
Jesus must like pretty things,
Because He made the bubbles!
 - Either review motions of song and sing with motions or use rhythm scarves while singing.
"In Him Will I Trust" (Mountain of Miracles song)
6. Say Memory Verse Together:
I am—Point to the sky with both pointer fingers.
With you—Cross arms over your chest.
Do not be afraid—Move your pointer finger side to side.
I am—Point to the sky with both pointer fingers.
Your—Point outward.
God—Start with flat hand, pointer finger at mouth.
Then move your hand in an arc outward, first up then down.
So do not be upset—Move your pointer finger side to side.
Isaiah 41:10—Hold hands as if opening a book.
7. Thank Lil' Hikers for coming to Butterfly Basecamp Today. Give them a brief idea about the fun for tomorrow.
8. Circle together in crews to share requests ask if there any Lil' Hikers would like to pray and crew leader ends with a simple prayer.
9. Dismiss Lil' Hikers and their parent/caregivers to go with their crews to Jezreel's Wellspring for more fun!

DAY THREE

MESSAGE OF THE DAY

Lil' Hikers will learn that God is powerful.

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

BIBLE VERSE

Lil' Hikers will only be learning Day 1 and 2 parts of the Bible verse.

"I am with you, do not be afraid. I am your God so do not be upset. Isaiah 41:10

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer finger side to side.

I am—Point to the sky with both pointer fingers.

Your—Point outward.

God—Start with flat hand, pointer finger at mouth.

Then move your hand in an arc outward, first up then down.

So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—Hold hands as if opening a book.

BIBLE PAL

Lance the Lion

WELCOME

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Lance the Lion

SUPPLIES

- Butterflies—3D wall décor butterflies (1/child for each day of VBS)
- Mountain Lion Stuffed Animal
- Music Player and Mountain of Miracles Music
- Butterfly Cycle Model and Butterfly Garden Kit (Optional)
- Rocket Balloons with pump
- String/Fishing Line

- Painter's Tape
- Straw

AHEAD OF TIME

- Ask a volunteer to assist you with the balloon demonstration and practice together.
- Cut string long enough to go across your space.
- Thread string through the straw and apply painter's tape to the straw, but don't adhere to the balloon until after it is inflated.
- Turn on Mountain of Miracles music to play while Lil' Hikers come in and put their butterfly on the garden wall and find their places to sit.

DO: Have the Mountain of Miracles theme song playing as the Lil' Hikers come in from the opening program at Jezreel's Wellspring. Hold Bella the Butterfly and warmly greet each Lil' Hiker by name and a butterfly fist bump. (Using hand with Bella the Butterfly, gently fist bump, then pull back and wiggle fingers like a fluttering butterfly.) Invite them to take one butterfly from the basket and add it to the butterfly garden wall before sitting in their spot on the colored circle that matches their crew color. Once the Lil' Hikers are all seated turn off the music.

SAY: Hello Lil' Hikers! Welcome to Butterfly Basecamp! It is so good to see all of you again today! My name is _____, your leader here at Butterfly Basecamp at Mountain of Miracles.

MMMM... (Big breath in and out) I just love the clear mountain air here on Mount Hermon! Take a nice big breath with me...(inhale-pause-exhale). Oh, that felt good—all the way down to my toes! I feel so good I just want to let out a big roar like our new friend, Lance the Lion, can do. I heard you roaring at Jezreel's Wellspring. Do you think you can roar louder than that? On the count of three let's roar like Lance together. Are you ready? 1...2...3...ROAR!! Whoa! That was great! Maybe if we roar loud enough Lance the Lion will show up to roar with us. 1...2...3...ROAR!! Whoa! That was mighty! Do you see Lance the Lion anywhere? (Search for Lance, in the tree, the flowers under rocks while Lil' Hikers try to tell you where they see him.) There he is! Now that Lance is with us I think you can roar so loud it will echo off the rocks! Let's roar one more time with Lance. 1...2...3...ROAR!! WHEW! That was incredible! Powerful!

Today here at Butterfly Basecamp you will discover that God is even more powerful than a lion's roar. He is powerful!

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: God can do incredible things! He is more powerful than a thundering waterfall. He is more powerful than an elephant trunk or the legs of a kangaroo. He is more powerful than a super rocket flying off to Mars. He is more powerful than a train, or a jet airplane. Even though we can't see God we can see the powerful things He is doing all around us.

My assistant, _____, is going to come up here to help me show you what I mean. (Hold up balloon) What do I have here? Balloons are so much fun! (Throw it up and try to pop the balloon) Something is missing. (Look sad) What do I need? (Pause) AIR! That's right. I am going to use this pump to fill my balloon full of air. (Pump up balloon) Whoa! What an awesome balloon!

The air is like God's power, I can't see it, but it has filled the balloon. (Have the assistant help you tape the straw with the string threaded through to the balloon.) My assistant, _____, will now go to the far side of the room. Let's see what the balloon can do now that it is filled with the air, the power of God. Do you think it is powerful enough to make it all the way over there? (Once assistant has taken the string to the far side of the room let go of the balloon.) WHOA! That was powerful! Should we do another one? (Pause) I agree! Let's see God's power working again. (Repeat steps for balloon rocket.) God's power is mighty and awesome!

We can know He is ALWAYS there ready to help us. He is there when we need to be brave and do hard things or when we are in a scary storm. We can remember He is more powerful than even the biggest or scariest storm. Knowing God is so powerful and will use His power to help me sure makes me feel calmer inside. Just like the pump filled the balloon, we can pray and ask God to use His power to help us. Then look at what can happen when God's power fills us like the balloons—amazing, impossible things that only God can do!

Here at Butterfly Basecamp, we can see God's power working in so many cool ways. (Have the assistant bring out Butterfly Growing kit if using.) Yesterday we talked about the way a caterpillar changes into a butterfly. (Show butterfly cycle model) After they hatch from their eggs what do they do? (Hold up caterpillar) They eat! Lots, and lots. They will grow bigger and bigger—100 times bigger. WHOA, that's a lot of growing. God made them with thousands of muscles, 4,000 of them! The caterpillar uses all those powerful muscles to help them move so they can eat even more. A caterpillar has 12

eyes and can see things we can't see. And they have 6 legs! They don't use them to walk like we do but instead they use all those powerful muscles to wobble, crawl, creep, wiggle, and inch along to get to food. Those little legs are super strong and can hold on really tight.

Can you move like a caterpillar? (Pause) Make a row at one side of your color circle and lay down on your tummy (Wait for Lil' Hikers to lay down) Now without using your hands, wiggle to the other side of your color circle. Use those muscles, watch out for your crew members. WOW! Look at you go! Just like caterpillar wiggles! Let's do it again and wiggle back to the other side. That is awesome wiggling, just like a caterpillar on a leaf!

God Knew the caterpillar would need all 4,000 muscles to be able to do that. God made you in a special way too. He made you in His image—just like Him. With two legs that don't have to wiggle on the ground to move but are powerful for jumping, running and walking.

It has been so much fun to hang out with you here at Butterfly Basecamp today! It is now time for our Bible storyteller to come and tell you another amazing story about our Bible friend Prophet Elijah. You will see how God showed up in a powerful way! Remember to listen carefully, God is going to do something totally impossible—something only He can do!

BIBLE STORY: BATTLE OF THE GODS

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

BIBLE VERSE

"I am with you, do not be afraid. I am your God so do not be upset." Isaiah 41:10

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer finger side to side.

I am—Point to the sky with both pointer fingers.

You—Point outward.

God—Start with flat hand, pointer finger at mouth.

Then move your hand in an arc outward, first up then down.

So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—Hold hands as if opening a book.

SUPPLIES

- Wooden blocks or rocks
- Glass bowls, 2

- Tea light candles, 2
- Safety lighter
- Pitcher of water
- Story Bag
- Story Bag Objects: Award Medal on a ribbon, 2 Large Stones, Safety Lighter, Water Bottle, Cloud made of Felt or cotton
- A low stool or pillow for you to sit on to comfortably be at the same level with the Lil' Hikers.
- Bible

AHEAD OF TIME

- Determine how you will build two altars the right size to securely set a bowl with the candle on top.
- Practice lighting candles with and without water. You will want to be sure you have enough water on the candle that it won't light.
- Place story bag objects in the bag and hide in décor so that it is only partially hidden.
- Practice story with the story bag objects and the Bible verse with motions until able to do it without reading it.

STORY

SAY: Hello Lil' Hikers! Welcome back for another story about God's special friend Prophet Elijah. We can read his story in the Bible. (Hold out Bible opened to the story.) The Bible is filled with amazing stories of the one real God—the One who loves you. We can know it is true!

God is real! He kept Elijah safe from King Ahab. When Elijah hid at the Brook Cherith he had water to drink and the ravens brought him food to eat. Yay, God! When the little stream of water dried up God provided for Elijah with the woman from Zarephath. She made bread every day for Elijah to eat. Her flour and oil never ran out! Yay, God! God can do impossible things! God is powerful! (flex arm muscles)

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: The powerful God was always with Elijah and He is always with you (point to Lil' Hikers) too! Stand with me and we will say our special Bible verse together.

BIBLE VERSE

"I am with you, do not be afraid. I am your God so do not be upset." Isaiah 41:10

I am—Point to the sky with both pointer fingers.
With you—Cross arms over your chest.

Do not be afraid—Move your pointer finger side to side.

I am—Point to the sky with both pointer fingers.

Your—Point outward.

God—Start with flat hand, pointer finger at mouth. Then move your hand in an arc outward, first up then down.

So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—Hold hands as if opening a book.

SAY: Wow! That was great! What a great Bible verse to help remember that the powerful God is with us! The Bible tells me this is true! In today's story God will show all of Israel that He was always with them...even when they forgot Him! They would see the one real God is more powerful than... Wait! I need my story bag.

Hmm, where did I put it? (Tap forehead) Sit back down on your circles while I see if I can remember where it is. (Motion children to sit) I know it is around here somewhere. Can you use your eyes to help me find it? (Look high and low in décor.) Point when you see it. (Keep looking while you wait for Lil' Hikers to point to where the story bag is partially hidden.) OH! There it is! Thank you for your help! (Get story bag and then sit down look inside.)

I am so excited for today's story! Let's see what is in our story bag. (Look into story bag and pull out the award medal) A medal! Have you ever been in a race or a contest and won a medal? (Pause) In a contest the winner is sometimes given a medal like this one as a special prize. Hmm...there must be a be contest in our story today. I wonder who is going to be the winner? (Tap forehead and pause)

God told Elijah it was time for the people to see that He really was the one real God. King Ahab and Queen Jezebel's gods were nothing but fakes. A big contest between the real God and their fake ones would show everyone just who was the most powerful. Who do you think will win? Team God and Elijah or King Ahab and the fake gods? (Pause)

People came from all over to see this contest between the gods on Mount Carmel. Soon everyone would see who the real, powerful God was. There were 850 (arms spread wide) prophets for the fake god and only the one, (hold up one finger) Prophet Elijah, for God. One (one finger) against 850 (spread arms wide)! This doesn't sound like a very fair contest, does it?

(Open story bag and bring out stones) Two great big stone altars were built on the top of Mount Carmel. One altar for the fake gods. (Place one large stone) One for

the real God. (Place the second large stone) The people watched closely. Who was going to win?

Elijah told the people to stop trying to serve two gods. Whoever won that day would be the one real God. The only one they should follow! The people would have to make a choice. Hmm... (tap forehead) Would they choose the real God, or would they believe in the fake gods of King Ahab and Queen Jezebel?

(Open story bag and bring out a safety lighter) A lighter! Would Elijah start a fire to on the altars? NO! (Shake head) Here were the rules for the contest. Each altar would have wood and an offering to their god. The prophets couldn't (shake head side to side) use a lighter (hold up lighter) to start the fire. Their god would have to send fire flashing down from the sky. WOW! Fire from the sky! To win the contest the fire would have to burn everything on the altar.

All 850 prophets prayed to their gods, but nothing happened. All morning, they danced and jumped, still no fire from the sky. The Bible (hold out Bible open to story.) tells us Elijah said, "Pray louder!" Maybe he is busy or traveling! Maybe he is sleeping so you will have to wake him!" (1 Kings 18:27 ICB) The prophets begged their gods, still no fire. ALL day long they kept yelling to their gods. Why weren't they answering? Where was the fire? They were so tired! Finally, the prophets of the fake gods gave up. They were done. Their gods had not heard them. They did not send fire flashing down from the sky.

Now it was God and Elijah's turn. (Open story bag and bring out bottle of water) Hmm...Can you start a fire with water? (Pause) NO! Elijah dug and dug. He dug a deep hole all the way around the altar. Then he poured four big jars of water onto the altar. He did it again, and then again. Water was everywhere! Water spilled out of the deep hole. The wood on the altar was soaked. Everything was dripping with water! How would anything burn? Let's see what happens if we try this.

FLOODED CANDLE DEMONSTRATION

DO/SAY: Explain as you do each step.

1. Bring out two small glass bowls, two tea lights, a safety lighter, wooden blocks or rocks, and a pitcher of water.
2. Build two small altars using wooden blocks or rocks.
3. Place each candle into a bowl and set on top of each altar—one to represent the altar for the fake gods and one for the altar of God.
4. Take the pitcher of water and pour it over the candle representing the altar of God.
5. Hold the lighter. Ask the Lil' Hikers if they think both candles can be lit.

6. Using the lighter first light the dry candle. "Yay! It lights. Hmm, I wonder why the altar for the fake gods didn't light."

7. Then try to light the wet candle. Try multiple times. "It won't light. Hmm, I wonder, can the real God light Elijah's soaking wet altar?" Let's see what happens in our story.

SAY: Elijah prayed to God. Then he took a big step away from the altar. He didn't want to be too close! Whoosh! In a flash like lightning God sent fire from the sky! It burned up everything on the altar. All the wood and the water were gone! Elijah didn't have to yell and dance for God to hear him. God was right there with him.

We couldn't light our candle that was really, wet, but God could do the impossible. Another miracle! Only a real God could light a dripping wet altar. The people saw He really was the one true God! God was powerful! God and Elijah won the contest! Yay God!

Elijah told the people to hurry home. A rainstorm was coming! God had promised to send the rain again! Yay God!

(Open story bag and bring out cloud) What do we see in the sky when it rains? (hold up the cloud). Clouds! Elijah climbed to the very top of the mountain and looked out at the big sea. There wasn't a cloud in sight! Only bright blue sky everywhere! God had told him it would rain so Elijah believed. He knelt and prayed to God. Elijah prayed 6 times. (Hold up 6 fingers) Each time he would look out at the sea. Still no clouds.

Once more, the 7th time, (hold up 7 fingers) Elijah knelt and prayed. He opened his eyes and there it was—a little cloud (raise cloud) rising from the sea! God told Elijah to run quick and tell King Ahab. The rain was coming!

Elijah ran so fast! He ran all the way down the mountain. He ran all the way to the King's palace, more than 20 miles! WOW! He ran so fast he made it there before King Ahab with all his horses! That is super speedy—God Speed!

Whew! Elijah was so tired. It had been a long day—building an altar, climbing a mountain, and now running so far and so fast. What do you do when you're tired? (Pause) Sleep! Elijah fell fast asleep right there leaning against the wall of the city.

What a powerful God! He did so many impossible things—miracles! He started a fire on a dripping wet altar. He gave Elijah super speed, He made it rain again, and so much more! (Lean in and whisper) Do you know what? (Pause) God still does amazing things today. He is powerful!

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

PRAY

Dear God,

You are so powerful! Thank you for always being with us.

Thank you for hearing our prayers. We love you

Amen

SAY: I can't wait to tell you tomorrow's story! I wonder what miracle God will do. Thank you for being such good listeners. It is time to discover something new at our Butterfly Centers.

Instruct groups to follow their leaders to the next station.

BUTTERFLY CENTERS: [3 AREAS]

STATION SUPPLIES

CATERPILLAR CAMP

- Camping gear
- Magnifying glasses
- Plastic butterflies
- Kaleidoscopes
- Binoculars
- Picture books of mountain animals and butterflies in a basket
- Blanket spread out on the floor by tent.
- Real/Fake items from Day 1 Bible story activity
- Backpack of hiking gear
- Logs to build a pretend fire
- Rocks or blocks from Bible Story
- Butterfly Cycle Model

BUTTERFLY DISCOVERY STATION:

THE RAIN IS COMING! SENSORY BIN

- Plastic Table Covering
- Painter's Tape
- Plastic Bins—approximately 24" x 18" x 6" (about 28qt)
- Blue Water Beads (2-3 Tbsp/bin)
- Cotton Balls
- Sunshine Squirters (Oriental Trading Co.)
- Small Strainers or plastic containers with small holes
- Water
- Paper towels

CHRYSALIS WONDERS TABLE

WOAH! SUPER SPEEDY RICE!

- Plastic Table Covering

- Bowls, small
- Spoons for stirring
- Mason Jars, Clear plastic pint sized.
- Vinegar, white
- Baking Soda
- Instant Rice (Regular rice won't work)
- Water
- Food Coloring, blue
- Tablespoon Measuring Spoons
- ¼ Cup Scoop
- Cups, small for vinegar
- Eyedroppers—preschooler friendly (Amazon)

PREPARE AHEAD OF TIME

CATERPILLAR CAMP

- Clean and reorganize campsite.
- Arrange for wooden blocks or rocks from today's Bible story to be added during the transition time.

BUTTERFLY DISCOVERY STATION

- Soak blue water beads in water overnight according to directions. About 2 Tbsp beads/ Gallon of water. Remember they grow and will absorb the water. This can be done in plastic bins.
- Cover tables with plastic table covering or secure to floor using painter's tape.
- Place the plastic bins with the blue water beads on the table covering. Add more water to just cover the beads. Add sunshine squirters. Place cotton balls in a small container for Lil' Hikers to add the clouds to the sensory bin. Add strainers to the bins.
- Place paper towels nearby to clean up spills and wipe hands dry as needed.

CHRYSALIS WONDERS TABLE

- Fill pint sized plastic mason jars $\frac{3}{4}$ full of water and add 1 Tbsp of baking soda. Stir until soda is dissolved. Place one at each workstation and the remaining stored within easy access.
- Put a cup of instant rice in bowls and add a ¼ cup scoop. Place one bowl between each workstation.
- Pour vinegar into small cups and place one at each workstation along with an eyedropper.
- Give blue food coloring to assistants who can help Lil' Hikers color their water. Place a spoon at each workstation for stirring the blue food coloring into the water.

INSTRUCTIONS FOR WHOA! SUPER SPEEDY RICE!

1. Lil' Hikers will find a place at the table with a plastic jar with water and baking soda.

2. Have the assistant come and help them add 3-4 drops of blue food coloring to their jar and use the spoon to stir it into the water/soda mix.
3. Next the Lil' Hikers will add a ¼ cup scoop of rice to the colored water/soda mix. The rice will not do anything super awesome yet. On its own there is no super speed, just like we need God's power to help us.
4. Now it is time to add the "power." Using the eyedropper have Lil' Hikers add about 1 Tbsp of vinegar to their jar. Then watch as the rice begins to move and dance about in the jar. It may take a few moments for the vinegar to activate.

DO: Meet the Lil' Hikers at the entrance to the Butterfly Centers to invite them to explore and learn with you. Explain the boundaries of the station and what they will be able to do at each center. Let them know they are welcome to visit each of the areas during their time at the Butterfly Centers.

SAY: Hello Lil' Hikers! Are you ready to study and learn more about butterflies today? (Pause) Me too! Do you remember the tricky word that means butterfly scientist, lepidopterist? Let's say it together: leh...puh...daap...tr...uhsts. That's really awesome! You are ready to learn some amazing things today!

Today at the Caterpillar Camp you can build an altar just like Elijah did. You can study the butterflies and see if you can match pictures in our butterfly book to the butterflies you see.

At the Butterfly Discovery Station you will explore how rain clouds form by absorbing the water in the air until they are so full they can't hold any more water. Put them in a strainer and watch it rain. You can add more water to see it rain harder.

Over at the Chrysalis Wonders Table you are going to see something POWERFUL! Whoa! Super Speedy Rice! Who made Elijah able to run so super speedy fast? (Pause) GOD!

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

That's right! I wonder what you will see when you add the "power" to the jar. (Tap forehead)

When I call your butterfly crew name you can come in and explore any area you choose.

DO: Invite the Lil' Hikers to choose the station they want to go to. Encourage crew leaders to spread out

to engage with the Lil' Hikers at each area. They can ask questions such as "I wonder" or for Lil' Hikers to share what they are discovering. Remember to reinforce the days Power Point.

After 15 minutes give a 5-minute warning for the Butterfly Centers closing.

Instruct groups to follow their leaders to the next station.

GAME: WATERFALL RELAY

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Lance the Lion

SUPPLIES

- Whistle
- 5-Gallon Bucket, 1/team of 2 crews – filled with water.
- Plastic Pool, small
- Cups, plastic party cups, 2/team of two crews
- Pool Noodle, 1 jumbo size
- 50-foot Ropes, 2
- Nail
- Towels, 1 or 2 – in case a child gets too wet.

AHEAD OF TIME

- Lay 50-foot rope in a circle to establish an area for the warm-up activity and for the wrap-up debrief at the end.
- Lay the second 50-foot rope in a line to create a starting line for the main game.
- Place a bucket filled with water at the starting line.
- Place the small plastic pool about 15 feet away from the starting line.
- Poke 3 small holes in plastic party cups using the nail.
- Jumbo Pool Noodle – cut in half length longwise.
- Lay 2 halves of cut jumbo pool noodle end to end between the bucket and plastic pool as a balance beam.
- Assign crew leaders to stand at the starting line to help Lil' Hikers as needed. They will also need to hold onto the party cups and give them to the first two players of each team. A second set of crew leaders will need to be assigned to help Lil' Hikers balance at the log crossing.

TIPS: Each team should have approximately 10 Lil' Hikers (or 2 crews). Prepare some extra party cups with holes in case a cup breaks during the game.

WELCOME

SAY: Hello! Hello Lil' Hikers! I am so excited to see each one of you here at Raven's Roost! I have been having so much fun! Have you? Yes! *(Move to rope circle.)* Do you think you can find your places at the circle before I count to 10 today? I think so! *(Count to 10 slowly as they find their places)* Nice job! That was so fast!

WARM-UP ACTIVITY

Today for our warm-up activity you get to use those amazing listening ears again. I know you have been using them all over Butterfly Basecamp today but now you will use them to take our Mountain Lion Express train to the top of our Mountain of Miracles where there is an amazing waterfall. Are you so excited? Me too!

1. I will count to 3, and then you will turn to your right *(raise your left hand because you are facing them as a mirror, and say, "the hand on this side of your body.")*. Are you ready, 1...2...3...turn! You should now be looking at the back of your neighbor. If not that's okay, just turn around super-fast. Fantastic!
2. Now we need to get all the train cars for our Mountain Lion Express hooked together. Put your hands, gently, on the shoulders of the person in front of you. *(Designate a front of the train that won't put their hands on anyone.)*
3. When our train is ready, I will be giving you signals with my whistle. It is important that you listen carefully so your train can make it all the way up the mountain together.
4. Here are the signals: 1 short whistle = move slowly. 2 whistles = move faster. 1 long whistle = stop! 3 whistles = back up. *(Practice each)*
5. The Mountain Lion Express is ready! Let's go! *(About 3 minutes of giving whistle signals ending with a short whistle to stop.)*

Whoa! You made an excellent express train right up to the top of the mountain! That was some great listening! Do you hear something loud and powerful? *(Put hand to ear as if straining to hear.)* No...me either! I thought there was supposed to be a powerful waterfall up here at the top of the mountain. I can't hear it. Can you? I wonder what happened to make it lose all its power. You know sometimes things happen that make us not feel very powerful, maybe even tired, and scared. Do you know who is ALWAYS powerful? GOD!

POWER POINT

"My God is Powerful..." *(Put both arms up and flex muscles.)*

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: Yes! I am so glad God never loses His power. He is always with us to help us when we feel tired or scared. Let's go see if we can figure out what happened to our waterfall. *(Invite Lil' Hikers to come to the starting line of the game.)*

OH! I see what it is! Do you see those logs lying across the river? They must have floated here and dammed up the water. Will you help me get the water to the other side? *(Pause)* Fantastic! Listen as I tell you how we will do this. My assistant will demonstrate as I explain. *(Have _____ assistant come and take a cup full of water and hold it up as water runs out of the holes.)*

Oh No! All kinds of troubles today! I hope we don't all get too wet! I know you can do this even when it seems impossible, I know God is with us and He is powerful! *(Have an assistant do each of the following as you give instructions.)*

GAME INSTRUCTIONS

1. First you will scoop up some water in a cup.
2. Then you will need to carefully balance as you walk on the logs. Don't spill too much water as walk all the way across to the other side.
3. Once you get across the logs then pour whatever water is left in your cup into the pool on the other side.
4. Run back and get in line to have another turn helping your team get more water across.
5. Play until out of time or water in the bucket.

WRAP UP

(Use a whistle to call children to line up around the rope circle 3-4 minutes before the end of the rotation time.)

SAY: Look at all the water you got to the other side! That's amazing! It won't be long, and I know that the waterfall will be powerful again.

Was it hard to walk on the logs? *(Pause)* Did any of you get wet? *(Pause)* When you got wet or fell of the logs did you want to give up? *(Pause)* It can be hard to believe it will work when everything seems to go wrong. But who do we know that is more powerful than anything? GOD!

POWER POINT

"My God is Powerful..." *(Put both arms up and flex muscles.)*

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

I am so glad to know a God that is the most powerful! He is even more powerful than our waterfall will be when it flows over the top of the mountain again.

Thank you for coming today! I can hardly wait for all the fun we will have tomorrow! It's time for you to go and have a refreshing drink of water and a snack. Follow your crew leaders to the snack area. See you again soon!

SNACK: FROZEN REFRESHER

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Lance the Lion

SUPPLIES

- Cookie Sheets
- Wax or parchment paper
- 9 oz clear plastic cups
- Serving Trays
- Napkins
- Hand wipes
- Hand Sanitizer
- Small water cups

INGREDIENTS

- Applesauce pouches (no sugar added) in a variety of flavors: Apple, Strawberry, Mango, Banana

TIP: You will want to make this snack the night before and put it into the freezer until ready to serve. You can even make this snack several days ahead of time and store it in a sealed container in the freezer until you are ready to serve. Have fun and combine flavors to make pretty half and half applesauce bites.

AHEAD OF TIME

- Make this snack the day before serving.
- Line a cookie sheet with wax paper.
- Remove the lid from an applesauce pouch and begin squeezing bite size drops of applesauce on the wax paper.
- Get creative and mix flavors by holding a pouch in each hand and squeezing them both at the same time.
- You will want to make at least five quarter-sized circles per child.
- Once they are completely frozen, quickly remove them from the wax paper and place in a freezer safe container/bag.



- Store in the freezer until ready to serve.
- Place 5 frozen fruit bites in a 9 oz cup, 1/child. Set onto serving trays.
- Set each group's area with hand sanitizer, hand wipes and napkins. Set a water cup at each place.

WELCOME

SAY: Welcome back to Manna Munchies Lil' Hikers! You are going to love the snack for today! Are you ready for it? It's totally refreshing like playing in a sprinkler on a hot day. It's super cool, delicious (of course!), and yummy frozen fruit bite! Oh my! I can't wait for you to try them!

You know what is amazing about this snack? It started off soft and runny and now it is solid—rock solid! How did that happen, you ask? Well, the power of the freezer makes things super cold, it freezes them solid. That reminds me of how God's power is real. He can do amazing things for you and me with His power!

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: You are getting so good at our Power Point each day! That was awesome! Let's pray and thank God for our frozen snack.

PRAY

Dear God,

Thank you, for being powerful. Thank you for this cool, and yummy frozen fruit bite we are about to eat. We love you!

Amen

SNACK INSTRUCTIONS

We will bring you each a cupful of frozen refreshers. Once you have your snack think about how powerful the freezer is to make something soft into something hard. God is more powerful than that! He loves you so much! He is a powerful God!

WRAP UP

SAY: It's time to help clean up! Be sure to throw away your trash here (show trash can), and then wipe your hands and area clean. (Have crew leaders give each child a wipe.)

That was such a cool, yummy snack! Let's say our Power Point really loud together. Are you ready?

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Wow! God loves hearing you say that! Remember He is always with you!

I will see you tomorrow, Lil' Hikers! (Wave goodbye)

Instruct groups to follow their leaders to the next station.

CRAFT: MOUNTAIN SPINNER

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Lance the Lion

SUPPLIES

- Compass to demonstrate
- White Cake Board Rounds—6-inch, 2/child
- Washable Markers
- Stickers
- Nail
- Hammer
- String—28-inches for each spinner
- Hand wipes
- Table covering—plastic or paper

AHEAD OF TIME

- Use the nail to poke two holes in the center of each cake board round.
- Cut the string into 28" long pieces, 2/child.
- Make a few examples with simple designs the Lil' Hikers might be able to copy.
- Set out a variety of colors of markers and stickers on each craft table.
- At each workspace place 2 white cake board rounds and 2 pieces of string.
- Place wipes within reach of the craft table to make cleaning up hands easy after using markers.

MOUNTAIN SPINNER DIRECTIONS

1. Use a nail to poke two holes in the center of the cake board round.
2. Use markers and color simple designs onto each side of the circle.
3. Cut string 28 inches long.

4. Thread the string through the holes in the center of the circle by pulling the string through the first hole about half the length of the thread. Then thread the same end through the second hole, pulling it part way.

5. Join the two ends of the string together by tying a knot.

6. Hold each end of the loop of string and pull... relax...pull...relax to make it whirl.

WELCOME

SAY: Hello Lil' Hikers! Welcome back to Mt. Carmel Crafts! Do we have any new Lil' Hikers with us today? (Pause and greet new children.) We are going to have a whirling, twirling good time creating together today!

Have you all been enjoying your hike? (Pause) That's awesome! I love to hike! Climbing up and down mountains, crossing streams of running water, listening to the birds singing, there are so many great things about hiking...if you know where you are going, that is. Most of the time the map on my phone can help me know which path to follow. If my battery runs out though, I am stuck—completely lost!

Way back before there were cell phones people would use a compass to help them know which way to walk. (Show compass) The compass has a spinner that can show me where to go. (Show how compass spinner turns.) How does it do that?! Well, it uses the magnetic power of the Earth to know which way to point. How cool is that! Hey! Do you know who is even more powerful than the magnetic power of the Earth? The One who made the Earth—GOD!

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

That was great! It makes me feel calm inside knowing God is so powerful.

For our craft today, you will be making a Mountain Spinner. We are NOT going to spin around and around—but making a cool spinner that you can decorate in beautiful colors and designs. (Show examples of spinner and demonstrate how it spins.) Hopefully you don't get all turned around and dizzy watching your spinners twirl and whirl around in circles!

You will each get to make two spinners, one for you and one to share with a friend.

INSTRUCTIONS

1. First you are going to decorate the circle part of your spinner. Take your time and draw carefully. There are lots of different kinds of designs you could make—polka-dots, swirls, shapes or anything you can think of. You can also add some stickers if you would like.
2. Once your circles are fantastically colored it will be time to thread the string through the holes in the middle. Take one end of the string and poke it into one hole and pull it through part way and then poke it back into the second hole. (Demonstrate how to do this.)
3. Your crew leader or a craft helper here can help you with this next part. You will need to tie the two ends of the string together with a knot like this. (Demonstrate)
4. Now it is time to whirl your spinner so step away from the table. Hold each end of the string in each hand and pull...relax...pull...relax. This can take some practice but keep trying. You have got this!

WRAP UP

Give a 5-minute warning to finish up crafts and another warning at 2-3 minutes left to allow for clean-up time.

SAY: Thank you for your help cleaning up! Wow! I saw some totally awesome Mountain Spinners twirling and whirling. Nice job Lil' Hikers! Remember to take both of your spinners home with you; one for you and one to share with a friend. Hey! You can tell them our Power Point from today too! Let's say it one more time before you go.

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

GOODBYE

Great job today! I will see you tomorrow!

Instruct groups to follow their leaders to the next station.

CLOSING

MESSAGE OF THE DAY

Lil' Hikers will learn that God is powerful.

POWER POINT

"My God is Powerful..." (Put both arms up and flex muscles.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Lance the Lion

SUPPLIES

- Device to play music.
- Rhythm Scarves (Optional)

AHEAD OF TIME

Invite parents to participate with their Lil' Hiker in the Butterfly Basecamp closing activities and join them at Jezreel's Wellspring Closing.

DO

1. Invite Lil' Hikers to sit with their parent/caregiver with their crews on the color circles.
2. Say Power Point:
"My God is Powerful..." (Put both arms up and flex muscles.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)
3. Ask Lil' Hikers to share together in their crews 2 things: What did they see today that reminded them of God's love? What was their favorite activity today? Give 3 minutes then shake rain stick and say, "Rain, rain, falling down, listening ears and quiet mouths."
4. Lance the Lion Roars
Have Lil' Hikers get on their hands and knees, like a lion. Then take a big breath in through their nose, pause for 3,2,1 and then let it out with a big roar. Repeat 3 times.
5. Music Activities
 - Caterpillar wiggle on the floor.
"Little Fat Caterpillar" (Janet Sage, *Little Songs for Living with Jesus*, #17)
Little fat caterpillar, crawling on the leaves;
Little fat caterpillar, crawling on the leaves.
Hump- Bump- Wiggle- Bump,
Hump- Bump- Wiggle- Bump,
Jesus makes the caterpillar, crawling on the leaves.
Either review motions of song and sing with motions or use rhythm scarves while singing.
"It's God" (Mountain of Miracles song)
6. Say Memory Verse Together:
I am—Point to the sky with both pointer fingers.
With you—Cross arms over your chest.
Do not be afraid—Move your pointer finger side to side.
I am—Point to the sky with both pointer fingers.
Your—Point outward.
God—Start with flat hand, pointer finger at mouth.
Then move your hand in an arc outward, first up then down.
So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—*Hold hands as if opening a book.*

- 7.** Thank Lil' Hikers for coming to Butterfly Basecamp Today. Give them a brief idea about the fun in store for tomorrow.
- 8.** Ask for prayer requests and invite one Lil' Hiker from each crew to come and pray. Leader close with a simple prayer.
- 9.** Dismiss Lil' Hikers and their parent/caregivers to go with their crews to Jezreel's Wellspring for more fun!

DAY FOUR

MESSAGE OF THE DAY

Lil' Hikers will learn that God knows and loves each one of them.

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

BIBLE VERSE

"I am with you, do not be afraid. I am your God so do not be upset." Isaiah 41:10

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer finger side to side.

I am—Point to the sky with both pointer fingers.

Your—Point outward.

God—Start with flat hand, pointer finger at mouth.

Then move your hand in an arc outward, first up then down.

So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—Hold hands as if opening a book.

BIBLE PAL

Nervy the Nubian Ibex

WELCOME

SUPPLIES

- Yellow Paper Plates, 8 or more
- Permanent Marker
- Craft Sticks—colors: yellow, blue, red, green, pink, grey, purple, orange.
- Clear Packing tape
- Music Player and Mountain of Miracles Music
- Butterfly Cycle Model and Butterfly Garden Kit (Optional)
- White Sheet

AHEAD OF TIME

- Draw expressions on yellow paper plates using the black permanent marker. Be sure to include the following as they will need to be familiar with them for in the Butterfly Centers: Happy, Sad, Angry, Calm, Silly, Worried, Tired, Brave.

- Write the feeling/emotion on the colored craft sticks to match up with the plates: Happy—Yellow, Sad—Blue, Angry—Red, Calm—Green, Silly—Pink, Worried—Grey, Tired—Purple, Brave—Orange. These will be attached later during the Welcome time.
- Give each crew leader the following list of questions to lead out in a discussion with their crews when directed to during the welcome.
 - Tell me about your favorite place to go with your family? How do you feel when you are there?
 - How do you feel when you are all snuggled up to hear a story before bedtime?
 - What do you do if you are feeling really scared?
 - What makes you feel better when you are sad?
 - What is something that makes you feel loved?
 - Have you ever felt really, really angry? What did you do?
 - How do you get calm when you are angry?
 - Let's practice breathing together to help us feel calm. Deep breath in...hold 3,2,1...let all of your breath out...3,2,1. Repeat
- Turn on Mountain of Miracles music to play while Lil' Hikers come in and put their butterfly on the garden wall and find their places to sit.

DO: Have the Mountain of Miracles theme song playing as the Lil' Hikers come in from the opening program at Jezreel's Wellspring. Hold Bella the Butterfly and warmly greet each Lil' Hiker by name and a butterfly fist bump. (Using hand with Bella the Butterfly, gently fist bump, then pull back and wiggle fingers like a fluttering butterfly.) Invite them to take one butterfly from the basket and add it to the butterfly garden wall before sitting in their spot on the colored circle that matches their crew color. Once the Lil' Hikers are all seated turn off the music.

SAY: Hello Lil' Hikers! Welcome to Butterfly Basecamp! I am so excited to see each one of you today! I was having a really hard time waiting patiently for you to get here. But now you are! (Smile) It is so good to have friends around. Everything just seems so much better when there is a friend who can laugh with you when you feel silly or sit quietly with you when you're sad. A friend can share a hug or a smile that makes you feel happy inside.

Sometimes we can feel scared or worried. You know that reminds me of our animal character today, Nervy. Do you remember what kind of animal he is? (Pause) That's right a Nubian Ibex. I thought I saw Nervy around

here somewhere. Do you see him? (Search under rocks, in the tree and flowers while Lil' Hikers are telling you where he is.) OH! There he is! Thank you for helping me! It is wonderful having a room full of my friends here now. When Nervy was small and still learning how to leap from rock to rock he needed to stay close to his mom so she could show him the best way to get down the mountain. He needed some practice at first but now he is an expert at leaping. As you are out hiking here in the mountains you might need to do some pretty tricky leaps up and down the rocky ridges. Let's practice some Nubian Ibex leaps together.

DO: Invite Lil' Hikers to stand up with you and stand side by side with legs wide apart at first to create enough space between them. Begin leaping practice first with 3 little hops, then 3 small jumps, then 3 bigger jumps and ending with 3 big leaps reaching forward with one foot while pushing off with the other. May have to readjust line after each motion.

WOW! You are going to be excellent leapers on those rocky ridges here in the mountains—just like our friend Nervy. Be sure you stick together out there though. It is good to have friends when you are on a hike. Nervy stays close to his herd, so he isn't worried or lonely. Have you ever felt lonely? (Pause) Maybe a time when there wasn't anyone around to play with or if you moved to a new place and haven't met a friend yet. That doesn't feel very good inside, does it? (Make a sad face and touch heart) You know what? (whisper) I know someone who knows how you are feeling—someone who is always your friend. Do you know who? (Pause) GOD! That's right! When you are sad, or lonely, or worried or when you are happy or silly, God is your friend, one that is ALWAYS with you! God knows how you are feeling inside. He loves you when you are happy or silly or when you are lonely or worried. He knows you and He loves you! God knows you!

POWER POINT

*"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)*

Isn't that the best thing ever! God knows us so well he knows exactly how we are feeling inside. In fact, He made us to feel all those different feelings inside. Can you help me name some feelings? (Pause and wait for answers and respond appropriately.)

We are going to take about three minutes to talk in your crew about feelings. Your crew leader has questions for you to talk about. Huddle up in a circle so you can all share and listen. When you hear the rain stick it will be time to turn this way again.

DO: Start timer for three minutes. Mingle among the crews listening to their responses as the crew leaders discuss questions. Give a 30 second warning and then a count down from 5 before shaking the rain stick and saying, "Rain, rain, falling down, listening ears and quiet mouths."

It was so good to hear you sharing with each other. I feel like I know you all better now too! Hmm...I wonder, how would I know how you are feeling inside? (Pause) Does the way you are feeling inside ever bubble up so big it bursts out of you? Me too! Sometimes our I feel so happy I just can't help myself and I have a big smile on my face and start bouncing and moving my feet (do a happy dance). Other times I just curl up in my blanket, squeeze my stuffed animal so tight and maybe cry great big sobs because I am so sad. Other times though our feelings are just medium sized or even itty bitty.

Do you think you could tell what someone is feeling by looking at their face? (Pause) Let's try it!

DO: Bring out emoji plate faces. Hold up a face and have Lil' Hikers name the feeling then ask them to try and make the same expression. Respond to their answers and expressions. Do another round where you show them an expression and then give them the following actions to go with it:

1. Happy—Clap and spin around 2 times (hold up 2 fingers).
2. Sad—Curl up into a ball
3. Angry—Stomp feet and cross arms
4. Calm—Sway slowly side to side while hugging self, seated.
5. Silly—Make a silly face and jump around in a silly way.
6. Worried—shake and take three steps backwards.
7. Tired—Yawn and lay down.
8. Brave—Flex muscles with both arms.

SAY: Wow! That was great! You are getting really good at knowing different feelings and emotions. Sometimes when I have great big emotions or feelings it can feel a bit like an earthquake in the mountains—shaking and out of control. Those kind of emotions and feelings don't seem so scary when I am able to give them a name and describe them. Matching our emotions and feelings to a color can also make it easier for me to understand and talk about them. Will you help me match up our feelings and emotions to a color? (Bring out colored craft sticks and ask Lil' Hikers to name the color then read the emotion/feeling written. Have Lil' Hikers help you match the craft stick with the right emoji paper plate.) At the Butterfly Centers later today, you will explore some more about the colors that go with emotions.

I am so happy to know that God loves us and is with us no matter what feeling or emotion we have. He knows us! He doesn't even have to see our faces to know how we feel. (Whisper) He just knows.

This week here at Butterfly Basecamp we have been learning about one of God's amazing colorful creations—butterflies! Our butterfly garden wall is so beautiful! Each day you are making it more vibrant and pretty! I wonder if caterpillars and butterflies have feelings. (Pause to wonder) Hmm...I wonder if they are happy when they see bright pretty flowers and feel the warm sunshine? Or if the caterpillar feels sleepy when its tummy is full of leaves, and fruit and it's time to make a chrysalis. (Hold up chrysalis from butterfly cycle model.)

One day, after the caterpillar has eaten and eaten and eaten, its tummy will finally be so full it will just stop. No more eating! It is now time for the caterpillar to do something totally amazing! First it will attach itself to a leaf or stick, hanging upside down. Then it begins to spin a silky web around and around itself. (Ask for a volunteer to demonstrate—they don't have to hang upside down!) (Begin wrapping the white sheet around the volunteer.) The white silky web goes around and around (keep wrapping volunteer) and around and around until the caterpillar is completely covered in a smooth, silky white cocoon. Now the caterpillar is inside the chrysalis ready to change into (pause, unwrap volunteer)—a butterfly! (There will be 4 wings, 2 antennae, 2 eyes and 6 legs. God made this all to happen in such an incredible way!

I am so happy spending this time with you! It is great getting to know you here at Butterfly Basecamp! It is now time for our Bible storyteller to come and tell you another amazing story about our Bible friend Prophet Elijah. Remember to listen carefully, God is going to show Elijah that He knows Him and was ALWAYS there with him!

BIBLE STORY: ELIJAH RUNS AWAY

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

BIBLE VERSE

"I am with you, do not be afraid. I am your God so do not be upset." Isaiah 41:10

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer finger side to side.

I am—Point to the sky with both pointer fingers.

Your—Point outward.

God—Start with flat hand, pointer finger at mouth. Then move your hand in an arc outward, first up then down.

So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—Hold hands as if opening a book.

SUPPLIES

- Story Bag, closeable bag to hide story objects
- Story Bag Objects: Angry Face drawn on 4-6" circle, Sandals, Small Blanket, Bread and Water, Red Paper Heart Shape, Small Fan with batteries, Rock
- A low stool or pillow for you to sit on to comfortably be at the same level with the Lil' Hikers.
- Bible
- Rain stick

AHEAD OF TIME

- Place story bag objects in bag and hide in décor so that it is only partially hidden.
- Practice story with story bag objects and the Bible verse with motions until able to do it without reading it.

BIBLE STORY

SAY: Hello Lil' Hikers! It is wonderful to see you here again for another story about God's friend Elijah. In our last story Elijah had a really big day! He showed the people that God was the only real God, then he climbed to the very top of mountain, saw a rain cloud and ran super, duper fast back down the mountain. Elijah was so tired after such a long day. Do you remember what he did next? (Pause) He fell asleep, right there by the city gate. No soft pillow or fuzzy blanket. (Snore while pretend sleeping)

Our story today is one of my favorite stories in the Bible. (hold out Bible open to story) The Bible is filled with amazing stories of the one real God—the One who loves you. We can know it is true! God was Elijah's very best friend, and God wants to be your best friend too! He knew when Elijah was happy or sad, tired or scared. God knows each one of you too!

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

I want to God to be my friend and know me, do you? (Pause) YES!

Hmm...Where did I put my story bag? (Look high and low in décor.) Do you see it? (Keep looking while you wait

for Lil' Hikers to point to where the story bag is partially hidden.) OH! There it is! Thank you for your help! (Get story bag and bring out the angry face) Do you think King Ahab or Queen Jezebel were happy that Elijah had shown the people they were lying about God? NO way! Queen Jezebel was not just a little angry she was hopping mad! She might have even yelled and screamed and jumped up and down. She was so angry! Not very good behavior for a queen!

(Story bag, sandals) Hmm... It must be time for Elijah to wake up and put on his sandals. It was! Elijah's servant woke him up and gave him a note from Queen Jezebel. It was a mean, angry note! When Elijah read it, he was afraid! Not just a little scared, but terrified! He didn't even wait for breakfast! He just took off running.

I need your help with this story. Stand up with me and practice running right there in your own spot. Move your feet up and down but don't go anywhere. Great! Try it a little faster. Look at you running nowhere! Now slower... slower. That's awesome! Listen for the rain stick. When it shakes, stop. (Shake rain stick and say, "Rain, rain, falling down, listening ears and quiet mouths." And stop walking) Nice job! I think you are ready to run like Elijah. Let's go!

Elijah's servant helper quickly grabbed some food and water and ran after him. *Run in place with me. (Begin running in place.)* They ran, and ran, they ran farther than ever—20 miles. *Keep running!* 30 miles, still running—50 miles, running and running—75 miles, running so fast—95 miles! They ran and ran and ran! They were running for their lives from Queen Jezebel. They were really afraid! They ran all the way to the town of Beersheba. (Shake rain stick) "Rain, rain, falling down, listening ears and quiet mouths." *Stop! (Have children sit down.)*

(Story bag, blanket) Do you ever get scared? (Pause) Me too! Sometimes when the thunder rumbles and the lightning flashes through the sky I hide under my blankets. (Blanket over head) Do I know that God is always with me? I sure do! But when we get scared it can be easy to forget that God is with us. But He always there!

God had protected Elijah from King Ahab and Queen Jezebel before. Elijah knew God was powerful enough to do anything. Why do you think Elijah was so scared? (Thoughtful Pause) Hmm... Maybe He was so tired after such a big day he wasn't thinking carefully. We don't know why he forgot how much God liked him or that God was powerful enough to protect him from the angry queen, but the Bible tells us God didn't forget about Elijah! He was right there running with Elijah. Isn't that awesome! God doesn't forget about us either! Yay God!

Elijah's servant helper was so tired after running 95 miles to Beersheba that he stopped and stayed right there. Elijah didn't stop. He didn't sleep, he didn't eat, he just kept running. *Are you ready, we can't stop running either. Stand up. Let's go!* (Have Lil' Hikers run in place with you again) Elijah ran and ran for another whole day. He ran on dusty roads, up hills and down, through towns, and across little streams of water. He didn't stop and drink. He kept running.

Elijah, so exhausted, stumbled and fell beneath a sticky broom tree at the edge of the hot dry desert. (Rain stick) "Rain, rain, falling down, listening ears and quiet mouths." *Stop!* There he finally fell asleep. *Are you tired yet? You can sit down and rest like Elijah did.*

(Story bag, bread and water) I think Elijah must have been very hungry and thirsty, but he was sound asleep!

"Elijah, Elijah!" Who was trying to wake him? Was it one of the queen's soldiers? No! It was an angel sent from God! "Get up and eat, Elijah," the angel told him. There was a warm fire and water and bread. (Put water and bread beside campfire) Elijah ate and fell right back to sleep. He was tired!

"Elijah, Elijah!" Again, the angel woke Elijah up. Get up and eat. There was more food and water for him. Then the angel told him he had more walking to do. A whole lot of walking—40 days! *Get up—we have more walking to do too!* (Walk in place) Elijah walked all the way to Mount Horeb. He walked and walked and then walked some more! Count with me by 10's as we walk—10 days of walking, 20 days of walking, 30 days of walking, 40 days of walking! That's a lot of walking! (Shake rain stick) "Rain, rain, falling down, listening ears and quiet mouths." *Stop! Are you tired of walking! Me too! Let's sit down again.*

(Story bag, heart) Elijah felt all alone—but was he? No! (Shake head) God was with him. God was his friend no matter what! God loved Elijah! (hold up heart)

Elijah found a cave on Mount Horeb. He climbed inside and fell right to sleep.

"Elijah? What are you doing here?" God was talking to Elijah. Elijah answered, "I am all alone God. I am the only one left who loves you! And now they are all after me!"

Elijah wasn't all alone! God was with him. And many other people loved God now too! They had seen God's power and remembered that He was the one real God! God knew Elijah was so sad and tired he felt like he was all alone. God loved him, he wanted Elijah to remember that he was always with him.

(Story bag, portable fan) "Elijah," God spoke again. "Go stand at the doorway of the cave."

Elijah crawled out of the cave. He stood very still there on the side of the mountain. What was God going to do? (*Reflective Pause*) Elijah thought maybe he would hear God speaking to him again, but instead he heard a wild wind roaring up the side of the mountain. It threw rocks this way and that. (Turn on fan to blow toward Lil' Hikers) The wind was powerful, much stronger than my little fan. How scary! Elijah quickly scampered back into the cave.

"Is that you, God?" Elijah asked with a shaky voice. He was scared!

But God wasn't in the wind or the flying rocks.

(Story bag, rock) Uh oh, more rocks! Then the ground began to shake. (*Shake body*) It was like being in an earthquake. Being inside a cave during an earthquake isn't a good idea. Rocks began falling all around. Elijah quickly ran back outside so he wouldn't get squished.

"Are you in the earthquake, God?" Elijah asked.

But God wasn't in the shaking ground either.

Elijah looked down the side of the mountain. He saw orange flames of fire coming across the mountain—right towards his cave! Now Elijah was terrified!

"Is that fire you, God?" Elijah asked.

(*Learn forward and whisper.*) God's answer came in a very quiet whispering voice of love.

"No, Elijah," God whispered. "I am not in the things that are scary." I am here because I love you. I am here to protect you and keep you safe. I am here because you are my friend. I have some more very special work for you to do for me."

"You still trust me to work for you?" Elijah asked.

God did trust him. He would always be with Elijah. Working together God and Elijah were going to do really big impossible things!

Do you ever feel sad or lonely like Elijah did? (*Pause*) I do too. Hearing kind words and even a hug can make me feel a little better. God knew that was what Elijah needed too.

POWER POINT

"My God Knows Me..." (*Touch both pointer fingers to either side of forehead.*)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Elijah picked up his walking stick, stood tall, and started down the mountain. He walked around the earthquake cracks, and over the burned boulders. He was no longer afraid or lonely. Elijah was walking side-by-side with God, his very best friend. He was Rock Solid with God, and off to do God's work.

BIBLE VERSE

Sounds like Elijah remembered our special Bible verse too. Let's say it together before we pray.

I am—*Point to the sky with both pointer fingers.*

With you—*Cross arms over your chest.*

Do not be afraid—*Move your pointer finger side to side.*

I am—*Point to the sky with both pointer fingers.*

Your—*Point outward.*

God—*Start with flat hand, pointer finger at mouth. Then move your hand in an arc outward, first up then down.*

So do not be upset—*Move your pointer finger side to side.*

Isaiah 41:10—*Hold hands as if opening a book.*

PRAY

Dear God,

Thank you for all the ways you show me you love me. Thank you for knowing me. Thank you for being our friend.

We love you!

Amen

SAY: Wow! We did a lot of walking and running today with Elijah. I am so glad that God helped him remember that He was always with him. Remember God loves each one of you—He knows you! You were great listeners today! It is time to discover something new at our Butterfly Centers.

Instruct groups to follow their leaders to the next station.

BUTTERFLY CENTERS: [3 AREAS]

STATION SUPPLIES:

CATERPILLAR CAMP

- Camping gear
- Magnifying glasses
- Plastic butterflies
- Kaleidoscopes
- Binoculars
- Picture books of mountain animals and butterflies in a basket
- Blanket spread out on the floor by tent.
- Real/Fake items from Day 1 Bible story activity
- Backpack of hiking gear

- Rocks or blocks from Day 3 Bible story activity
- Emotions/Feelings books—Preschool level
- Rhythm Scarves—variety of colors in a basket

BUTTERFLY DISCOVERY STATION:

COLORFUL FEELINGS SENSORY BIN

- Plastic Bins—approximately 24" x 18" x 6" (about 28qt)
- Pompoms—variety sizes and colors: Yellow, Blue, Red, Green, Pink, Grey, Purple, Orange
- Emoji Stickers—Happy, Sad, Angry, Calm, Silly, Worried, Tired, Brave
- Colored Dot Stickers—Yellow, Blue, Red, Green, Pink, Grey, Purple, Orange
- Plastic Carafes—35 ounces (Party City)
- Jumbo Tweezers (or mini tongs)
- Small basket to hold tweezers.

CHRYSALIS WONDERS TABLE: BUBBLING EMOTIONS

- Plastic Table Covering
- Emoji Stickers—Happy, Sad, Angry, Calm, Silly, Worried, Tired, Brave
- Colored Dot Stickers—Yellow, Blue, Red, Green, Pink, Grey, Purple, Orange
- Cardstock paper—white
- Oil
- Water
- Liquid Food Coloring—variety of colors
- Small plastic cups and stir sticks
- Mason Jars, Clear plastic pint sized.
- Effervescent Antacid Tablets
- Paper Towels

PREPARE AHEAD OF TIME

CATERPILLAR CAMP

- Clean and reorganize campsite.
- Add preschool level books on feelings/emotions and a basket for colorful rhythm scarves.

BUTTERFLY DISCOVERY STATION

- A color sorting activity with learning about feelings.
- Place emoji stickers matched with colored dot stickers on plastic carafes—one set per sensory bin.
- Place plastic carafes into sensory bins.
- Divide colorful pompoms between sensory bins, pouring them around the plastic carafes. Bins should be at least 1/3 full of pompoms.
- Place jumbo tweezers in a small basket between sensory bins.

CHRYSALIS WONDERS TABLE:

A SHARED DISCOVERY ACTIVITY

- Cover table with plastic table covering to make spills easy to clean up.

- Make a colored emotions table with colored dots and emoji stickers on the white cardstock.
- Fill plastic pint sized jars about ¾ full of oil. Keep oil containers to dispose of used oil after activity.
- Fill the remaining space of each jar with water.
- Set jars at each workstation.
- Place liquid food coloring in the center of table—one set can be shared between stations.
- Scatter packaged tablets of antacid down the middle of the table.
- Arrange for volunteers to help with this activity.

INSTRUCTIONS FOR BUBBLING EMOTIONS

2-3 Lil' Hikers can do this activity together with a volunteer.

1. Have each Lil' Hiker choose an emotion/color. Match with the liquid food coloring. If needed help Lil' Hiker mix colors together in small plastic cups.
2. Have Lil' Hikers add drops of color to oil and water in plastic jar. Can add more than one color. Don't stir or they will mix.
3. Ask Lil' Hiker about what they see happening in the jar. Talk about how everything stays separate.
4. Open package of effervescent antacid. Break tablet so that each Lil' Hiker can add some to the jar.
5. Watch how the colors bubble up. Talk about how sometimes our emotions, or feelings, can get so big they bubble up inside of us. Sometimes those are nice feelings and sometimes they don't make us feel good. God knows what they we are feeling and loves us always! Option: watch as the colors settle down...practice breathing slow in and out as the feelings slow down too.
6. This can be repeated by adding more effervescent antacid to the jar.

DO: Meet Lil' Hikers at the entrance to the Butterfly Centers to invite them to explore and learn with you. Explain the boundaries of the station and what they will be able to do at each center. Let them know they are welcome to visit each of the areas during their time at the Butterfly Centers.

SAY: Hello Lil' Hikers! I am so excited to see all of you here to study and learn more about butterflies. What is that awesome word for butterfly scientists? leh...puh...daap...tr...uhsts

Let's say that again together! leh...puh...daap...tr...uhsts
WOW! You know a really cool word!

Today at the Caterpillar Camp you can use colorful scarves to pretend you are butterflies. You can also look at books and discover how different colors can be used

to describe the way you feel inside. God made us to have lots of different feelings inside. Sometimes we feel happy and bright like the yellow sun, and sometimes we feel sad or tired like Elijah did in our story today.

God knew how Elijah was feeling inside...He knows how you feel too! Because He knows you!

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

A feel calm like a green grassy meadow knowing that God knows me! God made us with so many wonderful feelings—Happy, Sad, Angry, Calm, Silly, Worried, Tired, and Brave. How are you feeling today? (Pause for Lil' Hikers to call out their responses.)

At the Butterfly Discovery Station you will get to practice sorting colors into jars that match. Each color of pompom represents an emotion that you can feel inside.

Then over at the Chrysalis Wonders Table you will watch colorful emotions bubble up. What happens when your feelings get really big and bubble up inside of you? Hmm... (Tap forehead) I wonder what would happen if you were really happy inside. (Pause for them to think.) Would you smile really big, or maybe laugh? What if you were really sad inside? (Pause) Maybe you would frown or even cry, like I do sometimes.

God made this world so full of beautiful colors, just like pretty butterfly wings, and just like our amazing emotions! Big and little ones!

DO: Invite the Lil' Hikers to choose the station they want to go to. Encourage crew leaders to spread out to engage with the Lil' Hikers at each area. They can ask questions such as "I wonder" or for Lil' Hikers to share what they are discovering about colors and emotions. Remember to reinforce the days Power Point.

After 15 minutes give a 5-minute warning for the Butterfly Centers closing.

Instruct groups to follow their leaders to the next station.

GAME: BIG FEELINGS RED LIGHT GREEN LIGHT

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Nervy the Nubian Ibex

SUPPLIES

- Whistle
- 50-foot Rope, 3
- Yellow paper plates, 4
- Red Cardstock—1
- Black permanent marker
- Craft sticks, 5
- Glue
- Scissors

AHEAD OF TIME

- Lay 50-foot rope in a circle to establish an area for the warm-up game and for the wrap up at the end.
- Lay out 50-foot ropes for the starting line and finish line.
- Use the black marker to draw on the yellow paper plates emoji face expressions for happy, sad, angry, scared, and silly Turn the plate over and glue a craft stick the back of the paper plate with about 4 inches of the stick below the bottom of the plate to use as a handle.
- Cut red cardstock into a stop sign. Use the black marker to write "Stop" in large letters. Glue a craft stick handle to the back.

WELCOME

SAY: Hello! Welcome Lil Hikers! It makes me feel so happy to see each one of you here at Raven's Roost games! Come join me here at our circle. *(Move to rope circle)* Can you find a place with your crew along the circle before I get to 8 today! *(Count slowly to 8 as kids find their places.)* Whoa! That was really fast! Thank you!

WARM-UP ACTIVITY

What fun it is getting to know each of you! One way we get to know each other even better is by watching each other's expressions. What's an expression? *(Pause)* Where would I find your expressions? On your pinky finger? Or maybe your big toe? NO! On your face! The expression on our face helps others know what we are feeling. Our feelings, also called emotions, are what we feel inside. When I smile (smile) can you tell me what I feel inside. *(Pause)* Happy! That's right!

Sometimes what we feel inside is so BIG we can't hold it in, and it shows all over our face. That's an expression. It can even show in our bodies if it is a super BIG feeling. What are some big feelings you can have? *(Pause for 2 or 3 responses.)* Those are all great BIG feelings!

Today for our warm-up we are going to practice what five of those big feelings look like on our faces—Happy (smile), Sad (frown fingers make tears motion), Angry

(scowl and stomp), Scared (worried face body shakes) and Silly (anything fun). (Make expression after saying each)

1. I am going to show you an expression and you see if you can guess what I am feeling. (Make a sad face and wait for Lil' Hikers to guess) Sad! That's right!
2. Okay now it's your crew leader's turn. See if you can guess what they are feeling. (Have each crew leader make an expression for their crew guess.)
3. Now let's see how you are at making expressions. I will call out a feeling and you make your face show it. (Call out each expression and wait for the Lil' Hikers to show it on their faces. Happy, Sad, Angry, Scared, and Silly.) Wow! You really know your expressions!
4. On our last one I will count to three and you make an expression for how you feel inside right now. 1... 2... 3! (Pause) That's wonderful! I saw lots of great expressions.

I feel like I know you just a little bit better now too. Do you know who knows you the very best of all? God! He doesn't need to see your face to know how you feel inside. He knows when you are tired, hungry, happy, silly, sad or angry.

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: Wow! I feel so happy in my heart knowing God knows me. That is an awesome feeling!

We are going to have some fun expressing great big feelings today for our game! Come with me and let's line up all along our starting line. (Walk to starting line rope. Have children line up along rope in a row. Once in line go over instructions. Your assistant will need to demonstrate each movement.)

GAME INSTRUCTIONS

1. In today's game when I show an expression you will move in a special way to match that feeling. My helpful assistant will show what motion goes with each expression. (Show each expression plate, say feeling and motion while assistant demonstrates.)
 - Happy—Big happy jumps forward
 - Angry—Big angry stomps forward
 - Scared—Run
 - Silly—Leap and twirl

2. (Hold up stop sign) What does this sign mean? (Pause) STOP! When you see this sign that means you stop and don't move. Freeze like an iceberg!
3. You are going to try to get all the way over to the mountain on the other side of this valley by following the directions from each sign. Let's practice. (Hold up happy face, say, "Happy! Jump Lil' Hikers! Jump! Lil' Hikers will take jumps forward until you hold up stop sign.) Say, "Stop!" Don't wiggle an inch! Good job!
4. Repeat number 3 for each expression then have Lil' Hikers return to the starting line.
5. Play game until all the Lil' Hikers have made it to the other side. Can repeat to have them return to the starting line if time.

WRAP UP

(Use a whistle to call children to line up around the rope circle 3 minutes before the end of the rotation time.)

SAY: You all made it! It looked like you were having lots of fun! I saw so many great expressions on your faces! On the count of three will you show me your best silly face. 1...2...3! That's fantastic! I feel like I got to know each one of you a little bit more today. That's the best part of Butterfly Basecamp—getting to know you! Raise your hand if you think you got to know each other a little bit better too. That's awesome!

Isn't it wonderful that God knows you...and loves you no matter what you are feeling inside! Let's say our power point one more time.

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: Thank you for coming today! I am already feeling so excited about all the fun we will have tomorrow! It's time for you to go and have a refreshing drink of water and a snack. Follow your crew leaders to the snack area. See you again soon!

SNACK: MOUNTAIN PINWHEELS

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Nervy the Nubian Ibex

SUPPLIES

- Knives—cutting and spreading
- Mixing Bowl
- Wax Paper
- Serving Trays
- Hand Sanitizer
- Hand Wipes
- Napkins
- Small Plates
- Small Water Cups

INGREDIENTS

- Flour tortillas, 9-inch burrito size (3/recipe)
- Cream Cheese, softened (8oz/recipe)
- Apples, finely diced (1 apple/recipe)
- Dried Cranberries (1 cup/recipe)
- Plant-based Turkey slices (optional)
- Monterey Jack Cheese, thinly sliced (optional)

TIPS

- Each recipe will make about 25 slices. Adjust quantities to provide 2 pinwheels per child.
- Can be made vegan by using vegan cream cheese and vegan sliced cheese. Gluten free tortillas are also available if needed.
- It is important that the tortillas are soft and pliable for rolling and that the cream cheese is softened to make spreading easier.
- Make this snack ahead of time and wrap it in plastic wrap. Store in the refrigerator up to 1 day in advance.

AHEAD OF TIME

- Finely chop apples
- In a bowl mix together softened cream cheese, chopped apples, and dried cranberries.
- Spread 1/3 of the mixture evenly onto each tortilla.
- In the center of tortilla, place three slices of cheese next to each other. (Optional)
- Cover the entire tortilla with plant-based turkey slices. (Optional)
- Roll up each tortilla tightly by starting at the short end. Wrap in plastic wrap and place in the refrigerator for at least one hour.
- Just before serving, slice into 1-inch pieces using a serrated knife.
- Place on a serving tray covered with wax paper.
- Set each group's area with hand sanitizer, hand wipes and napkins. Set a water cup and a small plate at each place.

WELCOME

SAY: Welcome back to Manna Munchies Lil' Hikers! You have been doing a whole lot of hiking this week! Are your legs getting tired yet? Are you hungry? I am guessing you probably are!

Did you know that there is someone who knows when you get tired and hungry? That's right, God knows! He knows just what you need and when you need it. Just like our Power point says,

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

That is so amazing! Let's pray and thank God for loving us and knowing us, and for this yummy snack we are about to eat.

PRAY

Dear God,

Thank you for loving us and knowing each one of us. Thank you, for this amazing snack.

We love you!

Amen

SAY: Today our snack is a super delish Mountain Pinwheel. It's full of yummy goodness! I just know you are going to love it! Our servers will bring each of you two (hold up 2 fingers) Mountain Pinwheels to put on your plate. As you look at all the spiraled yumminess on your plate remember that God knows you all the way to the middle in your heart. He loves you exactly as you are!

SNACK INSTRUCTIONS

Deliver cut up pinwheels using serving trays lined with wax paper, 2 pinwheels per child. Remember to offer gluten free or vegan options as needed.

WRAP UP

SAY: It's time to help clean up! Be sure to throw away your trash here (show trash can), and then wipe your hands and area clean. (Have crew leaders give each child a wipe.)

MMM...that was a yummy snack! I hope you are feeling a bit rested and less hungry now. Are you ready to continue your hike? Let's say our power point together before you go. This time we are going to say it as quiet as you can. Is your whisper voice ready?

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Wow! Nice job! God really loves you and He loves to hear you say that! I will see you next time Lil' Hikers! Have a great day! (Wave goodbye)

Instruct groups to follow their leaders to the next station.

CRAFT: BASECAMP PICTURE FRAMES

POWER POINT

"My God Knows Me..." (*Touch both pointer fingers to either side of forehead.*)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Nervy the Nubian Ibex

SUPPLIES

- Craft Sticks—jumbo size in a variety of colors (10/child)
- Clothespins—small
- Glue Dots or craft glue (Tacky Glue)
- Foam brushes and small containers for glue will be needed if using craft glue.
- Foam Stickers—Camping themed and butterflies (Amazon)
- Magnet—adhesive roll
- Picture of each child or crew—printed to be 3" x 5"
- Permanent markers for writing names on the back of the picture frames.

AHEAD OF TIME

- ***ON DAY 2*** Take pictures of each of the Crews or individual photos. Print out enough copies for each child to have one that they will put on their Basecamp Picture Frame. This can be delegated to a volunteer photographer or to crew leaders.
- Make a craft stick picture frame for each Lil' Hiker. They will decorate and add the picture. See directions below.
- Cut adhesive magnet roll into 3-inch lengths, one per child.
- Place a craft stick picture frame at each work station.
- Along the center of the craft table scatter foam camping theme and butterfly stickers.
- Have a volunteer(s) assigned with permanent markers to help Lil' Hiker write their name on the back of the picture frames.
- Make a sample decorated picture frame with a picture.

TIP: Don't give out pictures until the frames are finished to avoid accidental damage.

BASECAMP PICTURE FRAMES DIRECTIONS

1. Lay 8 jumbo craft sticks side by side horizontally onto a flat surface.
2. Apply tacky glue in a thin line to one side of another jumbo craft stick. Place it vertically across the 8 horizontal craft sticks about one inch from the end. Repeat with another jumbo craft stick placing it vertically on the opposite end.
3. Remove the paper backing on the adhesive magnet. Press the adhesive side onto the middle of the top horizontal craft stick.
4. Allow to dry.
5. Turn frame over and glue a small clothespin to the top of the picture frame.

WELCOME

SAY: Hello Lil' Hikers! Welcome back to Mt. Carmel Crafts! Are there any new Lil' Hikers today? (Greet each new child.) It is always wonderful to meet new friends! Have you made some new friends here this week too? (*Pause*) I have had so much fun getting to know each of you here at Mountain of Miracles.

Do you know who else is your friend? (*Pause*) GOD! He is the best friend you will ever have! He knows you so well. He knows what color your eyes are, He knows what your favorite food is, He even knows when you are happy and when you are sad.

POWER POINT

"My God Knows Me..." (*Touch both pointer fingers to either side of forehead.*)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

SAY: Isn't that so amazing? He knows each one of you so well.

Today you are each going to make a picture frame to remind you of the friends you have made this week. (Hold up completed sample.) When you see a picture of yourself, remember who knows you best of all...GOD!

I have some directions you will want to hear for our craft today. Give me a thumbs up if your listening ears ready. Awesome!

INSTRUCTIONS

1. On your table are stickers to decorate your picture frame. You may each choose 5. (Hold up 5 fingers)
2. Our craft helpers and your crew leaders will come around and help you write your name on the back of your picture frame.

3. Once you have decorated your frame we will bring you your very own Lil' Hikers picture. Press open the clothespin and put the picture into the clothespin mouth to hold it tight.

Give a 5-minute warning to finish up crafts and another warning at 2-3 minutes left to allow for clean-up time.

WRAP UP

I am so impressed! What fun it will be to have a special memory of your friends from here at Mountain of Miracles. When you see your picture remember who knows you best...God does! Let's say our Power Point together one more time before you go.

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Nice job! Thank you for coming to Mt. Carmel Crafts today. I can't wait to do more crafts with you next time.

GOODBYE

Good-bye Lil' Hikers! Happy hiking!

Instruct gups to follow their leaders to the next station.

GRAB AND GO OPTION

www.orientaltrading.com

Camp Raccoon Picture Frame Magnet, makes 12



CLOSING

MESSAGE OF THE DAY

Lil' Hikers will learn that God knows and loves each one of them.

POWER POINT

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Nervy the Nubian Ibex

SUPPLIES

- Device to play music.
- Rhythm Scarves (Optional)

AHEAD OF TIME:

Invite parents to participate with their Lil' Hiker in the Butterfly Basecamp closing activities and join them at Jezreel's Wellspring Closing.

DO:

1. Invite Lil' Hikers to sit with their parent/caregiver with their crews on the color circles.
2. Say Power Point:
"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)
Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)
3. Ask Lil' Hikers to share together in their crews 2 things: Name an emotion/feeling and act it out and one thing they heard today that reminded them that God loves them (just like Elijah heard God's whisper). Give 3 minutes then shake rain stick and say, "Rain, rain, falling down, listening ears and quiet mouths."
4. Nervy the Nubian Ibex Leaps:
Invite Lil' Hikers to stand up with you and stand side by side with legs wide apart at first to create enough space between them. Begin leaping practice first with 3 little hops, then 3 small jumps, then 3 bigger jumps and ending with 3 big leaps reaching forward with one foot while pushing off with the other. May have to readjust line after each motion.
5. Music Activities:
 - **SAY:** Jesus made you in a special way. He made you with legs to jump, voices to sing, and hands to clap. He also made you to have emotions and feelings. He made you in a very special way! Sing song through 3x with these motions: 1. Happy-clap 2. Brave-flex muscles 3. Silly-jump
"Jesus Made Me a Special Way" (Janet Sage, *Little Sabbath Songs for Cradle Roll*, #22)
*Jesus made me a special way,
A special way, a special way.
Jesus made me a special way,
Because He loves me! (Arms across chest-hug self)*
 - Either review motions of song and sing with motions or use rhythm scarves while singing.
"Safe" (Mountain of Miracles song)
6. Say Memory Verse Together:
I am-Point to the sky with both pointer fingers.
With you-Cross arms over your chest.
Do not be afraid-Move your pointer finger side to side.
I am-Point to the sky with both pointer fingers.
Your-Point outward.
God-Start with flat hand, pointer finger at mouth.
Then move your hand in an arc outward, first up then down.
So do not be upset-Move your pointer finger side to side.
Isaiah 41:10-Hold hands as if opening a book.

7. Thank Lil' Hikers for coming to Butterfly Basecamp Today. Give them a brief idea about the fun in store for tomorrow.
8. Circle together in crews to share requests ask if there any Lil' Hikers would like to pray and crew leader ends with a simple prayer.
9. Dismiss Lil' Hikers and their parent/caregivers to go with their crews to Jezreel's Wellspring for more fun!

DAY FIVE

MESSAGE OF THE DAY

Lil' Hikers will learn that God is preparing a special place for them to live with Him in Heaven.

POWER POINT

"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)

Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)

BIBLE VERSE

"I am with you, do not be afraid. I am your God so do not be upset." *Isaiah 41:10*

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer finger side to side.

I am—Point to the sky with both pointer fingers.

Your—Point outward.

God—Start with flat hand, pointer finger at mouth.

Then move your hand in an arc outward, first up then down.

So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—Hold hands as if opening a book.

DAILY CHARACTER

Glorie the Golden Eagle

WELCOME

POWER POINT

"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)

Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)

DAILY CHARACTER

Glorie the Golden Eagle

SUPPLIES

- Bible
- Eagle, stuffed animal or puppet
- Gold, translucent shimmery fabric cut to a long strip about 2 feet wide and 12 feet long.
- Sliver Glitter
- Treasure chest full of jewels
- Fruit examples: apple, peach, orange, strawberry, etc.

- Toilet Paper—a couple of rolls per crew
- Rhythm Scarves—colorful
- Butterfly Cycle Model
- Butterfly Garden Kit (Optional)—in progress, hopefully with a butterfly emerged from a Chrysalis.

AHEAD OF TIME

- Explain chrysalis activity to crew leaders.
- Learn "Heaven Song" and teach crew leaders so they can help you sing.
- Turn on Mountain of Miracles music to play while Lil' Hikers come in and put their butterfly on the garden wall and find their places to sit.

DO: Have the Mountain of Miracles theme song playing as the Lil' Hikers come in from the opening program at Jezreel's Wellspring. Hold Bella the Butterfly and warmly greet each Lil' Hiker by name and a butterfly fist bump. (Using hand with Bella the Butterfly, gently fist bump, then pull back and wiggle fingers like a fluttering butterfly.) Invite them to take one butterfly from the basket and add it to the butterfly garden wall before sitting in their spot on the colored circle that matches their crew color. Once the Lil' Hikers are all seated turn off the music.

SAY: Hello Lil' Hikers! Welcome to Butterfly Basecamp! It is so good to see each one of you today! I have been having so much fun with all of you here at Butterfly Basecamp at Mountain of Miracles. Give your crew members fist bumps all around as you say, "I am so glad you are here!" (Demonstrate fist bumping a crew leader and saying, "I am so glad you are here!")

We have been learning so much about God this week! First, we learned

"My God is Real..." (*Place pointer finger against lips and move it forward.*)

Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)

Then

"My God Provides..." (*Start with palms facing you then bring them down and forward to waist level.*)

Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)

And that

"My God is Powerful..." (*Put both arms up and flex muscles.*)

Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)

And how

"My God Knows Me..." (Touch both pointer fingers to either side of forehead.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Today we are learning that God loves us so much He wants us to live with Him. How cool is that! God lives up in Heaven. Hmm...where is Heaven? (Pause) Heaven is way up high. Higher than an airplane, higher than the clouds, even higher than the stars you can see sparkling in the sky at night. Stand up with me and copy what I do while I tell you a poem about Heaven.

POEM: HEAVEN IS HIGHER THAN THE SKY!

Reach up high, on your tippy toes! (Reach up on tippy toes)

Can you reach the top of the trees?

Heaven is higher than the tall, tall trees swaying in the breeze! (Sway like a tree)

Reach higher and higher! (Reach up on tippy toes)

Can you touch the clouds in the sky?

Heaven is even higher than the fluffy clouds floating by! (Move hands back and forth like floating clouds)

Reach higher and higher! (Reach up on tippy toes)

Can you reach the airplane in the sky?

Heaven is even higher than the big airplane soaring by! (Arms out fly like an airplane)

Reach higher and higher! (Reach up on tippy toes)

Can you reach the sun, up so high?

Heaven is even higher than the big round sun shining so bright! (Arms like a round sun)

Reach higher and higher! (Reach up on tippy toes)

Can you reach the stars up so high?

Heaven is even higher than the stars twinkling in the night! (Wiggle fingers like twinkling stars)

Heaven is higher than all of these things! (Reach up on tippy toes)

When Jesus comes, will you go there with me?

WOW! Heaven is even higher than Glorie the Eagle can fly! Have you seen her here at Butterfly Basecamp? Maybe she is off soaring in the clouds right now. Wait, you see her? Where? (Search under flowers, rocks, at the bottom of the tree) She's higher? (Look up in the tree) There she is! Up so high! Do you think you can soar like Glorie?

DO: Invite Lil' Hikers to stand up with you and spread their arms out wide in a single file line with their crews. Give directions for slow wing flaps to fly higher and higher, then catch an air current and fly in wide circles following their crew leader one direction spiral then slow flap wings up high again then follow air current other into the opposite direction spiral all the way back to their spot on the color circle.

Wow! You were flying so high! But still not as high as Heaven!

Have you ever been to Heaven? No, me either! The Bible (hold out Bible) though, tells us a lot of amazing things about Heaven. Even though I've never been there I have learned that it is truly a wonderful place to be. God is so excited to one day have you and me, our families and our friends all come live with Him there. That will be so amazing! I can't wait! Heaven isn't quite ready for us, but God is getting everything ready for us to live there. The Bible tells us that He is preparing a place for you and me!

POWER POINT

"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

God is making a special place for you and me to live!

What do you think Heaven will be like? (Pause and take several answers and respond encouragingly.) The Bible tells us there will be streets in Heaven, streets made of pure shiny gold. (Lay out strip of translucent gold fabric.) So pure we will be able to see through them! Line up here and you can walk along this street of gold. (Have children take turns walking across gold fabric, crew leaders will need to hold the edges in place.) There will be a sparkling river that shimmers like diamonds. (Sprinkle glitter over the river) There will be pretty jewels everywhere we look. (Open up treasure chest and pour out jewels.) There will be sweet juicy fruit to eat, beautiful flowers to smell, and so many animals to play with! Like leopards and tigers to pet. Giraffes and elephants to go on adventures with. Fuzzy bears and hedgehogs to snuggle. Whales and dolphins to swim with. What animal do you want to play with in Heaven? (Pause)

God has promised us that in Heaven we will not scrape our hands or knees, because He says we won't get hurt. There will be lots of smiles and laughter in Heaven and no more tears. Nothing will break or die. Everything will last forever, and ever. We will even be able to talk with God face to face and hear amazing stories from Jesus. We will sing happy songs together. I can't wait to go to Heaven! (Clap) Will you go there with me someday? (Pause) YES! Stand up so you can jump and clap with me while we sing a song about what a special place God is preparing for us in Heaven.

SING: "HEAVEN"

[JANET SAGE. LITTLE SONGS FOR CRADLE ROLL #48]

Heaven, Heaven;

Heaven is a special place!

Heaven, Heaven;

I want to go there!

(Repeat)

That was beautiful singing!

You know thinking about Heaven reminds me of our butterfly friends here at Butterfly Basecamp. (Bring out Butterfly Garden Kit if in progress) We have been learning a lot about butterflies and caterpillars this week. Yesterday, we talked about how the caterpillar hangs upside down on a leaf and wraps itself up. Do you remember what that is called? (Pause and hold up chrysalis) That's right, a chrysalis! What happens inside of the chrysalis? (Pause) The caterpillar becomes (pause) –Butterfly! You know when we go to Heaven it will be like we went through super speedy change too! Our bodies will be brand new. You will still be you but you will have super strong muscles to jump super-duper high, run really, really fast, and never ever get tired and never get hurt. Wow! No more owies in Heaven! Won't Heaven be great! I can't wait to see all of you there someday!

I get so excited talking about Heaven! Let's see what were we talking about before? (tap forehead) Ah, Butterflies! We are going to pretend you are caterpillars ready to become butterflies. Your crew leaders will help you wrap up in a chrysalis.

DO: Give each Lil' Hiker 2 rhythm scarves for wings. Have Lil' Hikers stand with their arms at their sides, holding their "wings" while crew leaders loosely wrap each Lil' Hiker in toilet paper, careful not to cover noses or mouths.

SAY: Whoa! Seeing all of you wrapped up like a chrysalis I can't wait to see you fly like a butterfly. The caterpillar is in the chrysalis for just the right amount of time, sometimes a week, or two weeks, or even 3 years before emerging as butterflies. Our Lil' Hiker butterflies are super speedy. When I count to 3 you can burst out of your chrysalis and fly like butterflies with your pretty new wings. Is everybody ready? (Wait until all Lil' Hikers are wrapped up.) 1...2...3! BUTTERFLIES FLY! (Have them fly for about 1 minute. Give a 5 second warning count down then shake rain stick and say, "Rain, rain, falling down, listening ears and quiet mouths." for them to fly back to their spots with their crews.)

Wow! What a swirling wonder of beautiful wings! You all make amazing butterflies! Thank you for such great listening and learning this week. I have had so much fun with you! It is now time for our Bible storyteller to come and tell you another amazing story about our Bible friend Prophet Elijah and you will meet his new friend Elisha. Remember to listen carefully, God is going to show Elijah that He has prepared a place for Him. God will ALWAYS be with him! And with you! I can't wait to live in Heaven with you someday!

BIBLE STORY:

ELIJAH, ELISHA AND THE SWIRLING WIND

POWER POINT

"My God is Preparing a Place for Me..." (Shape hands like the roof of a house.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

BIBLE VERSE

"I am with you, do not be afraid. I am your God so do not be upset." Isaiah 41:10

DAILY CHARACTER

Glorie the Golden Eagle

SUPPLIES

- Bible
- A low stool or pillow for you to sit on to comfortably be at the same level with the Lil' Hikers.
- Story Bag, closeable to hide story objects
- Story Bag Objects: Toy Tractor with plow, Party Hat and Party Blower, Light Coat, Toy Chariot and Horses
- 2-liter Soda Bottles, 2 with labels removed
- Pitcher of water
- Long-handled spoon
- Red Food Coloring
- Tornado Tube (Amazon)
- Bouncy Ball, small enough to fit into the top of the soda bottle.
- Duct Tape
- Towel

AHEAD OF TIME

- Practice story with story bag objects and the Bible verse with motions until able to do it without reading it.
- Place story objects in the bag and hide it in décor so it is only partially hidden.
- Add a few drops of food coloring to the water in the pitcher. Mix well using the long-handled spoon.
- Fill one of the 2-liter bottles about $\frac{3}{4}$ full of the colored water, add the bouncy ball.
- Fit the Tornado Tube onto the bottle with water.
- Turn the empty 2-liter bottle over and connect it to the Tornado Tube.
- To prevent possible leaking, wrap the connection with duct tape.
- Practice flipping the bottles over and giving it a bit of a spin to get the tornado spinning.

BIBLE STORY

SAY: Hello Lil' Hikers! Can you believe today is our last story about Elijah? We have been of the impossible things God did for Elijah—Miracles! The one real God is powerful! He protected and provided for Elijah. He knew exactly how Elijah was feeling and what he needed to feel better. God was Elijah's best friend! He wants to be your best friend too!

He loves being your friend so much He wants you to come and live with Him up in Heaven! He is right now, preparing a place just for you! (Lean forward and look at Lil' Hikers.)

POWER POINT

"My God is Preparing a Place for Me..." (Shape hands like the roof of a house.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

In our last story we left Elijah walking down the mountain with God. God had told him they had some work to do together. Elijah was ready to get started! He walked right off the mountain and straight into the desert. He walked all the way back to Beersheba and then kept going until He got where God told him to go. Today we will hear the rest of Elijah's story. It is such a wonderful story from the Bible. (*hold out Bible open to story*) The Bible is filled with amazing stories of the one real God—the One who loves you. We can know it is true!

God had told Elijah to look for a young man named Elisha. Sounds kind of like Elijah, doesn't it? (*Say "Elijah" and "Elisha" a few times with the Lil' Hikers until they can hear the difference.*)

It is time to find our story bag. Can you see where I put it today? (Look high and low in décor.) Where could it be? (Keep looking while you wait for Lil' Hikers to point to where the story bag is partially hidden.) OH! There it is! Thank you for your help!

(Story bag, toy tractor with plow) Elijah found young Elisha working hard. He was plowing his father's field. Back then they didn't have tractors (hold up tractor with plow) to dig up the ground and make it soft for planting seeds. They had to use a big animal, like an ox or horses. The ground was so hard it took 24 big, strong oxen to pull Elisha's plow! Being a farmer was hard work!

Elijah called out to him. "Elisha! Hello Elisha, you hard-working farmer! I'd like to talk with you."

Elisha knew who Elijah was. He had heard so many stories about the things Elijah and God and done together. Elisha knew that Elijah was God's man. He wondered, "What could Elijah and God want with me?"

Elijah called out to Elisha again. "Elisha, God has a special work for you to do. God has asked me to turn my work over to you. God likes you, Elisha. You're going to love working with Him as His special prophet—just like I have!"

Elisha wanted to go with Elijah, but he couldn't leave without telling his family and friends "good-bye". He certainly couldn't just leave all his oxen standing there in the field. He needed to take care of them before he left. What was he to do? (Story bag, party hat and blower) That's it! Elisha would throw a big party for his family and friends. (Put on hat and blow party blower)

"Elijah!" called Elisha. "I'm willing to walk away with you, but first I need to go home and hug my mother good-bye. Then I'll come with you. Ok?"

Elijah was happy to wait for Elisha. He knew that what Elisha was about to do with God was important, but it could wait until he said his good-byes. After his party and a big hug for his mom and dad Elisha was ready to go with Elijah.

Elisha was Rock Solid with God. He ready to do God's work!

Now God had two prophets—Elijah and Elisha. They were excited to go wherever God led them. God did keep them busy! They went all over visiting towns and villages teaching people about God. Elisha was learning so much about God from Elijah.

Elijah and Elisha even started a school to teach others how to be prophets! They taught them some of the same things you have been learning here at Mountain of Miracles.

1. God is real, He is always with you. (*Index finger to lips then move it forward.*)
2. God will provide for you. (*Palms facing you then down and forward to waist level.*)
3. God is powerful. (*Put both arms up and flex muscles.*)
4. God knows you and loves you. (*Touch both pointer fingers to either side of forehead.*)
5. God has a place prepared for you. (*Shape hands like the roof of a house.*)

That's Rock Solid! (*Fist bumps*)

Elisha went everywhere with Elijah. God sent Elijah to Bethel—Elisha went too! God sent Elijah to Jericho—Elisha went too! When Elijah told Elisha that God was sending him to the Jordan river, do you think Elisha went with him? He sure did!

When they got to the Jordan River, there wasn't a bridge or boat to take them across the river. The two prophets

walked down to the water and watched the muddy brown water rush by. What were they to do? God had told them to cross to the other side but there was no way over.

(Story bag, coat) Elijah knew what to do! He took off his coat and slapped it on the water. (Slap ground with coat) What!?! That's right he hit the water with his coat. And now I get to tell you about another one of those things that seems IMPOSSIBLE, but God does impossible things! This time was no different. As soon as Elijah's coat hit the water, the water split apart. It moved away leaving a hard dry path through to the other side of the river! WOW! Another miracle!

Elisha was amazed! Quickly he followed Elijah across the river. Once they were on the other side, Elijah hit the water with his coat again. (Slap ground with coat) Just like that, the river began to flow again, rushing to cover their path.

It was time for Elijah to tell Elisha what God's plan was.

"God has asked me to go home with Him to His house today," Elijah said to Elisha.

(Story bag, toy chariot with horses) Suddenly, while they were talking right there on the desert road, a small whirl of dust came spinning down out of the sky. It grew and grew into a large swirling wind! Elisha looked through the whirling dust and saw a chariot pulled by horses! It was flaming down the road toward them. Then it spun right between them, stirring the dust into a swirling cloud.

Whoa! Just like that, the chariot came near Elijah and took him up, away from the road and away from Elisha! Everything happened so fast, but Elisha never stopped looking at his friend Elijah.

The whirling dust went up, up into the sky over the Jordan River. Just before it disappeared, Elisha saw Elijah reach out of the chariot and drop his coat. It flew down out of the swirling cloud and landed on the road right beside Elisha. Wow! What had just happened!?! God had sent a chariot from Heaven to come and take Elijah up to Heaven!

SWIRLING WIND DEMONSTRATION

DO: Have an assistant bring out the 2-liter bottles and a towel for the demonstration.

SAY: That would have been amazing to see! A swirling wind with a chariot whirling around inside it! Elisha watched it the whole time.

Do you think you could keep your eyes on the whirling chariot like Elisha did? (Pause) Look carefully, can you see the ball inside of my bottle of water? (Pause and

show them the ball) Watch what happens when I flip these bottles over. (Flip bottles over and give it a swirl) Wow!

It's not easy trying to see the ball in all that swirling and whirling! Elisha really wanted to do some BIG things with God! He never looked away. He saw the whole thing!

Elisha picked up Elijah's coat headed to the Jordan River. It was time to cross back to the other side. How was he going to get across this time without Elijah? (Pause) Elisha knew!

With a shout to God, Elisha slapped the coat on the surface of the Jordan River, and the dry pathway appeared again, just as it had for Elijah. This was going to be fun! God had a job for him. A big job. And at the end, he knew there would be a place for him near his good friend Elijah in God's house. God is preparing a place for you there too!

POWER POINT

"My God is Preparing a Place for Me..." (Shape hands like the roof of a house.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

I want to go live with God someday! Will you come live there and be my neighbors in Heaven too? (Pause) That will be amazing!

I want to remember that the real God is always with me and some day we will live with Him in Heaven. Let's say our special Bible verse together and then we will pray.

BIBLE VERSE

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer finger side to side.

I am—Point to the sky with both pointer fingers.

Your—Point outward.

God—Start with flat hand, pointer finger at mouth. Then move your hand in an arc outward, first up then down.

So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—Hold hands as if opening a book.

PRAY

Dear God,

Thank you for making a special place for us in Heaven.

We are so excited to come live with you someday soon!

We love you!

Amen

It was wonderful to share stories with you this week. Thank you for being such great listeners. It is time to discover something new at our Butterfly Centers.

Instruct groups to follow their leaders to the next station.

BUTTERFLY CENTERS: [3 AREAS]

STATION SUPPLIES

CATERPILLAR CAMP

- Camping gear
- Magnifying glasses
- Plastic butterflies
- Binoculars
- Picture books of mountain animals and butterflies in a basket
- Blanket spread out on the floor by tent.
- Real/Fake items from Day 1 Bible story activity
- Backpack of hiking gear
- Rocks or blocks from Day 3 Bible story activity
- Emotions books—Preschool level
- Rhythm Scarves—variety of colors in a basket
- Items from Welcome: Gold fabric, and Treasure chest of jewels

BUTTERFLY DISCOVERY STATION: SWIRLING WIND

- Plastic Table Covering
- Painter's Tape
- Small Room fans—with ability to blow air up and are child safe.
- Pompoms
- 3" x 8" Clear Plastic Tube (Amazon—same as used on day one)
- Clear Packing Tape
- Container to hold pompoms.
- Power Strip

CHRYSALIS WONDERS TABLE:

CATERPILLARS TO BUTTERFLIES

- Table Covering
- Regular Sized Clothespins (1/child)
- Green Paint
- Pompoms—small and green
- Small bowls to hold pompoms.
- Craft Glue
- Cotton Swabs
- Small Paper Cups
- Chenille Stems—light green
- Markers (Not permanent)
- White Coffee Filters
- Jelly Jars—4-ounce size
- Water
- Paper Towels
- Black Permanent Marker

PREPARE AHEAD OF TIME

CATERPILLAR CAMP

- Clean and reorganize campsite. No new items to add today.

BUTTERFLY DISCOVERY STATION

- Secure plastic table covering onto the floor using painter's tape. Will need to be near an electrical outlet.
- Turn child safe fans so they are facing up.
- Use the clear packing tape to secure 3"X 8" plastic tubes onto the face of the fans. Can put more than one tube per fan to allow more Lil' Hikers to participate at a time with this activity.
- Place a bin of pompoms on the floor near the fans.
- Assign a volunteer to supervise this activity.

SWIRLING WIND INSTRUCTIONS

1. When ready to begin activity turn fans on while supervising.
2. Lil' Hikers drop pompoms into the clear plastic tube.
3. They pompoms will swirl around like the great wind that carried the chariot for Elijah.
4. Have Lil' Hikers try different sizes as well as amounts of pompoms to notice if there is a difference in how they swirl in the wind.

CHRYSALIS WONDERS TABLE

- Paint large clothespins green. *Should be painted at least a day ahead of time to allow it to dry.
- Cover table with plastic table covering.
- Fill jelly jars about $\frac{3}{4}$ full of water.
- Spread markers out on table for Lil' Hikers to choose from—should not be primary colors. The more complex the color the cooler the result. (Black and brown)
- Place coffee filters and paper towels onto the table. Should have at least one each per child.
- Fill bowls with small green pompoms and place within reach of several workstations.
- Cut bright green chenille stems in half spread out on the table.
- Squeeze a small amount of craft glue into paper cups. May want to set aside until Lil' Hikers are ready to use to avoid accidental spills.
- Place a cotton swab at each work area.

INSTRUCTIONS FOR CATERPILLARS TO BUTTERFLIES:

1. Have the Lil' Hiker choose a colored marker and pick a workstation with a coffee filter.
2. Help them to draw a thick circle with their marker around the flat part of the coffee filter.

3. Fold the coffee filter in half and then in half again so that it is a cone shape. This is the chrysalis.
4. Open the top of the cone and set the tip of the cone into the jar of water so that the cone balances on the glass with only the tip in the water. Don't let the colored marker circle go into the water.
5. Watch as the color spreads upwards on the coffee filter. The color will separate into a spectrum of multiple colors that make up the original marker color.
6. Once the water has reached the outer edge of the filter, take it out of the water and open it up to dry on a paper towel. Beautiful butterfly wings are wet and crumpled when they come out of the chrysalis—just like their coffee filter.
7. While their butterfly wings dry the Lil' Hiker will make a caterpillar using the clothespins that were painted green.
8. Write names on the bottom of the clothespins using the permanent marker.
9. The Lil' Hiker will get a paper cup of glue and use the cotton swab to apply glue to the top of the clothespin.
10. Stick small green pompoms onto the glue.
11. Bend the ends over of the cut bright green chenille stem. Open the clothespin and stick it in so that each end sticks out like antennas.
12. When coffee filter is dry the Lil' Hikers will scrunch the colorful coffee filters in the middle. Then open the clothespin and stick the middle of the coffee filter in.
13. The caterpillar has now become a butterfly! Set aside for Lil' Hikers to pick up at the end of their time at Mountain of Miracles.

DO: Meet Lil' Hikers at the entrance to the Butterfly Centers to invite them to explore and learn with you. Explain the boundaries of the station and what they will be able to do at each center. Let them know they are welcome to visit each of the areas during their time at the Butterfly Centers.

Hello Lil' Hikers! I have had so much fun watching you become lepidopterists this week! You have been learning so much about butterflies here at the Butterfly Centers. You even learned that new super fun word (Pause) leh... puh...daap...tr...uhsts. One more time: leh...puh...daap...tr...uhsts! That's amazing!

Today at the Caterpillar Camp you can make your final observations and discoveries about butterflies using magnifying glasses, reading butterfly books, and pretending to be butterflies.

At the Butterfly Discovery Station I am really excited for you to see wind swirl just like it did with Elijah's chariot! You will make different colors swirl round and round. I wonder how many colors you can add to the swirling wind.

Over at the Chrysalis Wonders Table you will discover parts of the life cycle of a butterfly. You will see how a caterpillar and a chrysalis create a beautiful butterfly!

It has been so much fun to prepare each day's discoveries for you! You know who else has been preparing something—even more amazing for you? GOD!

POWER POINT

"My God is Preparing a Place for Me..." (Shape hands like the roof of a house.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

I can't wait to see all God has prepared for us! And even better will be to see you there in Heaven too!

DO: Invite the Lil' Hikers to choose the station they want to go to. Encourage crew leaders to spread out to engage with the Lil' Hikers at each area. They can ask questions such as "I wonder" or for Lil' Hikers to share what they are discovering about colors and butterflies. Remember to reinforce the days Power Point.

After 15 minutes give a 5-minute warning for the Butterfly Centers closing. Remind them to be sure to pick up their butterflies at the end of the day.

Instruct groups to follow their leaders to the next station.

GAME: MOUNTAIN OF MIRACLES ADVENTURE

POWER POINT

"My God is Preparing a Place for Me..." (Shape hands like the roof of a house.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Glorie the Golden Eagle

SUPPLIES: [FOR TWO TEAMS]

- Sports Cones, 12 in a variety of colors.
- Faux Flowers
- Pool Noodles—10 regular, 1 jumbo
- Wooden Dowels or Tent Stakes—20
- Hula Hoops—2
- Bean Bags—6
- Small buckets—2
- 50-foot Ropes—2

AHEAD OF TIME

- Lay 50-foot rope in a semi-circle to establish an area for the warm-up activity and for the wrap-up debrief at the end.
- Lay out the second 50-foot rope to create the starting line for the Mountain of Miracles Course. Place two cones to mark each starting line for two teams.
- If you no longer have the cut jumbo pool noodle from day 4 games, you will need to cut a new balance beam.
- Go over the course with your assistant to be able to demonstrate to Lil' Hikers.
- Let crew leaders know that they will need to be at the front of each line to tell each Lil' Hiker when it is their turn—about 30 seconds or 2 activities between children.
- Set up the following course and put a cone a few feet from Zig Zag Meadow as the top of the mountain marker.

Starting about 3-feet from the starting line set up each section of the course as follows:

TWISTY TUNNEL

- Push dowels/tent stakes into ground about 2 feet apart. Bend the pool noodle and put each end over the dowel/tent stake.
 - Repeat with 5 pool noodles to make a slight s-turn.
- Rock Skipping
 - Set a small bucket with 6 bean bags in it about 5 feet from the tunnel.
 - Place two hula hoops about 6 feet from each bucket of bean bags, one for each team.
- Lookout Ledge
 - Lay out 2 halves of cut jumbo pool noodle to make a balance beam for each team. They should be about 5 feet apart.
- Rocky Canyon
 - Push dowels/tent stakes into ground about 3 feet apart. Bend the pool noodle and put each end over the dowel/tent stake.
 - Repeat with 5 pool noodles.
- Zig Zag Meadow
 - Set up 2, rows of 5 cones in an offset line about 5-feet apart. One for each team of Lil' Hikers to zig zag through. Place flowers from day 2 game in each cone.

TIPS: Each team of Lil' Hikers should have approximately 2 crews, or about 10 children. Adjust the number of courses as needed. It will take a preschooler about 2-3 minutes to complete the course. Allow about 5 feet between each course and about 3-5 feet between each station. Keep children moving through the course with

about 30 seconds between them, about two activities. Assign crew leaders and games staff to each obstacle course station to assist Lil' Hikers.

WELCOME

SAY: Hello Lil' Hikers! It is so good to see you! Today our opening is a semi-circle. Do you think you can find your place even faster today? (*Move to rope semi-circle.*) Be sure to help your friends get there too. Are you ready? GO! (*Count, adjust speed as needed to count to 7 while they find their places at the rope semi-circle.*) WOW! I am impressed! That was super-fast! I saw good helping too. Thank you!

WARM-UP ACTIVITY

I have been busy getting ready for you here at Raven's Roost Games. I was so excited for you to get here so you could play our game for today. This one took a bit of time to get ready—but that's ok. There is something for everyone. We are going to have great fun! Do you know who else is preparing for you? (*Pause*) GOD! He is so excited to show you all He has done to prepare a place for each one of you.

POWER POINT

"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)

Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)

I can't wait to see what God has prepared!

Before we go see what I have been preparing for our game we need to do a little warm-up so you're ready to play. First let's make sure you each have enough room. (*Help children spread out along the rope from end to end.*)

1. I will call out a warm-up exercise and then we will do it together.
2. Say and then do each activity:
 - Touch your toes.
 - Jump like a kangaroo.
 - Roar like a Lion.
 - Leap 3 times like a deer. .
 - Walk backward to the rope.
 - Soar like an Eagle.
 - Leap like a frog back to the rope.
 - Give someone next to you a high five and tell them, "Good job!"

That was a great warm-up. I think you are ready for our game. Crew leaders help your crews line up at the cones on the starting line. (*Tell each crew which color cone to line up at.*) Thank you for getting in line so quickly.

Look at all the fun that has been prepared! This is the Mountain of Miracles Course. There are 5 different areas

for you to do as you make your way to the top of the mountain. My assistant _____, will demonstrate each as I tell you about them. (*Have an assistant do each activity as you give instructions.*)

GAME INSTRUCTIONS

1. Your crew leaders will let you know when you can start your trek up the Mountain of Miracles.
2. First you will crawl through the Twisty Tunnel.
3. Next you will skip rocks across the lake to the other side by throwing 3 bean bags to the hula hoop.
4. Then you will run around the lake to Lookout Ledge. This will take some care as you carefully walk along the edge. Don't fall off! Oh! But the view from here is magnificent!
5. After Lookout Ledge you are almost to the top. You will need to get through the rocky canyon stepping over the big boulders.
6. The final run is through a glorious Zig Zag Meadow full of flowers. You will need to zig zag, so you don't step on any flowers.
7. After you get to the top of the Mountain of Miracles stand by the cone marker and give your crewmates a high five when they make it.

This is going to be quite an adventure, but I know you've got this!

WRAP UP

(Use a whistle to call children to line up around the rope circle 3 minutes before the end of the rotation time.)

SAY: It was great to see the way you worked hard to do your best at each part of the adventure up the Mountain of Miracles. Were any of the activities a bit tricky? (Pause) Let's see which was the hardest. Raise your hand if you thought (*Go through each activity*) was the biggest challenge. On the count of three let's give a big cheer to each other for a great job getting to the top of the Mountain of Miracles course. 1...2...3... YAY!! I had so much fun watching you enjoy what was prepared for you! I can't wait to see all that God is preparing for each of us. Let's say our Power Point again.

POWER POINT

"My God is Preparing a Place for Me..." (Shape hands like the roof of a house.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Thank you for coming today! It has been so awesome having each of you come to Raven's Roost. It's time for you to go and have a refreshing drink of water and a snack. Follow your crew leaders to the snack area. See you again soon!

SNACK: CAMPFIRE CRACKERS

POWER POINT

"My God is Preparing a Place for Me..." (Shape hands like the roof of a house.)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

DAILY CHARACTER

Glorie the Golden Eagle

SUPPLIES

- Knife for cutting cheese
- Small Plates
- Serving Trays
- Napkins
- Hand wipes
- Hand Sanitizer
- Small water cups

INGREDIENTS

- Whole Wheat cracker, round or square (2/child)
- Red Grapes, washed and cut (4/cracker)
- Pretzel Sticks, halved (4 halves/cracker)
- Sliced Cheddar Cheese (2, 1-inch slices/cracker)

TIP: For gluten free there are gluten free crackers and pretzels available. Vegan cheese is also available as needed.

AHEAD OF TIME

- Wash and cut grapes in half.
- Cut cheese into 1-inch pieces and make one edge spiky. (See picture)
- Break pretzels in half.
- Assemble a Campfire Cracker as an example to show Lil' Hikers.
- Set each group's area with hand sanitizer, hand wipes and napkins. Set a water cup at each place.
- On serving trays place small plates and arrange enough ingredients for each Lil' Hiker to make two Campfire Crackers: 2 crackers, 8 grape halves, 8 pretzel halves, 2 pieces of cheese.

WELCOME

SAY: Hello Lil' Hikers! Welcome back to Manna Munchies! I could hardly wait for you to get here! I have been preparing a super fun and yummy snack for you. Today you are going to make your own one-of-a-kind Campfire Cracker. (*Hold up example*)

Do you know who else has been preparing for you? God is! He can hardly wait until it is time for you to come to Heaven. Talk about heavenly snacks! Those will be the yummiest ever!

POWER POINT

"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)
Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)

It will be so amazing to see and taste all the good things God has been preparing for you in Heaven. I can hardly wait!

Let's pray and thank God for our snack today.

PRAY

Dear God,

Thank you for this fun and yummy snack we have for today. We are super excited to go live in Heaven with you and eat the best snacks ever. We love you!

Amen

SNACK INSTRUCTIONS

We will be bringing each of you a plate with all the yummy pieces for you to make two Campfire Crackers. First, though, are your listening ears ready to hear how to make your very own? (*Show on your sample cracker as you explain each step.*)

1. First, arrange the grapes around the edge of your cracker.
2. Next, place the wood, or pretzel sticks on top of the grapes.
3. Finally, you will add the flames. This is the tricky part because you will need to carefully balance the two pieces of cheese on top of the wood.
4. Lastly, Eat up! That's the best part.

Your crew leaders are there to help you get all the pieces to your Campfire Cracker in the right place. So, be sure to ask if you need help.

WRAP UP

SAY: You all did a great job! They really looked like campfires! Way to go Lil' Hikers!

It's time to help clean up! Be sure to throw away your trash here (*show trash can*), and then wipe your hands and area clean. (*Have crew leaders give each child a wipe.*)

Let's say our Power Point together before you go.

POWER POINT

"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)
Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)

Wow! God really loves you! I know He is so excited for the day we can all be in Heaven together.

I have had so much fun sharing lots of tasty snacks with you this week. Thanks for coming! Enjoy the rest of your hike! Good-bye Lil' Hikers! (*Wave goodbye*)

Instruct groups to follow their leaders to the next station.

CRAFT: POMPOM POPPER

POWER POINT

"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)
Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)

DAILY CHARACTER

Glorie the Golden Eagle

SUPPLIES

- Pompoms—in variety of sizes and colors (20/child)
- Craft Tubes—approx. 1.5" x 4" white tubes, 1/child
- Washable Markers
- Variety of Stickers and/or Washi Tape
- 12" Balloon 1/child
- Duct Tape—variety of colors
- Sealable plastic bags—snack size, 1/child
- Hula Hoops, 3 or more

TIP: The pompom shooters are like celebration confetti... but bigger! Have fun with them during your craft time in an organized way using hula hoop targets. Give each child all one color of pompom to help them know which ones are their own. When it's time to clean up encourage Lil' Hikers to keep their pompoms in the plastic bag until they get home. *Supervise young children with the balloon portion of this craft. Balloons should not be put in the mouth.

AHEAD OF TIME

- Make a couple of examples to show Lil' Hikers. Load one of them with pompoms (1/child) for demonstration.
- Set out a variety of colors of markers and stickers and/or washi tape on each craft table.
- At each workspace place a white cardboard tube and a sealable bag with 20 pompoms of one color for each Lil' Hiker.
- Place wipes within reach of the craft table to make cleaning up hands easy after using markers.
- Trim off the top of each 12" balloon leaving approximately 2" from the bottom. Tie a knot in the balloon end.

- Create a balloon and duct tape station and assign one or two volunteers to help Lil' Hikers with stretching the balloon over the end of their decorated tube and duct taping it in place with their choice of duct tape color.
- Set out three hula hoops as pompom popper targets.

POMPOM POPPER DIRECTIONS

1. Decorate a white cardboard tube using stickers and markers.
2. Trim off the top an uninflated 12" balloon. Should have about a 2" piece of balloon left with the opening end.
3. Tie a knot in the opening end of the balloon.
4. Stretch the balloon over the end of the cardboard tube so that the knot is centered over the tube opening and the balloon is stretched down 1-2" over the edge of the tube.
5. Apply decorative duct tape around the edges of the balloon to hold it into place on the tube.
6. Fill tube with 20 pompoms.
7. Pull back on the knotted end of the balloon. Let the knot go and watch the pompoms fly!

WELCOME

SAY: Hello Lil' Hikers! I am so excited to have you come to Mt. Carmel Crafts today! I could hardly wait. Today is celebration day—party time! Whoo-hoo! (*Clap and cheer*) We are celebrating something so cool—God is preparing a place for you, and you, and you, and you... (point to Lil' Hikers) and me! He is so excited too! He is getting everything ready for us to come live with Him in Heaven.

POWER POINT

"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

That is the best news ever! I think that is a great thing to celebrate, just like a birthday party, don't you?

You will each be creating your very own...Pompom Celebration Popper! (Show popper) Do you want to see how it works? Okay, but here's the deal, after the pompoms land you may each get one and then quickly return to your spot at the table. (Hold up one finger.) How many pompoms can you get? (Pause and hold up one finger.) That's right ONE pompom each. Okay, are you ready? (Demonstrate how it pops loaded with at least one pompom per child.) WOW! Now that was awesome! Thank you for remembering to only get one pompom and return to your sit—you were all really awesome too!

It is your turn to make a Pompom Celebration Popper.

INSTRUCTIONS

1. Take your tube and decorate it any way you want using the markers and stickers at your table.
2. Once your tube is ready then take your tube to the balloon and duct tape station where Mt. Carmel Craft assistants _____ and _____ will help you place a balloon over one end of the tube. They will have you pick a color of duct tape and then help you wrap it around the balloon, so it stays on your tube.
3. When your popper is ready go back to your place at the craft table and pour the pompoms in your plastic baggy into the tube. Now you are ready to celebrate!
4. Once your tube is loaded bring it over here to the hula hoops. You will line up and take turns seeing if you can make all of your pompoms land in the middle of the hoop.
5. To make the pompoms fly you will aim at the target, pull back on the knotted end and let go! Whoo-hoo! Party time! Hurry and pick up only your color of pompoms so the next Lil' Hiker can have their turn.

Give a 5-minute warning to finish up crafts and another warning at 2-3 minutes left to allow for clean-up time.

WRAP UP

SAY: Wow! That was a blast! What a celebration! I can't wait until the big celebration we will have when we go live with God in Heaven. That will be the best!

You each made such wonderful Pompom Celebration Poppers. I am impressed! And—thank you for helping me clean up. Don't forget to take your poppers home. They are a such a fun reminder that God is excitedly preparing a place just for you! And ME! I can't wait!

POWER POINT

"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)

Point to kids and wait for response: "That's Rock Solid!" (Fist bump others.)

Incredible! That is definitely worth a party!

GOODBYE

It has been so much fun having each of you visit Mt. Carmel Crafts this week! Goodbye Lil' Hikers!

Instruct groups to follow their leaders to the next station.

CLOSING

MESSAGE OF THE DAY

Lil' Hikers will learn that God is preparing a special place for them to live with Him in Heaven.

POWER POINT

"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)

Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)

BIBLE PAL

Glorie the Golden Eagle

SUPPLIES

- Glorie the Eagle—puppet or stuffed animal
- Device to play music.
- Rhythm Instruments
- Rain Stick

AHEAD OF TIME

- Invite parents to participate with their Lil' Hiker in the Butterfly Basecamp closing activities and join them at Jezreel's Wellspring Closing.

DO

1. Invite Lil' Hikers to sit with their parent/caregiver with their crews on the color circles.
2. Say Power Point:
"My God is Preparing a Place for Me..." (*Shape hands like the roof of a house.*)
Point to kids and wait for response: "That's Rock Solid!" (*Fist bump others.*)
3. Ask Lil' Hikers to share together in their crews 2 things: What are they most excited about doing/seeing when they go to Heaven? What was their favorite activity today? Give 3 minutes then shake rain stick and say, "Rain, rain, falling down, listening ears and quiet mouths."
4. Glorie the Eagle Soaring:
 - Bring out eagle stuffed animal/puppet. Invite Lil' Hikers to stand up with you and spread their arms out wide in a single file line with their crews. Give directions for slow wing flaps to fly higher and higher, then catch an air current and fly in wide circles following their crew leader one direction spiral then slow flap wings up high again then follow air current other into the opposite direction spiral all the way back to their spot on the color circle.
5. Music Activities
 - Rhythm music instruments
"My Home in Heaven" (Janet Sage, *Little Songs for Living with Jesus*, #102)
My Home in Heaven will be beautiful,

Will be beautiful, will be beautiful.

My home in Heaven will be beautiful,

That Jesus is building for me.

- Either review motions of song and sing with motions or use rhythm scarves while singing.
"Preparing a Place" (Mountain of Miracles song)

6. Say Memory Verse Together

I am—Point to the sky with both pointer fingers.

With you—Cross arms over your chest.

Do not be afraid—Move your pointer finger side to side.

I am—Point to the sky with both pointer fingers.

Your—Point outward.

God—Start with flat hand, pointer finger at mouth.

Then move your hand in an arc outward, first up then down.

So do not be upset—Move your pointer finger side to side.

Isaiah 41:10—Hold hands as if opening a book.

7. Thank Lil' Hikers for coming to Butterfly

Basecamp this week. Thank them for being such amazing Lil' Hikers with great mountain hiking skills and incredible listening skills all week long. Ask them if they will meet you in Heaven someday—YES!

8. Ask if there are any prayer requests and then

invite one volunteer from each crew to come and pray. Leader will close out with a simple prayer.

9. Dismiss Lil' Hikers and their parent/caregivers

to go with their crews to Jezreel's Wellspring for more fun!