

Programs and Ideas for  
**Prayer Stations**

Lord, teach us to *play!*





Seventh-day Adventist Church  
SOUTHWESTERN UNION

CHILDREN'S  
MINISTRIES

Prepared and compiled by Children's Ministries 2020 | Sonia Cano

# Hello

Dear Children's Ministries leaders,

I want to thank you with all my heart for your dedication to serving children in the church and the community.

Like many parents and leaders, I am very concerned about statistics regarding the spirituality of children and adolescents today. The study of the Bible, prayer and church attendance to worship has been declining very rapidly in recent years. Our condition is sad, but thank God for the beautiful opportunity we have every Sabbath to share approximately one hour with the children during Sabbath School; I invite you to make the most of that time to teach the biblical truths and prayer.

In these pages you will find suggestions for prayer stations to use in your Sabbath School programs.

In this quarter, our theme is the Lord's Prayer. Activities are presented according to age in hopes that each child will know, memorize and understand the Lord's Prayer.

Please feel free to add your personal touch in the decoration, take photos and share them with us:  
[scano@swuc.org](mailto:scano@swuc.org)

Praying for Our Heavenly Father to guide us and give us wisdom to motivate and teach children to pray.

*Sonia Cano*

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## LORD, TEACH US TO PRAY



### ... ITEMS NEEDED ...

- A bulletin board or a felt board
- Two figures of babies praying: a boy and a girl
- One soft glove per child
- A clothesline with clothes clips (see illustration above)
- A sign that says "Lord, Teach us to Pray"
- Song: "Teach us, oh Lord to Pray" Using the tune of "Whisper a Prayer"
- *Optional:* A cushion for each participant or a soft mat/carpet to kneel on

**Dear leader:** Please remember to be very expressive using a soft, clear, and gentle voice when teaching the children. After the leader teaches about praying and before they kneel to pray, parents and/or teachers will place a glove on the children's hands, in such a way that the child's both hands are kept together inside one glove. Leader does the prayer position and ask them to do the same. Children will sing the following song as they are kneeling on the cushion previously prepared for each participant, you may provide a cushion for the parents or guardians of the little one as well.

*Using the tune of "Whisper a Prayer"*

"Teach us, oh Lord to Pray (3)  
to keep our hearts in tune."



**PRAYER CORNER:** As a decoration of the prayer station, you can place on the board the figures of two little ones praying. Place the cushions/mats on the floor. Hang the gloves on a clothline with cloths clips.

- Background poster and figures can be ordered from: [TexasAdventist.org/Project](http://TexasAdventist.org/Project)
- Gloves from the Dollar Tree Store

•• **Every month repeats the same instructions and the prayer.**

•• **REMEMBER: Repetition gives security to the little ones.**

## ••• 1<sup>st</sup> Month •••

Parents can write the name of the child on the glove. They may use permanent or fabric markers.

**LEADER:** Pronounce the sentence clearly and gently: “Jesus taught his friends to pray, and today we will learn to pray, ready? Very well! Very quietly we will put our little hands together.”

**SING:** “Teach us, oh Lord to Pray”

**PRAY:** “Dear God, thank you for loving us very much, amen!”

Teachers and/or parents help remove gloves with great care and reverence; remember we are teaching the reverence to the little ones. Carefully you will hang the gloves on the string using the cloth pins.

## ••• 2<sup>nd</sup> Month •••

Parents can decorate their children’s prayer glove using fabric or permanent markers.

**LEADER:** “Jesus taught his friends to pray and to love God, today we are learning how to love God; do you know how we show our love to Him? Oh! Every time we obey our parents, we show that we love God! Let us pray.”

**SING:** “Teach us, oh Lord to Pray”

**PRAY:** “Dear God, teach us to love you all the time, amen!”

Teachers and/or parents let us show reverence and obedience: ask the little ones to hang their gloves on the string in order and in a quiet way.

## ••• 3<sup>rd</sup> Month •••

Parents, remember to practice the prayer song at home.

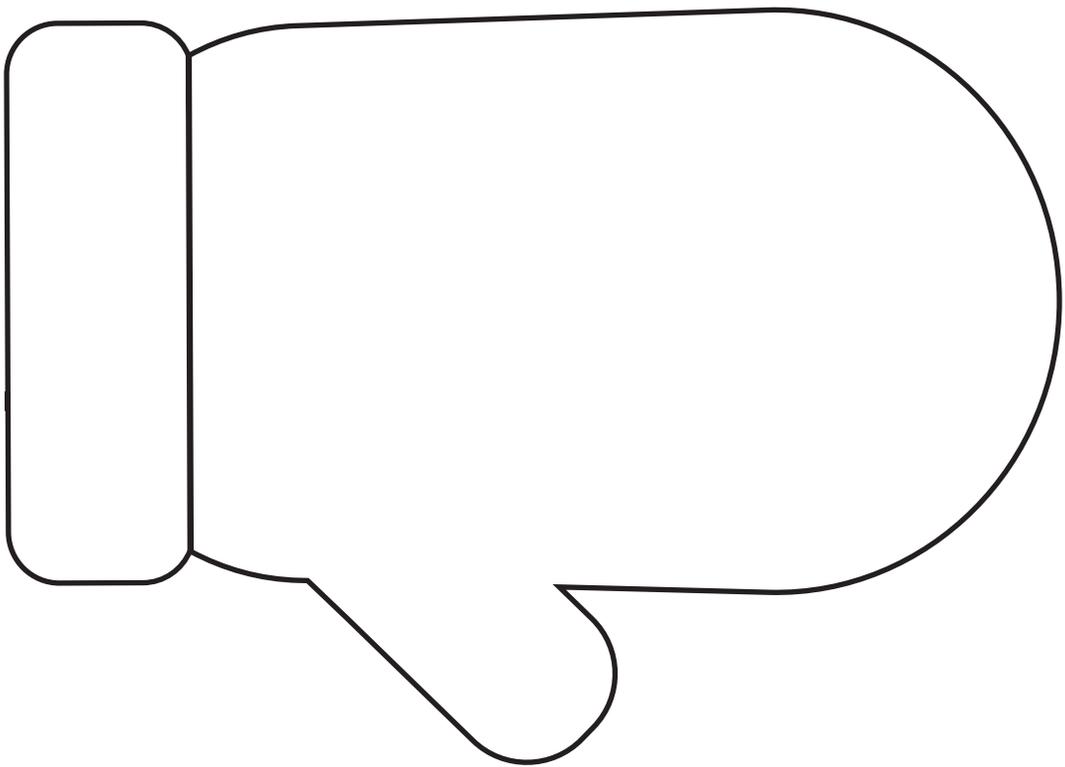
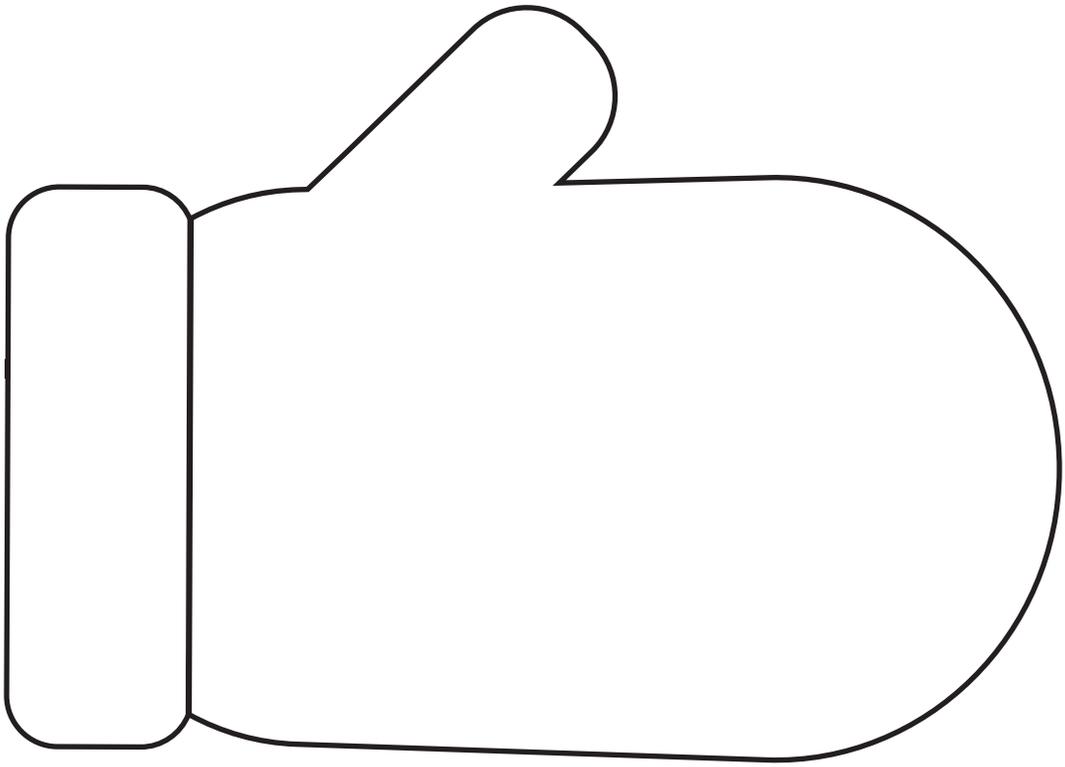
**LEADER:** “Jesus taught his friends to pray and to love others, can you give a hug to one of your friends?” Give them some time to do it. “Very good, I love hugs; let us pray.”

**SING:** “Teach us, oh Lord to Pray”

**PRAY:** “Dear God, teach us to love others, amen!”

Teachers and/or parents help the little ones to hang their gloves on the string in order and quietly.

**Remember** to practice the prayer song each week that they will present on the 13th sabbath program. On that day you will share with the audience the way your class learned to pray during this quarter. The little ones will wear their prayer glove, sing and kneel to pray. I pray for each of you that Jesus will use you in the important and beautiful work of teaching the little ones to pray.









## ... ITEMS NEEDED ...

- Bulletin board or felt board
- A sign that says "Lord, Teach us to Pray"
- A figure of Jesus in a praying position (*order poster from Texas print shop*)
- Total of 11 cut out praying hands size 11x17 in the following colors: white, light blue, green, purple, brown, yellow silver, black, red, gold and orange.
- Download the figure of praying hands and print it on a size 11x17 paper or photocopy from page 16 and cut it out and use it to trace the others.
- You may order the complete set from: [TexasAdventist.org/Projects](http://TexasAdventist.org/Projects)
- *Optional:* Prepare a small prayer book for each student. (See on page 17)

**Instructions:** Create a Prayer Station by placing a picture of Jesus praying like the one on previous page on poster board or a bulletin board with the title “Lord Teach Us to Pray” for week one. Each week you will place a set of praying hands with the portion of the Lord’s Prayer on it for that week around the picture of Jesus. On week 13, your Kindergarten class will use the praying hands to share what they learned about prayer in your 13th Sabbath Program.

## Week One

Show the picture of Jesus praying and ask the children “What do you see?” Give time for them to respond. Very good! It is a picture of Jesus praying. Bring out your Bible and read Luke 11:1. Explain to the children that Jesus’ friends were known as His/the disciples, they were His students and Jesus was their Teacher. The disciples asked Jesus something very special, they asked Him to teach them how to pray!

We will ask Jesus to teach us how to pray. Each week we will learn about the prayer that Jesus gave to His disciples. Let me read to you what the Bible says in Luke 11:2-4. What a beautiful prayer! Do you know what this prayer is called? Let the children respond. That’s right, it is called “The Lord’s Prayer” and it’s a very famous prayer.

Place the picture of Jesus praying in the center of your Prayer Station with the sign “Lord Teach Us To Pray”

**Have the children repeat each line of the following prayer after you.**

Dear Father,

Thank you for your love. Please teach us to pray. We ask you in the name of Jesus, amen.

## Week Two

Show the white praying hands and ask the children what color they are. Have the children name things that are white. That’s right, the snow and the clouds are white.

This color reminds us of the purity of God and who He is. He promises to always be with us. He told us He’d come in a cloud to look for us some day. Ask a child to place the white praying hands beside the picture of Jesus in the Prayer Station that you placed in week one.

Explain to the children that the white praying hands represent “Our Father”.

**Have the children repeat each line of the following prayer after you.**

Our Father,

Thank you for your promises. Thank you for loving and caring for us. Teach us to love and to always trust in you. We ask in the name of Jesus, amen.

## Week Three

Show the light blue praying hands and ask the children what color they are. Have the children name things that are blue. That’s right, the sky, the sea and a baby’s blanket are blue.

The blue color reminds us of what the sky looks like above us. God takes care of us from heaven and always listens to us. Ask a child to place the light blue praying hands beside the picture of Jesus in the Prayer Station.

Explain to the children that the light blue praying hands represent “Which art in heaven”.

**Have the children repeat each line of the following prayer after you.**

Our Father which art in Heaven,

Thank you for being our God and caring for us. Please teach us to love you and obey you. We ask you in the name of Jesus, amen.

## Week Four

Show the green praying hands and ask the children what color they are. Have the children name things that are green. Pine trees and plants are green, who likes this color?

Green is the most enduring of colors, pine trees remain green all year long. The name of our God is eternal and will last forever. He is Holy and we must keep His name holy. Ask a child to place the green praying hands beside the picture of Jesus in the Prayer Station.

**Explain to the children that the green praying hands represent “Hallowed be thy name”.**

**Have the children repeat each line of the following prayer after you.**

Our Father which art in Heaven,

Hallowed be thy name. Thank you for taking care of us. Help us to be careful in using your name. We ask you in the name of Jesus, amen.

## Week Five

Show the purple praying hands and ask the children what they think of when they see this color. Have the children name things that are purple. We may find purple flowers or fruits. Does anyone have this color at home? Grapes can be purple.

This color is known as the color of kings, the thrones and robes of kings are purple. Our God is King of Kings and just as a king reigns over his own, our God reigns above all the earth and we recognize Him as our King. That makes you and I princes and princesses of the King! Ask a child to place the purple praying hands beside the picture of Jesus in the Prayer Station.

**Explain to the children that the purple praying hands represent “Thy kingdom come”.**

**Have the children repeat each line of the following prayer after you.**

Our Father which art in Heaven,

Hallowed be thy name. Thy kingdom come. We accept You as our King. In Jesus name, amen.

## Week Six

Show the brown praying hands and ask the children what color they are. Have the children name things that are brown. The dirt and some animals are brown. Is anyone wearing brown today?

The color of the earth is brown. God made the earth and all the inhabitants of it, He know what is best for this world and will His will is always perfect. Ask a child to place the brown praying hands beside the picture of Jesus in the Prayer Station.

**Explain to the children that the brown praying hands represent “Thy will be done on earth, as it is in heaven”.**

**Have the children repeat each line of the following prayer after you.**

Our Father which art in Heaven,

Hallowed be thy name. Thy kingdom come. They will be done on earth as it is in heaven. Please do Your will in my family today. We ask You in the name of Jesus, amen.

## Week Seven

Show the yellow praying hands and ask the children what color they are. Have the children name things that are yellow. Bananas, flowers and the sun are yellow. When God created the world, He also provided food for us. The yellow color reminds us when the wheat grain is ready to harvest and when it is ground we call it flour and what do we do with flour? We make bread. Ask a child to place the yellow praying hands beside the picture of Jesus in the Prayer Station.

**Explain to the children that the yellow praying hands represent “Give us this day our daily bread”.**

**Have the children repeat each line of the following prayer after you.**

Our Father which art in Heaven,

Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Thank you for all the good food You gave us. Help us to always share with others. In the name of Jesus we pray, amen.

On **week eight**, send home with the children who will participate in the 13th Sabbath program a copy of the phrases to say according to the color of the praying hands they will hold and ask the parents to review this with them at home. Beginning with week eight take a few minutes every class time to review the phrase that corresponds to the color of the praying hands so that on the day of 13th Sabbath they will be ready and feel comfortable with what to say.

## Week Eight

Show the silver praying hands and ask the children what color they are. Have the children name things that are silver. Coins, watches and shoes are silver. Silver represents the currencies with which we pay our debts. When we offend someone, we owe them and apology, we must apologize even though it was not our intention to make someone cry. God is always willing to forgive us. Ask a child to place the silver praying hands beside the picture of Jesus in the Prayer Station.

**Explain to the children that the silver praying hands represent “And forgive us our debts, as we forgive our debtors”.**

**Have the children repeat each line of the following prayer after you.**

Our Father which art in Heaven,

Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. Give us Your blessing today. We ask it in the name of Jesus we pray, amen.

## Week Nine

Show the black praying hands and ask the children what color they are. Have the children name things that are black. The night sky, shoes and hats are black. Darkness scares us, some of us don't like it, do we? Temptation or disobedience leads to unpleasant consequences and we can suffer a lot. The black color reminds us of the danger of disobeying or doing wrong/bad things. Ask a child

to place the black praying hands beside the picture of Jesus in the Prayer Station.

**Explain to the children that the black praying hands represent “And lead us not into temptation”.**

**Have the children repeat each line of the following prayer after you.**

Our Father which art in Heaven,  
Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And lead us not into temptation. Please help us to be obedient and always love you. In the name of Jesus, amen.

## Week Ten

Show the red praying hands and ask the children what color they are. Have the children name things that are red. Apples and paper hearts are red. What happens when we scrape our knee or accidentally cut our hands? Oh yes, it bleeds and hurts us! The red color reminds us of Jesus’ sacrifice in dying on the cross for us. He saved us! Ask a child to place the red praying hands beside the picture of Jesus in the Prayer Station.

**Explain to the children that the red praying hands represent “Deliver us from evil”.**

**Have the children repeat each line of the following prayer after you.**

Our Father which art in Heaven,  
Hallowed be thy name. Thy kingdom come. They will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And lead us not into temptation. But deliver us from evil. Thank you, God, for sending us your Son Jesus to save us. We love you very much. In the name of Jesus, amen.

## Week Eleven

Show the gold praying hands and ask the children what color they are. Have the children name things that are gold. Trophies, medals, fabric and ornaments are gold. God lives in a city in heaven that has golden streets! He is our King and His throne is made of gold. He is all-powerful and can help us in everything we do if we trust and love Him. Ask a child to place the gold praying hands beside the picture of Jesus in the Prayer Station.

**Explain to the children that the gold praying hands represent “For thine is the kingdom and the power”.**

**Have the children repeat each line of the following prayer after you.**

Our Father which art in Heaven,  
Hallowed be thy name. Thy kingdom come. They will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And lead us not into temptation. But deliver us from evil. For thine is the kingdom and the power. We appreciate everything you do for us. In the name of Jesus, amen.

## Week Twelve

Show the orange praying hands and ask the children what color they are. This is the last color, do you like this color? On the count of three, tell me what fruit you think of when you see this color, 1, 2, 3! Orange. This color reminds us of a beautiful sunset or a bright sunrise and so is the glory of

God, beautiful and bright. Ask a child to place the orange praying hands beside the picture of Jesus in the Prayer Station.

**Explain to the children that the orange praying hands represent “And the glory, forever, Amen”.**

**Have the children repeat each line of the following prayer after you.**

Our Father which art in Heaven,

Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts as we forgive our debtors. And lead us not into temptation. But deliver us from evil. For thine is the kingdom and the power. And the glory, forever. Amen.

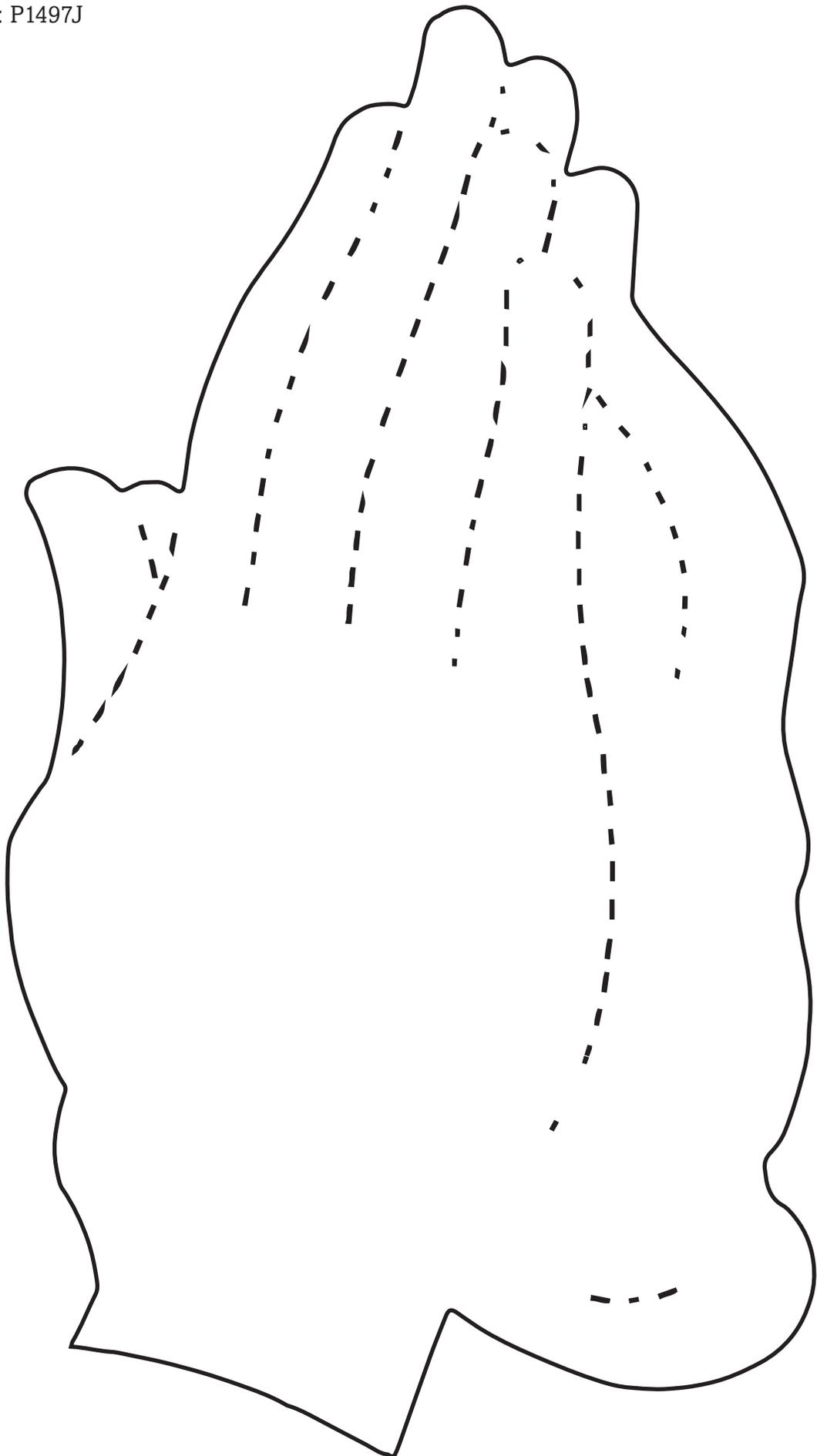
**PRACTICE** with your children the order in which they will walk up on the platform. You will need 11 children, if you have less than 11 have some children carry two praying hands. The children will stand in a semicircle in order according to the colors and the phrases they learned. When the children are on the platform explain to the adults that the Kindergarten class has learned the Lord's prayer. Then each child will hold up the praying hands and say the phrase that corresponds to the color they are holding.

1. **White** – Our Father
2. **Light Blue** – Which art in heaven
3. **Green** – Hallowed be Thy name
4. **Purple** – Thy kingdom come
5. **Brown** – Thy will be done in earth, as it is in heaven
6. **Yellow** – Give us this day our daily bread
7. **Silver** – And forgive us our debts, as we forgive our debtors
8. **Black** – And lead us not into temptation
9. **Red** – But deliver us from evil
10. **Gold** – For thine is the kingdom, and the power
11. **Orange** – And the glory forever, Amen

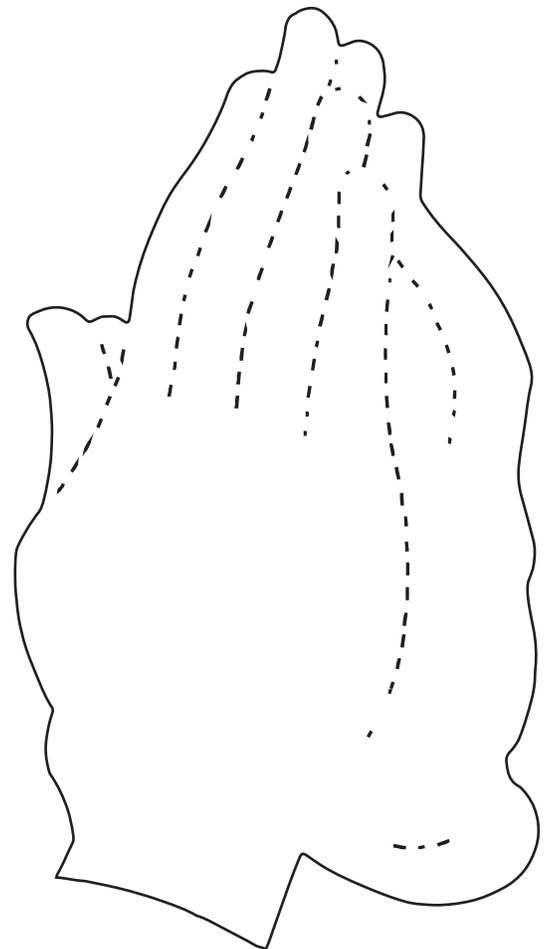
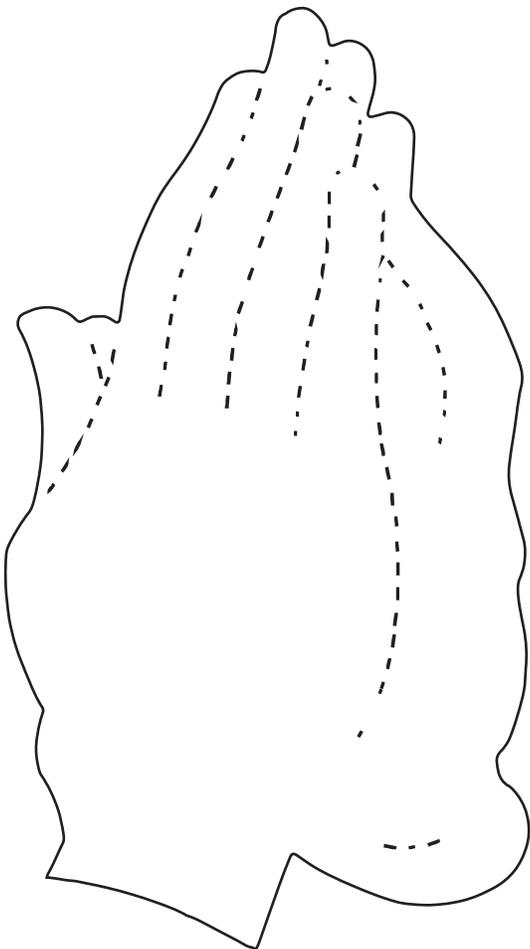
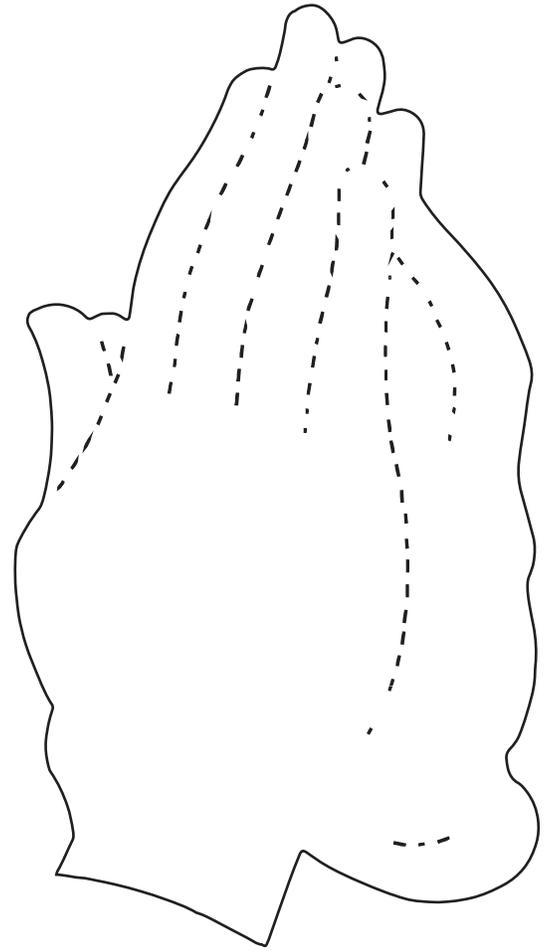
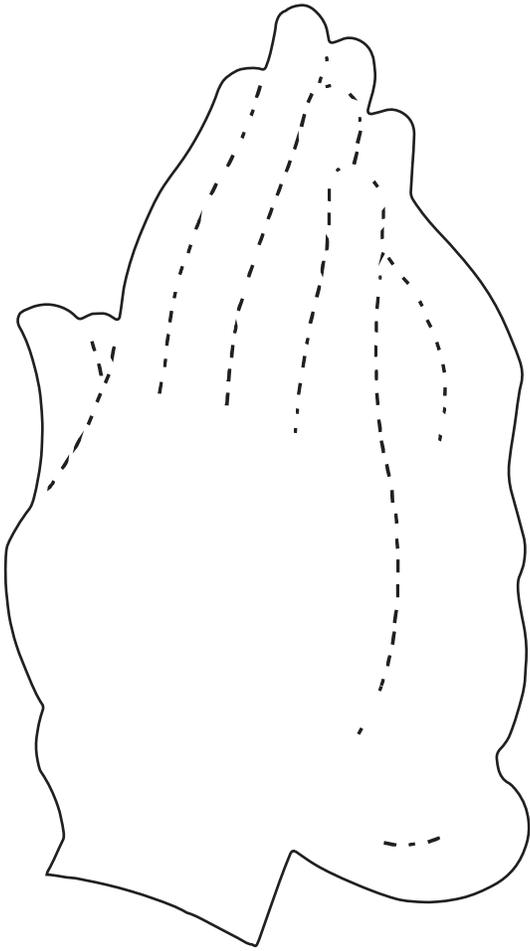
Have the children say together – *Amen.*



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### ... INSTRUCTIONS ...

How to make the **Small Prayer Book**:

- Print or photocopy a total of 11 small paper praying hands in the following colors: white, light blue, green, purple, brown, yellow, silver, black, red, gold and orange.
- 2 paper fasteners
- One copy per book of the phrases of the Lord's Prayer, scissors and glue
- Cut out the single phrases of the prayer and glue it on the paper hand of the correspondent color.
- Each week in Sabbath School after the prayer activity, the students can put together their books, using the color of that week.
- To download images and phrases go to: [SouthwesternAdventist.org/Children](http://SouthwesternAdventist.org/Children)



**1. White**

**2. Light Blue**

**3. Green**

**4. Purple**

**5. Brown**

**6. Yellow**

**7. Silver**

**8. Black**

**9. Red**

**10. Gold**

**11. Orange**

Our Father

Which art in heaven

Hallowed be Thy name

They kingdom come

They will be done in earth, as it is in heaven

Give us this day our daily bread

And forgive us our debts, as we forgive our debtors

And lead us not into temptation

But deliver us from evil

For thine is the kingdom, and the power

And the glory forever, Amen.

*Lord, teach us to pray!*



### ... ITEMS NEEDED ...

For the classroom prayer station, print an image of a set of praying hands, 6 feet high, if possible. Mount it on cardboard and add a sign to it that says “Lord, Teach Us to Pray”. *(See illustration)* You may want to order a banner from AdventKids. It is worth the work and investment since this illustration will be the main decoration on the platform during the children’s 13th Sabbath program. For the kids, print or photocopy the cover of the prayer book for each student. Provide white pieces of paper in the same shape. Have markers and colored pencils ready to use every week. Every Sabbath, children will have the opportunity to create a page for their prayer book.

**Instructions:** Every Sabbath at the time of prayer, play soft instrumental music. Invite the kids to do the activity and at the end they can write or draw a picture of what they learned that day on their prayer book. *(See the example)*



## Week One

Invite the kids to open in their Bibles to Luke 11:1 and ask a student to read it.

- Ask, "What does this verse tell us?" Let the children share their thoughts and comments.
- Say, "Isn't it a clever request to ask Jesus to show us how to pray? During this quarter we will not only ask God to teach us to pray, but we will learn the meaning of this perfect prayer that Jesus shared with his disciples. We will study Luke 11 and Matthew 6 together!"
- Give instructions on how to make the prayer book during this quarter. Show them an example and demonstrate how to write in their prayer books.
- Say "Today we will take a few minutes to decorate the cover of our books!" Provide 2 of the prayer hand cutouts on brown or cream paper for the front and back covers. Have them write their names and decorate them, encourage them to be creative!

**Prayer: Together recite the Lord's prayer (Matthew 6:9-13 NASB)**

'Our Father who is in heaven,  
Hallowed be Your name. Your kingdom come. Your will be done, On earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we also have forgiven our debtors. And do not lead us into temptation, but deliver us from evil. For Yours is the kingdom and the power and the glory forever. Amen.'

## Week Two

Invite your children to look up Matthew chapter 6 in their Bibles. Ask a volunteer to read Matthew 6:9 aloud.

- Emphasize the phrase "**Our Father in Heaven**" and share, "God the Father lives in Heaven. Even if we cannot see Him, we know that HE hears our prayers. Although He lives in Heaven, He is close to us and watches us. He loves us like a father and takes good care of us."
- Have the children get their prayer books and write or draw their interpretation of the phrase "**Our Father in Heaven**". Children can share what they wrote with one another, then hang their prayer books in the prayer station.

**Prayer:**

Our Father in heaven, thank you for being our Father and for caring with such love for us. Please teach us to pray. Give us your blessing today. We ask you in the name of Jesus. Amen!

## Week Three

Invite children to look up Matthew 6:9 in their Bibles. Ask a volunteer to read the verse aloud.

- Repeat the phrase "**Hallowed be Your name**" and share, "The name of God is very special."

We must remember to be reverent when we pray. We should never pronounce His name when we are angry or say it as a joke. God is holy, pure and His name is holy. By saying His name with respect, we show how special He is to us.

- Have the children take out their prayer books and draw their interpretation of the phrase **“Hallowed be Your name”**. Children can share what they wrote with one another, then hang their prayer books in the prayer station.

**Prayer:** Our Father in heaven, hallowed be Your name! Please forgive us for the times we have offended your name. Help us to be more careful in speaking of you. Guide us on this day, we ask you in the name of Jesus, Amen!

## Week Four

Invite your children to look up Matthew chapter 6 in their Bibles. Ask a volunteer to read Matthew 6:9-10 aloud.

- Have the children repeat the phrase **“Your Kingdom Come”** and ask them what they think the phrase means. Give the children a few minutes to share.

- Say: “We all want Jesus to come back soon! We wait for that day when Jesus returns to take us to heaven, but He can also live with us right now. When we ask Jesus to be a part of our lives, He makes us part of His kingdom. Because of this, He is always with us.

- Have the children take out their prayer books and write or draw their interpretation of the phrase **“Your Kingdom Come”**. Children can share what they wrote with one another, then hang their prayer books in the prayer station.

**Prayer:**

Our Father in heaven, hallowed be Your name, your kingdom come, help us to live according to your heavenly kingdom. We want to practice the norms/rules of your perfect kingdom. We ask you in the name of Jesus, our King. Amen!

## Week Five

Invite your children to look up Matthew chapter 6 in their Bibles. Ask a volunteer to read Matthew 6:9-10 aloud.

- Emphasize the phrase **“Your will be done, on earth as it is in heaven”**;

- Say: “Boys and girls, there is a lesson that is very difficult for us to learn. This lesson is that Jesus always knows what is best for us. Sometimes we pray for something, and when we do not receive it we get sad or upset. When we pray, we must remember that Jesus knows what is best for us. As we pray, we need to tell him to do his will.”

- Have the children get their prayer books and write or draw their interpretation of the phrase **“Your will be done, on earth as it is in heaven”**. Children can share what they wrote with one another, then hang their prayer books in the prayer station.

**Prayer:**

Our Father who is in heaven, hallowed be Your name. Your kingdom come. Your will be done, on earth as it is in heaven. Thank you for always doing what is best for each of us. Please give us wisdom to accept your will in our requests. In the name of Jesus we pray. Amen!

## Week Six

Invite your children to look up Matthew chapter 6 in their Bibles. Ask a volunteer to read Matthew 6:9-11 aloud.

- Have children repeat the phrase **“Give us this day our daily bread”**.

- Say: “God provides our food and all we need to live. He created everything in the world thinking about us. We should not worry about what to eat or wear. God is our Father and he will give us what we need, let us be grateful.

- Have the children take out their prayer books and write or draw their interpretation of the phrase **“Give us this day our daily bread”**. Children can share what they wrote with one another, then hang their prayer books in the prayer station.

### **Prayer:**

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread. Our God thank you very much for always providing food for us, bless our parents’ job and help us share with others what you give us, in the name of Jesus. Amen!

## Week Seven

Invite your children to look up Matthew chapter 6 in their Bibles. Ask several volunteers to take turns reading Matthew 6:9-12 aloud.

- Have the child read verse 12; read it twice.

- Emphasize **“And forgive us our debts”**

- Say: “Debt is something we generally think is paid with money, but when we make a mistake or offend someone, we owe them an apology. When we make a mistake or sin, and we tell God that we are sorry and ask Him to forgive us, He will. Then we must try not to sin anymore. He will help us to be kind and good, if we ask Him.

- Have the children take out their prayer books and write or draw their interpretation of the phrase **“And forgive us our debts”**. Children can share what they wrote with one another, then hang their prayer books in the prayer station.

### **Prayer:**

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread; and forgive our debts, as we forgive our debtors; Lord please forgive us today our offenses, cleanse us of our sins, and help us always to do good. We ask you in the name of our Savior Jesus Christ. Amen!

**Starting next Sabbath**, take a few minutes before class to start practicing the choreographed poetry that your students will present for the 13th Sabbath program. You’ll find the suggestions on the pages 28 and 29. Feel free to apply your own gestures to the choreography. It is important to practice every week so that children will be able to do well! For the previous two Sabbaths, practice with them on the platform or the place where the 13th Sabbath program will take place. The more practice they have, the more secure they will feel when it is time for them to share. Have fun while practicing and pray for each child to do their very best!

## Week Eight

Invite your children to look up Matthew chapter 6 in their Bibles. Ask several volunteers to take turns reading Matthew 6:9-12 aloud. For example, you can have four children read one verse each.

- Emphasize: **“As we forgive our debtors”**.

- Say: “The previous Sabbath we learned about God’s wonderful forgiveness for each of us. Just as God forgives us, we must learn to forgive others and always be ready to ask for forgiveness. We must forget what happened and be willing to love the people who offended us once again; that is the way God works, He forgives and forgets.”

- Have children take out their prayer books and write or draw their interpretations of the phrase **“As we forgive our debtors”**. Children can practice the poem.

### Prayer:

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread; and forgive our debts, as we forgive our debtors. Thank you for forgiving us. Give us the courage to ask for forgiveness from those whom we offend. Give us the same courage to love and forgive those who have hurt us. We love you, in Jesus name. Amen!

## Week Nine

Invite your children to look up Matthew chapter 6 in their Bibles. Ask several volunteers to take turns reading Matthew 6:9-12 aloud. For example, you can have four children read one verse each.

- Read the first sentence of verse 13: **“And do not lead us into temptation”**. Have children repeat after you.

- Say: “When we are tempted, we generally want to do something that is wrong or that involves disobedience. Satan tries to make us do bad things and is always seeing different ways of tempting us. Jesus can help us say NO to Satan! When we ask him for help, He will always guide us to do the right thing.”

- Have the children take out their prayer books and write or draw their interpretations of the phrase **“And do not lead us into temptation”**. Children can practice the poem.

### Prayer:

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread; and forgive our debts, as we forgive our debtors. And do not lead us into temptation; Lord we need your help and protection. Please give courage to say NO to the temptations of Satan. Give us an obedient heart. We thank you! in the name of Jesus, Amen!

## Week Ten

Invite your children to look up Matthew chapter 6 in their Bibles. Ask several volunteers to take turns reading Matthew 6:9-12 and the first two sentences of verse 13 aloud. For example, you can have five children read one verse each.

- Emphasize, **“And do not lead us into temptation, but deliver us from the evil one”** Ask what part of the verse has been added since the last time you have read it together.

- Say: “When we pray to Jesus, Satan has no power over us, Jesus is more powerful than Satan. If we keep our attention focused on Jesus and ask Him, He can help us to be strong.”

- Take note that some students may not understand this, explain that praying and reading the Bible helps us be close to Jesus.

**Prayer:**

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread; and forgive our debts, as we forgive our debtors. And do not lead us into temptation but deliver us from the evil one; Thank you so much for freeing us from evil and danger. Help us to be diligent in prayer and in studying your word. Your faithfulness makes us happy! All this we pray in the name of Jesus. Amen!

## Week Eleven

Invite your children to look up Matthew chapter 6 in their Bibles. Ask several volunteers to take turns reading Matthew 6:9-13 aloud. For example, you can have different children read verses 9-12, and split verse 13 up into three parts. One child can read the first sentence of verse 13, another the second sentence, and one more can read the third sentence.

- Emphasize: **“For Yours is the kingdom, and the power and the glory”**.

- Say: “Our heavenly Father is strong, great, and powerful! He is a very good God. He created all of us. He cares for you and me, and he can see everything and do all kinds of miracles in our favor. He knows all about you and loves you very, very much!”

- Have the children take out their prayer books and write or draw their interpretations of the phrase **“For Yours is the kingdom, and the power and the glory”**. You may be able to meet before vespers to practice the poem.

**Prayer:**

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread; and forgive our debts, as we forgive our debtors. And do not lead us into temptation but deliver us from the evil one. For yours is the kingdom, and the power and the glory. We recognize how great and perfect you are Lord. It is an honor for us to know that you are Our Father, the Almighty! Thank you for giving us so much love. In Jesus name. Amen!

## Week Twelve

Invite your children to look up Matthew chapter 6 in their Bibles. As a group, read Matthew 6:9-13. Repeat it twice. On the second reading, have the children call out “FOREVER” and emphasize the last word.

- Read: **“For Yours is the kingdom, and the power and the glory...FOREVER...amen.**

- Say: “Forever means always. God has always been and always will be. He always loves us and listens to us when we pray. God is eternal. His greatest longing is that we live forever with Him in heaven.”

- Have the children take out their prayer books and write or draw their interpretations of the phrase **“For Yours is the kingdom, and the power and the glory...FOREVER...Amen”**. You may be able to meet before vespers to practice the poem.

**Prayer:**

Our Father in heaven, hallowed be Your name. Your kingdom come. Your will be done on earth as it is in heaven. Give us this day our daily bread; and forgive our debts, as we forgive our debtors.

And do not lead us into temptation but deliver us from the evil one. For Yours is the kingdom, and the power and the glory forever. Our God, just as you always listen to us, help us to always listen to You. Teach us to love You and obey You. Thank you for your son Jesus who always forgives us! In his name we pray. Amen!

Remember to practice for next weeks program and define dress code for that special day.

- Wearing white gloves for the participation of chanting poetry.
- Choosing to wear the same color clothes: white shirts and black pants or black and white dresses.
- You may decide according to your group ideas.

## Week Thirteen

Special participation day.

### Prayer:

Dear God, thank you for Jesus and for teaching us to pray. Do not allow us to forget all that we have learned. Please bless us as we share today and help us to be a blessing to others. We ask this in the name of Jesus. Amen!

**LEADER OR TEACHER:** As you introduce your class on the 13th Sabbath program, explain to the adults how your students learned the meaning of each phrase of the perfect prayer, “The Lord’s Prayer”. Thank the children for participating.



## Suggestions for CHOREOGRAPHY POETRY:

Place students so that they are interspersed. Forming a semicircle (or in a semicircle position).



### **OUR FATHER:**

By saying the word “Our” place both hands on the heart, the left hand under the right hand.



### **IN HEAVEN:**

Raise your right hand and make a semicircular motion pointing to the sky.



### **HOLLOWED BE YOUR NAME:**

Put both hands together in the form of prayer and bow your face.



### **YOUR KINGDOM COME:**

Extend your arms to the front at chest level and in inviting motion place both hands on your chest.



### **AND DO NOT LEAD US INTO TEMPTATION:**

Place your hands and arms in the form of protection covering the face and with our faces facing to the left side.



### **BUT DELIVER US FROM THE EVIL ONE:**

Extend both arms in front and pump fists in victory.



### **FOR YOURS IS THE KINGDOM:**

Raise your two arms outstretched to heaven.



### **AND THE POWER:**

Lower your left arm and with the right arm flex your muscles.



**YOUR WILL BE DONE:**  
Place your hands palms up at waist height and with the fist of your right hand hit the palm of your left hand first and then do it reverse.



**GIVE US THIS DAY OUR DAILY BREAD:**  
Place your hands-on joints, palms up and half closed as if you were going to carry something in them.



**AND FORGIVE US OUR DEBTS:**  
Place your hands upon the heart, the left under the right, with the face and the gaze to the floor.



**AS WE FORGIVE OUR DEBTORS:**  
Extend out the right hand in semicircle by pointing out to the congregation.



**AND THE GLORY:**  
Extend the two arms wide-open in a V-shaped with the hands making a fist.



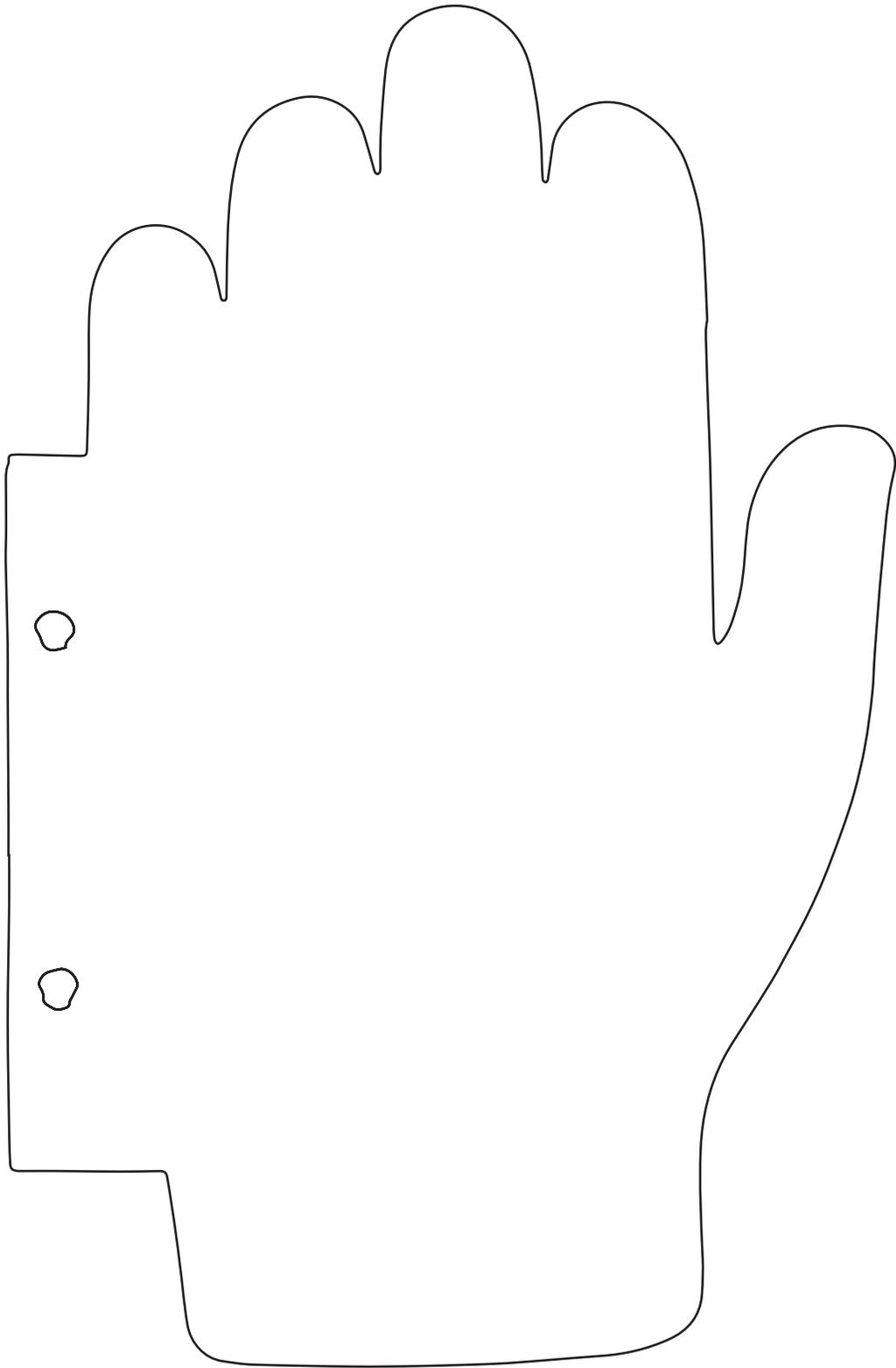
**FOREVER:**  
Lower your arms and turn your body completely on your own axis.

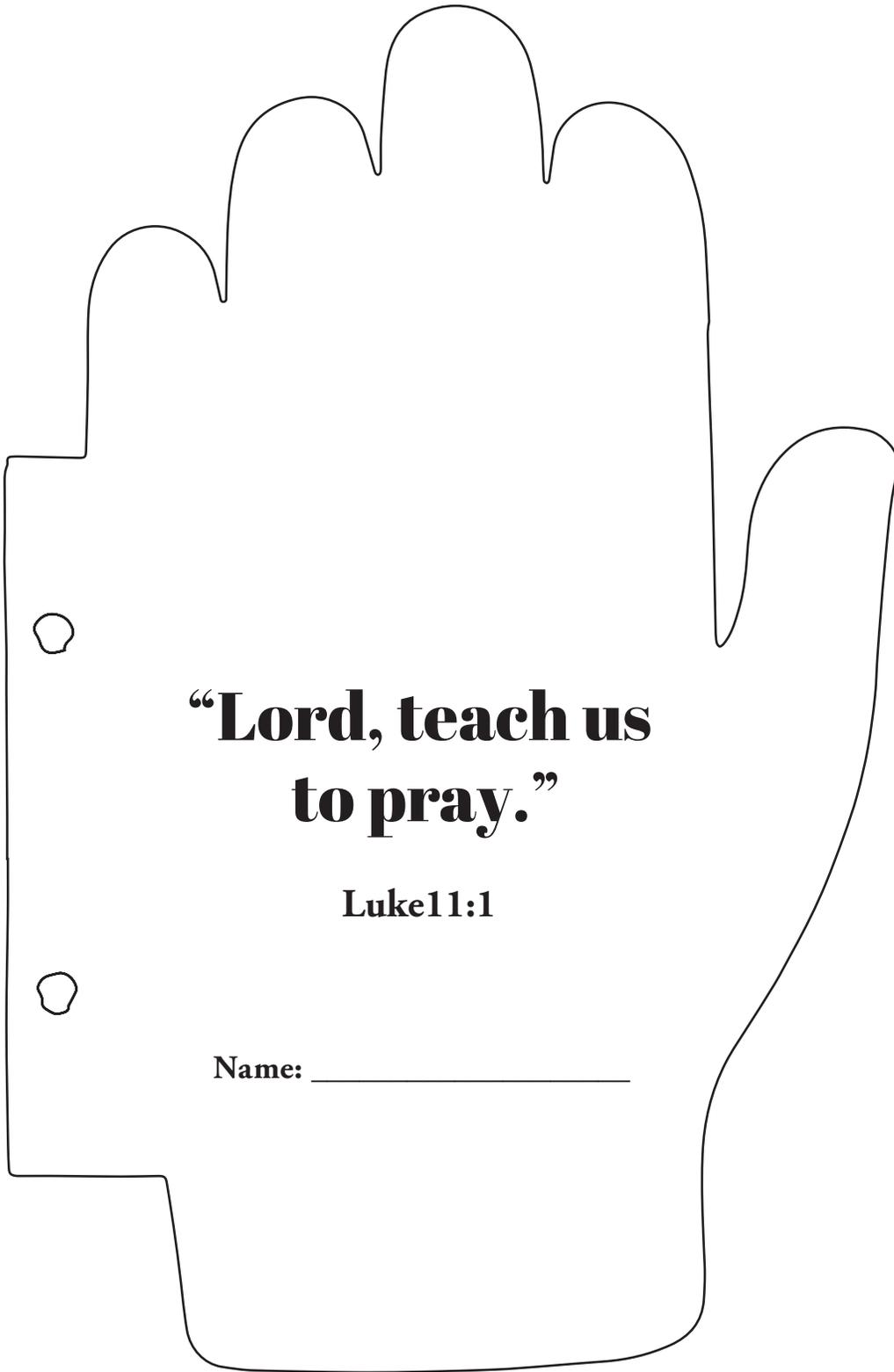


**AMEN:**  
Kneel down with your hands in prayer position and head bowed.

**Wait a few seconds and stand and leave in an orderly fashion.**

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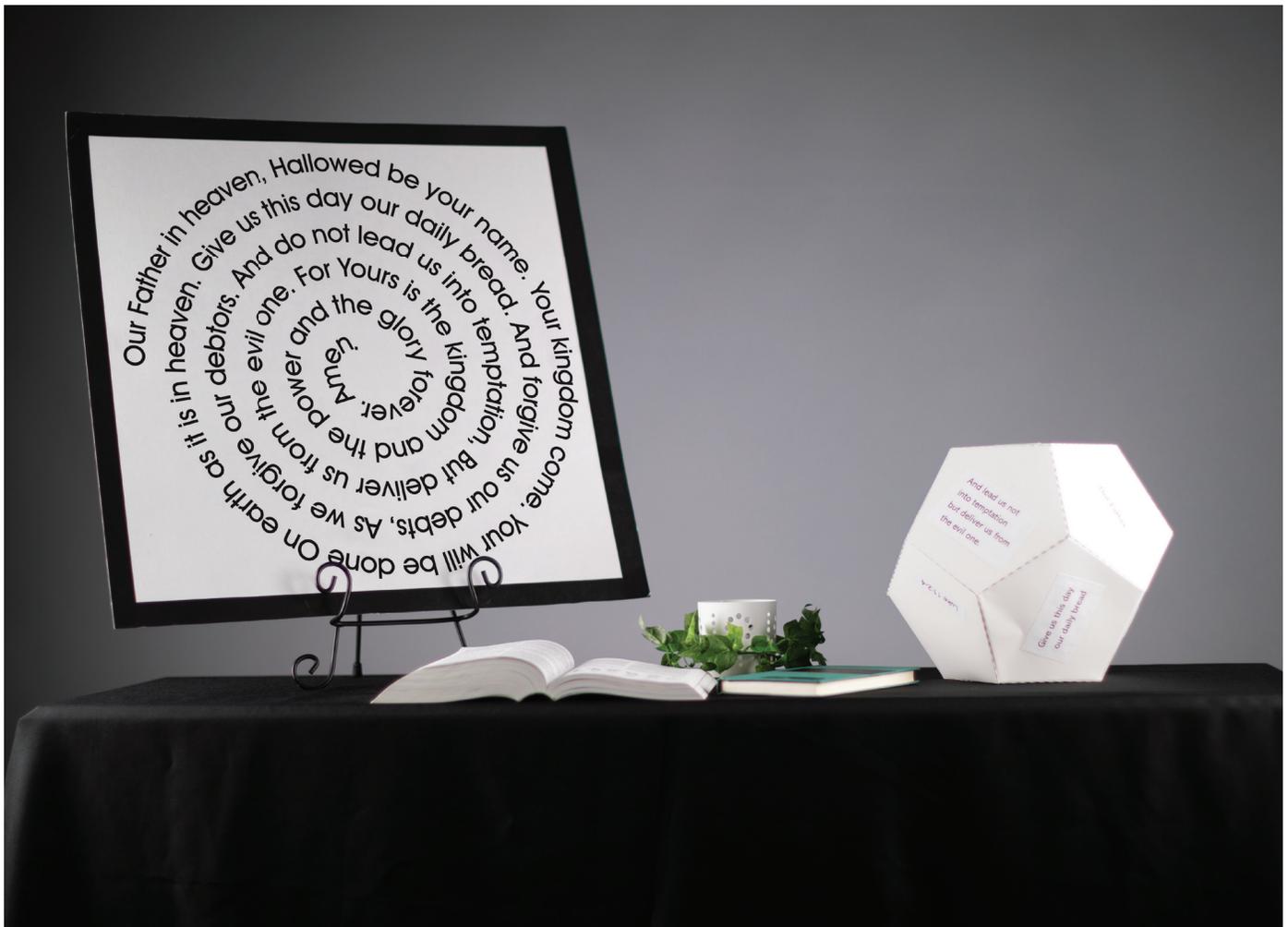


**“Lord, teach us  
to pray.”**

**Luke 11:1**

**Name:** \_\_\_\_\_

## Lord, Teach Us to Pray



### ... ITEMS NEEDED ...

- Bibles
- Book: "Blessing" by Jerry D. Thomas. Contact your ABC Bookstore to purchase.
- A small table
- Tablecloth; either plastic or fabric (*if needed*).
- A battery-operated candle. (*optional*)
- Something green (*leaf strip*)
- Print or order the poster of The Lord's Prayer. (*Stick it on a black cardboard poster*)
- Purchase a dodecahedron shaped figure at Dollar Tree.

Print or photocopy 11 phrases of The Lord's Prayer (version AMPC) page 37. Cut and paste each phrase into each space on the dodecahedron (*see illustration*). Prepare the prayer station in advance.

## Week One

Point to the prayer station and report that during this quarter all of us will be learning more about The Lord's Prayer. We will use the Bible and the book "Blessings" by Jerry D. Thomas. It is a contemporary version on the book "Thoughts from the Mount of Blessing" by Ellen White. (If there are visitors or new students you may need to explain a little about E.G. White's writings.)

**Activity:** Every Sabbath during prayer time, the leader or teacher will invite students to open the Bible to Matthew 6:9-13.

Have the students toss or pass the dodecahedron to each other while softly playing a prayer song. After a few seconds, stop the music and the person who ends up with the dodecahedron in his or her hand will read the sentence where he/she has his right index finger. Ask someone to read Matthew 6:9-13. Ask the student who read from the dodecahedron to repeat the phrase. Ask a student to read the part of the explanation/information of that phrase from the book "Blessings" by Jerry D. Thomas on Chapter 5 "Our Father". End the activity with a prayer for students and their prayer requests. Try to somehow include the phrase they studied that day in the prayer.

Every week your class will be studying a different phrase from the Lord's Prayer, not necessarily will be in order.

**I'm sharing with you a excerpts** paraphrased from the book "Blessings" by Jerry D. Thomas about the model prayer of Jesus: The Lord's Prayer. It is more beneficial to have the book in class and allow your students to read the comments from it.

Praying for abundant blessings for you and your class!!

### The Lord's Prayer

Matthew 6:9-13 and Luke 11:14 and "Blessings" by Jerry D. Thomas Chapter 5

**"Pray, therefore, like this:" (Matthew 6:9)**

"Blessings" pages 98-99

Jesus shared what we call the Lord's Prayer twice: once with the crowd on the hillside in Galilee, and later with the disciples alone. They noticed how often Jesus spent long hours with His Father in prayer. The disciples saw the connection between His hour of prayer and the power of His words and actions. Now as they listened to Him in prayer, their hearts were filled with wonder and humility. When He finished praying, they couldn't help but ask, "Lord, teach us to pray" (Luke 11:1) Jesus didn't teach them a new way to pray. He repeated what He had taught before, as if to say, "You need to understand the things I have already shared. There is meaning here that you don't yet understand." In giving this model prayer, Jesus isn't saying that we should use only these words when we pray. His words teach us to come to God first with our gratitude and praise, then to express our wants and needs, to confess our shortcomings, and to claim the mercy He has promised.

***When you pray, say “Our Father.” Luke 11:2***

“Blessings” pages 100-101

Jesus teaches us to call His Father our Father. He is not ashamed to call us brothers and sisters. Here Jesus reveals a most wonderful truth: God loves us as He loves His Son! How can we continue to be in doubt, uncertain of God’s acceptance, feeling that we are orphans? We have a human representative in heaven, and if we accept Him as our Savior, we will not be left alone like orphans to carry our own load of sin. The very first step in approaching God is to believe that He loves us. We are all part of the great web of humanity, all members of one family. His love and mercy and grace are continually flowing to meet our needs. But if we call God our Father, we acknowledge that we are his children, guided by His wisdom, obedient to His will, secure in the knowledge that His love will never change. We will accept His plans for our lives. As children of God, we will see His honor.

***“Who is in heaven” Matthew 6:9***

“Blessings” page 102

Jesus invites us to look at God as our Father in heaven (Matthew 6:9), and as the psalmist says, “Our God is in heaven. He does what he pleases (psalm 115:3) we can feel safe and secure when we are in our Father’s care, saying, “When I am afraid, I will trust in You.” (Psalms 56:3).

***“Hallowed (kept holy) be Your name” Matthew 6:9***

“Blessings” pages 102-103

We keep God’s name holy when we speak of the King of the universe with reverence and respect. We should never treat the name or titles of God lightly or frivolously. When we pray, we should enter His presence with a holy sense of wonder and admiration. When we pray, “May your name always kept holy”, we are asking that it be kept holy in this world as well. Let us do nothing to dishonor His name. God send us in to the world as His representatives. In everything we do, we display God’s name. Here, Jesus asks us to display His character as well.

***“Your kingdom come” Matthew 6:10***

“Blessings” pages 103-104

God is our Father, who loves and cares for us as His children; He is also the great King of the universe. The disciples of Jesus were looking for his kingdom to begin immediately, but by giving them this prayer, Jesus taught them that his was not to happen. They were to pray for its coming as an event in the future. The kingdom of God’s grace is being built day by day as people who have been deep in sin and rebellion choose to accept His love. But the kingdom of God’s glory won’t be fully revealed until Jesus returns to this world. But before that day arrives, Jesus said, “The Good News about God’s kingdom will be preached in all the world, to every nation” (Matthew 24:14) God’s kingdom will not come until the good news of His love has been taken to the entire world.

***“Your will be done on earth as it is in heaven” Matthew 6:10***

“Blessings” page 105

God’s will is expressed in His law. The principles of his law are the principles of heaven. Angels want nothing more than to know God’s will, and to serve Him is their highest honor. Angels work as sons of God, not as servants. They are in perfect harmony with their Creator, obedience is not a chore to them because their love for God makes serving Him a joy. The same can be for us, and we

can also speak the words of the psalmist, “My God, I want to do what you want. Your teaching are in my heart”. (Psalm 40:8).

***“Give us this day our daily bread” Matthew 6:11***

“Blessings” pages 105-108

The first half of Jesus’ model prayer deals with the name and the kingdom and the will of God. After putting God’s service first, we can confidently ask that our needs be granted. Every day we are to pray, “Give us the food we need for each day”. We don’t need to worry about having enough for tomorrow. When we pray, “Give us the food we need for each day”, we are asking for others as well as ourselves. God gives to us so that we can feed those who are hungry. The prayer for daily food includes more than just physical food to maintain the body. It also asks for spiritual food that will nourish the soul.

We learn of Jesus through His Word. The Holy Spirit was given to us to help us understand the bible and apply its truths to our lives. If we pray each day as we read His Word, God will send His Spirit to open our minds to truths that will strengthen our souls.

***“And forgive us our debts, as we forgive our debtors” Matthew 6:12***

“Blessings” pages 108-110

Jesus teaches that God can forgive us only if we forgive others. It is god’s love that draws us to Him. If we don’t forgive, we cut off the channel through which God can forgive us. Just because someone hasn’t confessed or asked us for forgiveness doesn’t mean that we are justified to withhold our forgiveness. No matter how badly someone has hurt us, we should forgive that person the way we want God to forgive us. Forgiven means much more than most imagine. God’s forgiveness is not simply a judicial pardon. He not only forgives us-He reclaims us. The impact of His saving love transforms our hearts. God-through Jesus-gave Himself to pay for our sins. Accepting God’s love and mercy comes with only one condition: we must share that love with others. Satan is working constantly to keep us doubting. He will lead us to think that our mistakes are so terrible that God will not listen to our prayers, bless us or save us. When we feel that we’ve sinned and cannot pray, that’s when we most need to pray. Forgiveness does not come to us as a reward for something we’ve done or because of our goodness. It is a gift given to us because of the perfect goodness of Christ. How wonderful to know that God both keeps His own laws and pardons everyone who believes in Jesus!

***“And lead us not into temptation, but deliver us from the evil one” Matthew 6:13***

“Blessings” page 11-113

Temptation is an invitation to sin, and it comes from Satan and our own hearts, not from God. Because of His great love, God is working to develop a reflection of His spirit in us. He allows us to face problems, persecution, and suffering, not as a curse but as the greatest blessing of our lives. Every time we resist a temptation or bravely face a problem, we gain a new understanding of life and our character grows and matures. When we resist temptation through the power of Christ, we show the world and the universe the power of God’s grace. Our only defense against evil is the presence of Jesus in our hearts. Jesus will never give up on anyone.

We may turn away from Him and be overwhelmed with temptation, but He will never turn away from us. After all He gave His life for us. Live in constant contact with Jesus. He will hold us by the hand and will never let go. Know and believe that God loves us. By doing so, we are safe.

***“For Yours is the kingdom and the power and the glory forever.” Matthew 6:13***

“Blessings” pages 113-115

Like the first sentence of the Lord’s Prayer, the last one points to God as the ultimate Authority, Power and, Glory in the universe. At that moment, Jesus was looking forward into the years ahead for His disciples. In this prayer for their daily needs, the followers of Jesus were reminded to look past the apparent power of established evil and see the Lord whose kingdom rules over all and who is their Father and Friend. A crisis is coming, worse than any the world has ever seen. But we have the same sweet assurance the disciples did, the assurance that God’s kingdom has power over all others. Our Creator holds the schedule of upcoming events.

He takes into account not only His church, but the people of all nations, as He brings the rule of sin in the world to a close. The King of the universe, the Lord of the angels, watches over His children. Our Savior rules the heavens. He is aware of every problem and trial we face. His followers will be safe in His hands. “Lord, you are great and powerful. You have glory, victory, and honor. Everything in heaven and on earth belongs to you...You have the power and strength to make anyone great and strong.” (1 Chronicles 29:11,12)

***“Amen” Matthew 6:13***

According to the Christian lexicon “amen” means “so be it”. Most Jewish scholars translate “amen” as verily or truly. Amen is derived from the Hebrew a/me/n, which means “certainty”, “truth” and “verily”. Amen is found both in the Old and New Testament. (*Google dictionary*)

# 13TH SABBATH PROGRAM

"LORD, TEACH US TO PRAY" 2020

Each Sabbath School class will have the opportunity to participate in the 13th Sabbath program. The success of the program depends on planning and good practice. Hand out the parts in plenty of time to the leaders of each class and practice together at least twice before the presentation.

Platform decoration (*optional*)

Use the figure of the two giant prayer hands that was prepared for the Primary class, using the sign "LORD, TEACH US TO PRAY"

Children's Ministry Coordinator: "Good morning, it is with joy in my heart that I share with you that during this quarter in every sabbath school division, children have been learning, reviewing and memorizing the beautiful prayer that Jesus taught, The Lord's Prayer. Together let's enjoy the presentation about what each class has learned."

## **BEGINNER DIVISION** .....

**Leader:** Invite parents and their babies to come to the platform. Share with the congregation: "Our class learned about how Jesus taught His friends to pray. They practiced being reverent when praying and learned a new song."

Have the parents and babies, with their gloves on, kneel to pray while singing the prayer song.

**Leader:** Thank the parents and adults who collaborated during this quarter in the Beginner class and invite parents to remain faithful and strive for the spiritual development of their little ones.

## **KINDERGARTEN DIVISION** .....

**Leader:** Come to the platform with your students and while they settle in the order previously practiced, you share with the congregation: "In our class we learned The Lord's Prayer using colored prayer hand figures. Please listen carefully to our participants".

At this time students of the kindergarten division will show the paper praying hands and repeat aloud the corresponding phrase of the Lord's Prayer; at the end they all say a loud "Amen".

**Leader:** Congratulate the children for learning about The Lord's Prayer and for today's presentation/participation. Have the children return to their seats.

## **PRIMARY DIVISION** .....

**Leader:** Come to the platform with the students and with the help of the teacher(s) place the children in order to present the choreographed poetry. Share with the congregation: "In the Primary Sabbath School class we learned the meaning of every sentence of the prayer that Jesus

taught to his disciples: The Lord’s Prayer. They memorized this perfect prayer and today we wish to share it with you in a different form”. Students will present the choreographed poetry.

**Leader:** Thank parents for bringing their children to class every Saturday. Encourage them to continue guiding them on the Christian path. Thank the Primary class in a special way, and if you can, mention them by name. Have them return to their places.

**JUNIOR DIVISION** .....

**Leader:** Invite your students to come up with you to the platform. Share with the congregation: “I am very proud of the Junior Sabbath School class (please introduce them by name and mention those who are not present). They have something very interesting to share with you.”

Here the participating students will mention the following:

- 1.- In this quarter we learned about The Lord’s Prayer.
- 2.- Jesus’ disciples made a special request of him.
- 3.- In Matthew 6:9-13, this prayer is recorded.
- 4.- The Lord’s Prayer is also in Luke 11:2-4.
- 5.- We understood the phrases of The Lord’s Prayer a little better as we pondered the information given about it in the book “The Master Speech of Jesus Christ” by Ellen G. White.

Depending on the number of students in your class, they may share some of the most outstanding information about The Lord’s Prayer.

**Leader:** Thank your students for their participation and encourage parents to bring them to class on time every Sabbath. Inform them that activities such as the prayer season are done early during class.

**Children’s Ministry Coordinator**

This would be a good time to introduce the new babies of the Beginner class or to make the corresponding promotion of the children to the respective Sabbath School Children’s Division. Remember to present the certificates.

Thank the Sabbath School leaders and teachers in a special way. Mention each teacher by name. Ask the pastor or an elder to pray for them.

I thank God very much for your leadership and dedication in child ministry.

God bless you abundantly!

*Sonia Caró*